## THIS PAPER RELATES TO ITEM 7 ON THE AGENDA

#### **CLACKMANNANSHIRE COUNCIL**

Report to: People Committee

Date of Meeting: 3 October 2019

Subject: Clackmannanshire Sport and Active Living Framework 2018 to 2028

update

Report by: Marjorie Macfarlane, Sports Development Manager

#### 1.0 Purpose

This paper provides the People Committee with an update on progress with the Sport and Active Living Framework (SALF) 2018 to 2028.

#### 2.0 Recommendations

It is recommended that the People Committee note and comment on the progress made since the framework was adopted at the People Committee meeting on 17<sup>th</sup> January 2019.

#### 3.0 Considerations

3.1 The development of the Sport and Active Living Framework (SALF) was facilitated by sportscotland to create a focussed and co-ordinated approach to supporting and developing opportunities for participation in sport and physical activity and forms part of the broader leisure strategy that is currently being developed.

In Clackmannanshire there are many community groups, sports clubs, sports businesses, and more recently Development Trusts, driving opportunities for people to enjoy the mental, social and physical benefits of being physically active.

The SALF has four main priorities;

1. Leadership and Governance (L&G)

2. Active Communities (AC)

3. Infrastructure and Place (I&P)

4. Schools and Education (S&E)

#### 3.2 Leadership and Governance

The L&G group has been established as the main working group and is chaired by Councillor Lindsay, Convenor: People. The group meets regularly and there is a schedule of meetings up to June 2020. Based on the SALF principles and values (Appendix 1) the membership may change and adapt as the co-ordinated approach evolves. It was agreed that sub groups should be established for the other three priorities and each should create an implementation plan.

3.2.1 A strategy for Social Media is vital to the success of SALF, this will provide a platform and tools to highlight and promote existing activities, and ensure new programmes get the widest reach. CTSi have offered to help develop and co-ordinate an existing website created by the Council's Development and Environmental Service called "WEE WALK .....WEE CYCLE" and ensure a co-ordinated use of Twitter, Facebook and Instagram etc.

#### 3.3 Active Communities

The sub group for the Active Communities will be led by Greg Welsh, the Council Community Sport Hub Officer. The initial meeting has been set up for 2<sup>nd</sup> October 2019 and a wide range of local representatives have been invited.

- 3.3.1 Since the SALF was adopted in January 2019 the landscape within our communities has changed. There are now five Development Trusts who manage their community sports facilities. In partnership with CTSi, Greg Welsh has been engaging with the Development Trusts in various capacities over a period of time. CTSi have funded a two year post to support the development of the Trusts. Colin Melville is in post and will represent the Trusts at the Active Communities sub group.
- 3.3.2 A recent example of the SALF Active Communities priorities has been the confirmation of funding from sportscotland to roll out a Women and Girls physical activity and sport project within the Sauchie community. The one year project has funding of £23,400 to work in partnership with existing groups to expand their reach and increase participation and training opportunities across a wide age range.

#### 3.4 Infrastructure and Place

The development of the sub group for Infrastructure and Place is in the early stages of discussion with relevant stakeholders to develop the priorities in the SALF.

#### 3.5 Schools and Education

The membership of the Schools and Education sub group is well established and detailed progress within the Schools and Education sub group is set out in Appendix 2.

3.5.1 A notable success emerging from this group is that all Clackmannanshire primary and secondary schools achieved GOLD status in the sportscotland School Sports Awards in September 2018. We are the first Local Authority in Scotland to achieve this. The annual report from the Council's Sports Development team for the academic year 2018 /19 (Appendix 3) provides a summary of physical activities, PE and sport participation across all schools. This forms a baseline for future reporting.

#### 3.6 Looking Forward

The Education Senior Management Team are keen to make use of the national profile from the Tokyo Olympics and Paralympics 2020 (which will take place from 24<sup>th</sup> July 2020) within Clackmannanshire schools to inspire and motivate even more people to participate in physical activity and sport. There are over 50 sports, some of which are new to this level of competition, many of them already available within Clackmannanshire.

- 3.6.1 By raising the profile (Appendix 4) we aim to maximise integration across schools, regional and national sports agencies, sports clubs, local communities, businesses, sponsors, other groups, and especially the Development Trusts in order to play to Clackmannanshire strengths and uniqueness. We are grasping the opportunity to build on our strengths and work in partnership e.g.
  - Tullibody Community Development Trust has taken delivery of 20 new table tennis tables
  - Equestrian clubs and equestrian events are popular across
     Clackmannanshire all doing different things such as Warrior Ranch for veterans' recovery and Wee County Vaulters, several times World Champions
  - Martial arts businesses and clubs producing talented and successful athletes
  - Our Paralympic athletes already preparing for 2020 and beyond!

#### 4.0 Financial Implications

There are no financial implications

#### 5.0 Sustainability Implications

There are no sustainability implications

#### 6.0 Exempt Reports

6.1 Is the report exempt? No

#### 7.0 Declarations

The recommendations contained within this report support or implement our Corporate Priorities and Council Policies.

#### (1) **Our Priorities** (Please double click on the check box ☑)

Clackmannanshire will be attractive to businesses & people and  $\ensuremath{\square}$  ensure fair opportunities for all

Our families; children and young people will have the best possible start in life

Women and girls will be confident and aspirational, and achieve⊠ their full potential

Our communities will be resilient and empowered so

that they can thrive and flourish 

☑

The Council is effective, efficient and recognised for excellence  $\ensuremath{\square}$ 

(2)	Council Policies (Please detail)							
	N/A							
8.0	Equalities Impact							
	•							
8.1	•	aken the required equalities impact as sely affected by the recommendations						
	Yes No □							
9.0	Legality							
9.1	It has been confirmed that in adopting the recommendations contained in this report, the Council is acting within its legal powers. Yes $\Box$ No $\Box$							
10.0	Appendices							
	Appendix 1 SA	ALF Principles and Values						
	Appendix 2 SA	ALF Implementation Plan, Schools and	d Education					
	Appendix 3 Ar	inual Report 2018/19 Sports Develop	ment					
	Appendix 4 To	kyo 2020 Olympics and Paralympic O	Sames					
11.0	Background Pa	pers The Sport and Active Living Framework	2018 to 2028					
Autho								
NAME	.(0)	DESIGNATION	TEL NO / EXTENSION					
	jorie Macfarlane Sports Development Manager 01259 452352							
Appro	ved by							
NAME	ME DESIGNATION SIGNATURE							
Anne N	Anne M Pearson Chief Education Officer							
		<u> </u>						

#### SALF Principles and Values

Appendix 1

Our Vision and Ambition for Clackmannanshire

#### **Our Ambition**

Working together for a better quality of life and equal opportunities for all. 1

#### **Our Vision**

Clackmannanshire.... Inspiring people to get out - get going - get active

#### **Our Priorities**

Our **priorities** have been identified through extensive engagement with partners and stakeholders and through research and analysis, we have established our baseline, against which we will monitor this framework.

Our priorities are:

- Active Communities
- Infrastructure and Places
- · Schools and Education
- Leadership and Governance

#### **Our Principles and Values**

We have identified a number of principles and values which describe the way that we will deliver this sport and active living framework and which are also aligned with those identified to those in the Local Outcomes Improvement Plan.

We will:

- Work collaboratively with our partners to ensure integrated and co-ordinated approaches to physical activity and sport.
- Focus on fewer key priorities where we can really make a difference and ensure that our collective resources are shared and maximised for the benefit of Clackmannanshire;
- Promote and champion what we do well and build on areas of good practice and celebrate success;
- Design services and interventions based on informed need and will use data effectively to measure our long term outcomes.
- Commit to meeting community needs through engagement and co-production to find local solutions.
- Strive to be innovative and creative in supporting and enabling all people in Clackmannanshire to be physically
  active.
- Strive for equality and to be inclusive whilst respecting diversity.

Further and more specifically we will focus on being:



## Clackmannanshire Sport & Active Living Framework 2018-2028 Implementation Plan

Priority	Action	Task	Date	Progress	Comments	Lead
We will develop the multi- agency PEPASS group to ensure integrated, coordinated and planned approaches to implementation of inclusive sport and active living in schools and further education establishments.	Through PEPASS promote opportunities and pathways to participation, leadership, volunteering and officiating in sport in Clackmannanshire.	1. Creation of a 'pack' that can be shared with all stakeholders with the Schools & Education community outlining the role, responsibilities & opportunities created by the PEPASS group.  2. 'Pack' sections to include:  - curriculum overview  - leadership  - Pathways  - events	March 2020	In progress	Must be regularly updated & also be in an online format	Section leads: PT's PT primary PE ASM CSH

	- 'maps'  3. All PEPASS working group members to feedback to all their teams after meetings to ensure dissemination of wider agenda / developments.	May 2019 Dec 2019 June 2020	In progress	Use team meetings / email / Glow platforms to share minutes	CH – FVC  MM – SDM  AM – ASM  KG – PT primary PE  CJ / EA / BT – PTs  sec PE
Ensure that partner's resources are shared and maximised to deliver sport and active living in schools and further education establishments.	1. All PEPASS staff to attend annual twilight/ inset session to ensure regular updates / planning / maximise resources	Feb 2020 Annually	In progress	Linked to tasks in PE provision action	MM – SDM PEPASS Group
Develop robust governance processes and implement the national framework for wellbeing and protection in sport.	1. SMT to endorse the national framework.	Dec 2019	In progress		MM - SDM

Priority	Action	Task	Date	Progress Update	Comments	Lead
PE and School Sport will be embedded in all education establishments across Clackmannanshire through partnership working.	Work with our partners     Clackmannanshire Council will     effectively deliver its Active     Schools and PE programmes.	1. Regular schedule of meetings of the PEPASS group – 3 per year to coordinate – in place	13 <sup>th</sup> May 2019	Complete	19/20 dates have been agreed: 13/5/19 Dec /19 May 20	MM - SDM
	Continue to deliver a minimum of 2 hours of quality inclusive PE to all P1-P7 pupils and 2 periods to S1-S4 pupils in all schools in Clackmannanshire.	1. PT's to meet to plan inservice for all PE staff primary/Sec  2. Identify in-set to allow all staff to meet for focus on Tracking & Monitoring & CLPL  3. PT reflection with own teams to look at next steps	15 <sup>th</sup> June 2019 Feb 2020	Complete In progress	MM to get agreement from SMT	All PT's PE  MM / PT's to organise day
		4. Agree handover information for transition from primary to secondary	End June 2019	In progress		PT's with staff

	<ul><li>5. Agree &amp; promote CLPL calendar</li><li>6. Agree a calendar of meetings</li></ul>	15 <sup>th</sup> June 2019	In progress		All PT's PE
		End June 2019	Complete		
		15 <sup>th</sup> June 2019	Complete		PT's & Teaching staff
Proactively work to ensure continuous improvement through the sportscotland School Sport Award programme.	<ol> <li>All schools have pupil led School Sport Committees in place</li> <li>All schools have</li> </ol>	Oct 2019	Complete	Current picture: 21 GOLD schools	SSC Chairs
	<ul><li>development plans in place</li><li>3. Timetable for the GOLD re-validation is known &amp; all</li></ul>	June 2019	Complete		All schools
	schools working towards these deadlines 4. Lochies School to work	June 2019	Complete		AM – ASM SSC
	towards reaching Silver standard through				

		I			1
	improvements in PE,			New PE teacher in	
	School Sport & CLPL	l 2020		place working closely	DE to a char
		June 2020	In progress	with ASC Inclusion	PE teacher
				officer to identify	нт
				gaps in provision	'''
					ASC - Inclusion
Offer a comprehensive	1. Review of 18/19	May 2019	Complete	Dates changed &	MM – SDM
programme of extra-curricular	calendar to take place			events altered based	
sport and physical activities including a targeted approach	across all teams			on feedback	AM – ASM
to support those who may					VC DT Drimory DE
have barriers to participation	2. New calendar for 19/20			Issued to all schools	KG – PT Primary PE
with a particular focus on girls	in place	August 2019	Complete	August 2019	
		7.448436 2013	Complete		
	3. Support to be given to				
	schools to encourage more				
	girls to participate if /	Sept 19 – June	In progress		
	where needed	2020			
Ensure planning links and	1. Regular meetings with	Monthly	In progress	CSH attends Active	AM – ASM
pathways from education into the wider sporting community	CSH officer to link			Schools planning	011
are created for children and young people.	community clubs /			meetings	GW – CSH
	provision with Active				
	Schools programmes				
	2. Increase in involvement				
	from community clubs in				
	extra curricular sport &				
		Sept 19 – June			

	events	2020	In progress		AM – ASM
					ASCs / CSH
Enhance our school sport competition programme and	1. Introduce ASN sections	8 Oct 2019	In progress		JP - ASC – Inclusion
ensure that competitive sport	into CPSSA cross country champs.				
is inclusive for all children and young people.	·				
	2. Add ASN classifications				
	across all online entry forms to track attendance	End Aug 2019	Complete		AM – ASM
	at 'mainstream' events				JP – ASC Inclusion
Develop further opportunities	1 Dikashilitu layal 2 /an	Aug 10 Juno	In progress	Supported by a	ANA ACNA
for children and young people	1. Bikeability level 2 (on road) training delivered to	Aug 19 – June 2020	In progress	Supported by a Cycling Scotland	AM – ASM
to take part in a variety of outdoor learning activities.	every P6 pupil			grant	ASCs
<b>3</b>	2. Bikeability Level 3			Muckhart &	
	(journeying) offered to 3	Sept 19 - June	In progress	Strathdevon PS:	AM – ASM
	schools / 18 children as a	2020	In progress	Sept 19	AIVI — ASIVI
	pilot programme				
	3. Every P7 pupils receives				
	7 hours ski lessons				
	delivered at Firpark ski	Aug 19 - June			
	centre	2020	In progress		MM – SDM
	4. Addition of new Clacks				

	only primary ski slalom competition				Firpark
		19 Sept 2019			
			Complete		SC – Head Ski Instructor
Ensure that families in Clackmannanshire are aware of the benefits that PE and School Sport provide their children.					
Work with all partners to promote career aspiration and local academic and vocational progression opportunities within Sport, Fitness & Physical Activity.	1. Continue partnership with Clacks Works to offer Modern Apprenticeships in Business Admin and Sports Development  2. Annual programme of work experience offered for pupils from the 3 local secondary schools & wider offered	June 2019 June 2019	Complete	2 new Mas in post – Aug 2019  1 Business Admin advertised (TBC)  4 pupils from each school attending over 3 weeks	MM - ASM
	3. Attendance of SD staff at school career days				

Clackmannanshire will	• Implement a programme of	1 Appual delivery of Sport	Sept 19 – June 2020 End June 2019	In progress	2 training sossions	JP – ASC Inclusion
develop a strong network of leaders, volunteers, teachers, coaches and officers to deliver inclusive PE and School Sport	Implement a programme of training and mentoring opportunities designed and delivered in partnership with other agencies.	1. Annual delivery of Sport Inclusion training sessions to S4 leadership classes linked to ASN event calendar  2. Leaders supported to put training into practice at ASN events	Nov 2020	In progress In progress	3 training sessions planned for Alloa Academy Leadership group 25/9/19 7/10/19 18/11/19	JP – ASC Inclusion
	Ensure young people have access to, and are supported, in a range of leadership roles and opportunities, where their views are valued and heard.	<ol> <li>Competition Organiser Training delivered in each of the 3 secondary schools annually</li> <li>COT leaders supported to deliver &amp; support at ASN events</li> <li>Increase the range of leadership opportunities through distribution of new</li> </ol>	Sept 19 – Jan 2020 Sept 19 – June 2020	In progress In progress	1 course delivered in each school Alloa Ac: 23/9/19	JP – ASC Inclusion

	volunteering materials.	End of Sept 19	In progress	Materials created –	AM – ASM
				in production	PEPASS Group
				currently. Launch	PEPASS Group
				mid/ end Sept. 19	

# Sports Development Annual Report July 2018 to June2019



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### **Education Service - 6 Big Goals**

Children 1st; they enjoy their learning; they thrive Learning and teaching is consistently excellent



We work as a family

Families are engaged and supported

Educators are inspired and motivated

Decisions are based on evidence and ongoing improvement is the norm



National Improvement Framework – Annual Report 2018/2019 ghaighwuehgfiuwuipgfiusdgfvgsgfisgfvlgasgflasg

EDU ELC 19 23	Develop and implement a Sport and Active Living Framework in Clackmannanshire	This task is to take back ownership of the Sport and Active Living Framework from sportscotland. The final draft went before committee in January 2019 for endorsement to create action plans going forward.  This will generate 4 workstreams for the 4 main priorities which are  - Active Communities - Schools and Education - Infrastructure and Place - Leadership and Governance.  Some work has already begun on the Schools and Education priority and meetings have been held and are scheduled to take place.	Improving Outcomes Manager – Early Years
EDU ELC 18 24	Negotiate a 4 year investment agreement with	We are in negotiation with sportscotland to agree a 1 year plan from February 2019 to April 2020. Then work will commence on negotiating a further three year agreement to 31st March 2023	Improving Outcomes Manager – Early Years

sportscotland fo Active Schools	r	

#### Sports Development Manager's Review of the Year

Welcome to this report which records the activities and sports participation that has taken place across Clackmannanshire delivered by or in association with the Council's Sports Development team. The report covers the academic year 2018/19 from school holidays 2018 to June 2019.

The Sports Development team is based within the People section of the Council and in particular Education. The team consists of a physical literacy section delivering to nurseries and pre-school children, a Primary School PE Team of GTCs registered teachers, Active Schools Co-ordinators, Community Sport Hub/Club Officer, Active Communities Officer, Firpark Ski Centre and Sports Development Officer. The Sports Development staff work in an integrated co-ordinated way to build capacity and confidence for participants to enjoy being physically active. Club links are strong from curriculum to community. A large number of young leaders, coaches, volunteers, instructors and fitness specialists deliver the activities.

Despite budget implications this year has been very busy with the growth of a new Netball Club called Wee County Warriors, adaptive skiing opportunities for people with additional support needs, the success of an NHS project called Lower Limbs and a partnership with Social Services to ensure their young people access the school holiday sports programmes.

During this year the Council has been involved with a programme of asset transfer of facilities. Five new Development Trusts have been formed which changes the landscape for developing sport. There is great potential ahead for new partnerships and opportunities.

Significant progress has been made with the Sport and Active Living Framework which was adopted at the People Committee on 17<sup>th</sup> January 2019. There are four priorities; Leadership and Governance, Infrastructure and Place, Active Communities and Schools and Education (previously PE, physical activity and School Sport ). Developing the implementation plans for each of these priorities will be a focus for 2019/20.

We are especially proud of the announcement from sportscotland in September 2018 that Clackmannanshire is the first local authority to have all schools achieve GOLD status in their school sports awards. We will be working to retain this high standard.

Looking forward there is great excitement from Sports Development staff to spread the messages from the Tokyo Olympics 2020 and Tokyo Paralympics to increase participation and opportunities; "Discover Tomorrow".

#### **PEPASS Mission Statement**

Through PE, Physical Activity and Sport and by working in partnership, we will engage, educate and inspire all within Clackmannanshire's learning and sporting communities. This will be achieved through an integrated, planned and co-ordinated approach to participation, progression, pathways and leadership.







#### Sports Development Staff, PE Teachers, Sessional Coaches and Ski Instructors

SD staff operate in teams; Active Start, Primary PE, Active Communities, Firpark Ski Centre, Active Schools and Development Officers. We all share Young Leaders, volunteers, Modern Apprentices and sessional workers to support delivery. We meet several times per year for training, planning and team building. Contact us on <a href="mailto:sportsdevelopment@clacks.gov.uk">sportsdevelopment@clacks.gov.uk</a> or phone 01259 452350







#### **Active Communities**

#### Sauchie Women & Girls

In April 2019 Sports Development in partnership with Sauchie Community Group secured £23,400 investment from sportscotland to develop women and girls sport in the Sauchie area. The project will work with a range of partners & clubs and target activities for all ages and abilities. The Sauchie sport and physical activity survey helped identify barriers to participation and the needs of

**Sauchie Community Sport Survey** 

**148 Adult Responses** 

93 Children & Youth Responses

**Total Community responses 241** 

the community and helped shape the basis of the project plan. Project "SWAG" will start in September 2019.

#### **Community Sport Hubs**

A new approach to Community Sport Hubs (CSH) in Clackmannanshire has led to the creation of two new community sports Hubs. Hillfoots Sport Hub & Tullibody Community Sport Hub are working to link sport clubs, physical activity providers and organisations to the local community.

Hillfoots Sport Hub successfully achieved SCIO status in March 2019 helping them on their journey to build a new sport and outdoor activity hub in Tillicoultry. The first Tullibody CSH meeting took place at the newly transferred community venue Tullibody Civic Centre and includes links with the Active Travel Hub at Lornshill Academy.

37 individuals attend the first meeting of either Hillfoots or Tullibody CSH

#### **Lower Limb Class**

The Best in class lower limbs project started in June 2018 in partnership with the NHS to reduce the number of people with hip and knee problems attending physio's and orthopaedics unnecessarily. We initially started with one class but due to demand we had to increase this to 3 classes per week. The class is designed to increase balance and muscle strength in the legs to manage and reduce joint pain. If Individuals do need a hip or knee replacement the exercises help with their recovery period. There have been **198 Individuals** attend the lower limbs.

"My legs feel stronger after only a few weeks" "Excellent class really helping"

"I have been able to reduce the amount of painkillers I take"

"Found the exercises very effective"



A range of fitness and leisure classes are delivered across venues in Clackmannanshire. They are aimed at various adult age groups and target audiences to suit demand and uptake. Most of the classes are delivered in partnership with NHS, Tullibody Healthy Living, Clackmannanshire Healthier Lives and Healthy Working Lives. The variety of classes delivered included - Over 50's, Lower limbs classes, NIA, recreational running club, Social Badminton, Adult ASN classes, Circuit, Yoga at various ability, Zumba, Meditation, OTAGO, Kettlercise, Aerobics, Chi Kung, Tai Chi, Boxfit, Walking group. We also have a working partnership with Cancer Research UK supporting Stand up 2 Cancer and World Cancer Day raising £1,208.67 whilst promoting the benefits of physical activity and reduced risk of 3 cancers; bowl, breast and uterus. The age of participants range from 16 to 90 years old and while the activity is valued, for many of the older participants the opportunity to socialise and make friends is just as important.



1,049 hours of physical activity
248 hours (23%) delivered by volunteers
Over 1,000 people participated making
9,935 individual visits



#### **Sports Development and Coach Education**

#### Rugby

Clackmannanshire Rugby Partnership

Netball

**Badminton** 

**Gymnastics** 

Football Skiing

#### **Coach Education**

In the annual programme of Sports Training (Coach Education courses to enhance coaches' skills and knowledge) are a variety of nationally recognised courses delivered locally including; Scottish Football Association - Early Touches, Development Activities, Developing Young Footballers, Scottish Gymnastics UKCC Level 1, Emergency First Aid, In Safe hands, Makaton, Play On Pedals, Sports Leader UK.

#### **Training**

Jackie Perez attended a MATP-Motor Activity Therapy Programme and SOMA course—Sporting Opportunities for Motor Activities alongside Graham Harvey from Forth Valley Disability Sport. The development from this training would see the set up and delivery of extra curricular clubs specifically for pupils with PMLD-Profound and Multiple Learning Disabilities and their families.





957 Participants attended training

416 Training hours were delivered

6,849 Participation hours



#### **Working with Sports Clubs**

The Community Sport Hub and Club development (CSHO) post is a new role in Clackmannanshire and has been working to support local sport clubs. Some examples include working with Alloa & District Rifle Club to raise funds for a portable laser shooting system. Support given to the Wee County Netball Club bounce back netball club to start to a junior section and supported the club with a charity night which raised over £500 for a local children's charity.

81 different sport clubs

36 unique sports

Under the theme of mental health the CSHO connected Alloa Athletic FC and Wellbeing Scotland together and the 2 groups have since started a Man Cave at the Indodrill Stadium.

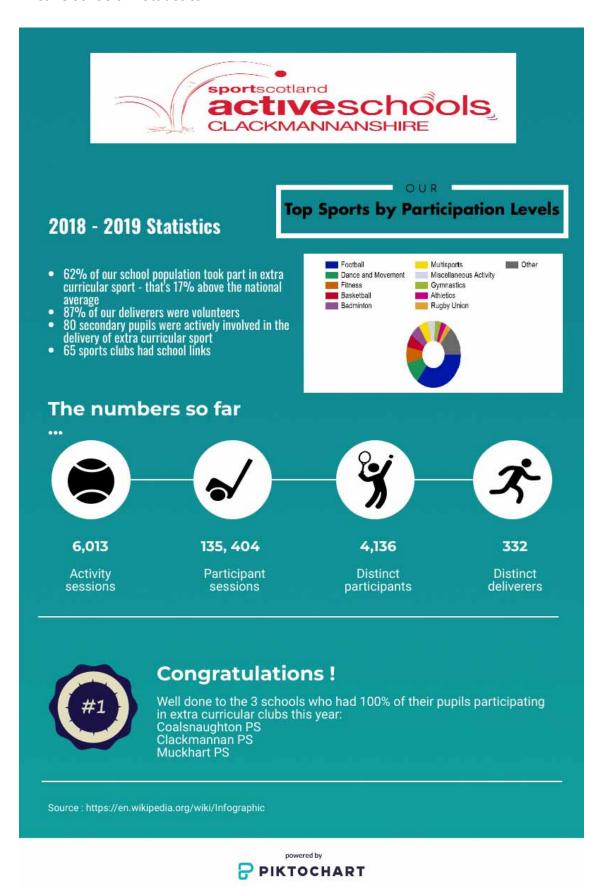
Continued work has been taking place in developing the relationship between Central Athletics and Wee County Harriers who now attend a joint steering group meeting.







#### **Active Schools in Statistics**



#### **Ongoing Active Schools Projects**

#### **Primary School Cycling Programme**

Active Schools have continued to liaise with primary Headteachers to plan, organise and deliver an annual programme of cycle training to Primary 5 to Primary 7 pupils. In September 2018 Cycling Scotland awarded us a grant of £15,500 to deliver on-road Bikeability level 2 training to all our primary schools as part of the Support Plus initiative.

With the enhanced opportunity provided through the grant tutors delivered a programme of Bikeability Level 1 and Level 2 with support from Active Schools Co-ordinators, school staff, parent volunteers and locally trained Cycle Training Assistants. Alongside the delivery in schools a new recruitment poster was created to encourage volunteers to train as Cycle Training Assistants.



Bikeability Level 1 Training 8 schools

410 pupils trained

Bikeability Level 2 Training 18 schools

621 pupils trained

CTA Courses 2 courses

11 volunteers





#### **School Sport Awards**

Clackmannanshire Schools are in the unique position of being the only local authority in Scotland to have 100% of their educational establishments having achieved the bronze, silver or gold School Sport Award from sportscotland. This award recognises outstanding achievement across 8 categories within Physical Education, Physical Activity and School Sport.

Through the collaborative work of the PE teachers, Headteachers, wider school staff, Active Schools and school pupils, every school has created their own School Sport Committee which created a PEPASS development plan designed to oversee the ongoing improvement of each school. Thanks to the work of these committees all 18 primary and 3 secondary schools have achieved the GOLD standard as of June 2019, again a first in Scotland. Six local schools have now been awarded their second GOLD flag award showcasing their continued development over the past 2 years.

#### **Top Scottish Sports Awards Schools**

- 1. 100% Clackmannanshire (21/21)
- 2. 41% Stirling (21/51)
- 3. 22% Perth (4/18)
- 4. 19% Falkirk (10/51)
- 5. 16% Edinburgh (15/90)

Clackmannanshire schools awards equate to 7% of the national total of 284 gold schools.





#### **Active Schools Partnership with Sports Clubs**

The Active Schools team have a key role in supporting partnerships with and to community sports clubs. During 2018/19 the co-ordinators supported 65 clubs across a range of opportunities including:

- Handing out promotional materials
- Taster sessions during Health Weeks
- Club coaches delivering after school clubs
- Delivery of holiday programmes
- Support to pupils to progress into clubs community sessions

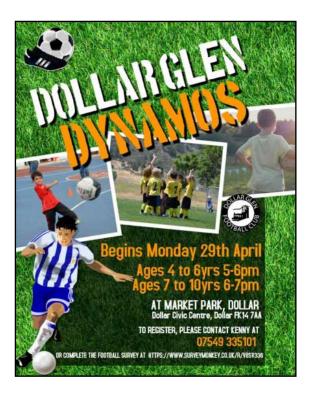
#### **Dollar Glen FC**

In August 2018 a plan was created between Strathdevon Primary School and the local amateur football team to support the creation of a junior section within the community of Dollar. Over the next 10 months the club coach, Kenny Mitchell, delivered after school coaching sessions to pupils from primary 1-6 in the school gym hall. He was supported by a young volunteer coach from his club and by Primary 7 Young Leaders from the school. On 29 April 2019 the club's new junior section 'Dollar Dynamos' launched at The Hive with 43 boys and girls attending.



5 blocks of coaching25 weeks60 pupils3030 participant sessions

The club continues to support the work at Strathdevon Primary in 2019/20 with more after school football sessions and taster coaching sessions as part of their September 2019 Health Week.





#### **Tillicoultry Bowling Club**

Pupils from Tillicoultry Primary and Coalsnaughton Primary School joined together for regular coaching sessions at Tillicoultry Bowling Club led by volunteers from the club. The P4-7 pupils walked to the club after school and took part in small skill sessions and learned the techniques and rules of this fantastic family sport.

The 7 volunteers from the club, all of whom are bowlers themselves, enjoyed the sessions commenting on how well behaved the children were and how much they progressed over the coaching blocks.

The sessions took place during September 2018 and May/June 2019 with 24 distinct participants taking part and the club were so happy with the attendance of the children that they put on weekly sessions during the summer which saw 10 children and their families attending and 3 P7 boys have since joined the evening adult sessions with a view to becoming part of the clubs men's section in the 2020 season.



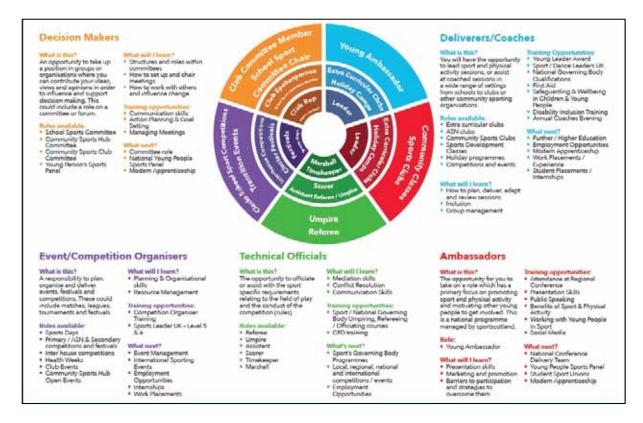


#### **Leadership, Young People and Modern Apprentices**



#### Leadership, Young People and Modern Apprentices

Sports Development offer a progressive pathway for young people from primary into secondary school and beyond in sports leadership. There are 5 key areas that young people can get involved with – all of which offer a wide range of support and opportunities.



#### **Young Leaders**

All Active School Co-ordinators deliver this 6 week long programme in the 18 primary schools to P6 and P7 pupils. 400 children completed this course. 150 newly trained leaders then supported the delivery of lunchtime and after school sports clubs in their own primary schools.



#### **Sports Leaders**

Both Lornshill and Alloa Academy deliver formal leadership qualifications either as part of the SQA in Leadership programme or as the Sports Leader UK award. In addition during Active Easter and Active Summer 65 pupils completed their Leadership in Dance or Sport awards at level 4 or 5. These pupils alongside previously trained sports leaders were then deployed to help deliver over 1000 hours of extra curricular sport in their own schools and in local primary schools.

The sports leaders also played an integral part of the delivery of both Active Easter and Active Summer, delivering more than 1,200 hours of activity over the 9 weeks of the programmes. These young people were role models and inspirational to the primary pupils who attended the sports camps and ski schools.



#### **Competition Organiser Training**

Training was delivered across all three secondary schools in the new sportscotland qualification. 25 pupils completed the 6 hour long training and then went on to help organise 2 inter school sports events in each of their schools as part of the secondary calendar of events.



#### Recognition

This year many of our young people were nominated at the annual Sports Council Awards in recognition of their volunteering and sports leadership roles. Their fantastic contribution to the development of sport within both their schools and the wider community was acknowledged and rewarded.



#### **School Sport Competition Calendar**

The annual calendar of events for primary, secondary and children with Additional Support Needs

was once again a great success. With 53 competitions and festivals organised by the Sports Development staff covering local, regional and national levels, schoolchildren within Clackmannanshire had many opportunities to show off their innumerable talents.

**Annual Programme of Events:** 

198 hours of competition

7,957 participants

The sports on offer ranged from badminton to dance, basketball to athletics and there was a mix of competitive and non

63 events

competitive events ensuring inclusion for as many pupils as possible. Fifteen different sports were part of the calendar including for the first time netball and Gymfest.

The Clackmannanshire Primary Schools Sports Association (CPSSA) oversee the primary calendar and present the 'Sports Challenge Award – Gold Certificates' to schools who attend all of their 10 events and this year an amazing 11 out of 18 primary schools achieved this level of participation.



	Fun 4,s Ferdinal 7/9/18,14/9/10	Accountry Leagues 11/9/18/3/10/18	Basketball Tournament 19/9/18,25/9/18,3/10/18	Girls Only Fund's Festival 21/9/38	Touch Rugby 7/sFessival 28/9/17,12/10/18	Badminton Leagues Various Dintes	X-country Championships 9/10/17	Sports Hall Athletics	Gpmfest 3/2/19	Ath letter championship 22/5/19
Abercromby PS	4	-	-	1	-	-	V .	4	4	7
Alva PS	1	-	· ·	-	1	V	V	~	V	Y
Banchory PS	1	1	1	1	1	1	V	~	V	~
Clackmannan P5	1	1	1	1	1	1	1	~	-	4
Coalsnaughton PS	1	1	Y	1	V	Y	V.	4	4	7
Craigbank PS	1	-	1	-	¥.	1	V	4	4	4
Deerpark PS	1			1		1	4.	100	Y	4
Fishcross PS	1	4	1	1	-		-	4	¥	¥
Menstrie P5	1	-	1	1	1	~	1	4	~	~
Muckhart PS	4	1	Y	1	1	14.5	1	~	1	1
Park PS	4	- 1			4		V	1	7	- 1
RedwellPS	4		V	-	· ·	V .	V	~	Y	×
St Bernadette's PS	1	1	1	1	1	12	1	~	~	*
5t Mungo's P5	1	1	1	1	1	100	1	4	10+00	~
St. Serfs PS	1	4	Y	4	V	1	4	10	1	~
Strathdevon PS	4	~	Y	1	V	V	-	~	Y	7
Sunnyside PS	4	*	·	4	V	1	V		Y	4
Tillicoultry PS	1	1	1	1	· V	1	1	4	4	4

The Secondary School Sports Association (SSSA) organise a programme of 16 events and all 3 secondary schools and the secondary school support services attend this programme. The annual 'Sports School of the Year Award' is presented in June based on points awarded for levels of participation and performance at these events. For the 4<sup>th</sup> year running Alva Academy took this honour!





The Active Schools Inclusion Officer oversees a programme of festival and events for children in both mainstream and special education for pupils with additional support needs and this year the programme saw pupils participating both alongside their peers as part of the CPSSA or SSSA events or in their own separate ASN competitions.

#### **Competition Highlights**

The National Primary Soft Archery Championships took place at Renfrew Sports Centre in June with 10 teams from Clackmannanshire attending. Forty schools from across Scotland took part but it was our local schools who took home the national titles with Coalsnaughton PS winning the P4/5 age group and Tillicoultry PS winning the P6/7 age group!

Gymfest made its debut at Alva Academy on Sunday 3<sup>rd</sup> February 2019. The festival was noncompetitive and designed to help promote gymnastics for everyone, from beginners to the



more experienced teams who took part. The event was for both primary and secondary age groups with a focus on giving performers the opportunity to display their talents to their family, friends and other gymnasts in a stress-free and enjoyable setting. Gymfest encompasses the sheer enjoyment and appreciation of the sport that so many people have. Seventeen primary schools, one secondary school and Lochies School took part in this amazing event.







#### **Activities for People with Additional Support Needs**

Our Additional Support Needs programme has continued to encourage inclusion, physical activity and opportunities for children and young adults with additional support needs across Clackmannanshire. We work closely with our staff and volunteers to ensure that they access appropriate training in order to enhance and develop their coaching appropriately.

#### **Adaptive Skiing**

Jackie Perez, Inclusion Officer, has worked along side Senior Ski Instructor Sharon Crossan and Ski Instructor Neil McFarlane to develop an Adaptive Ski Programme at Firpark. We have successfully set up and delivered an 18 week block offering two Biski slots and 4 stand up slots. This has also included families skiing alongside each other for the first time. Lochies Primary have accessed P7 skiing and have really enjoyed the experience. This will now be a continued link.



#### **Events**

A full calendar of ASN and inclusive mainstream events were once again delivered and supported by the Active Schools team. Schools were also offered pre event coaching before the events and supported to attend and take part. We delivered additional sessions to pupils from Alloa, Lornshill and Alva Academies, Redwell, Coalsnaughton and Craigbank Primaries.



- 58 pupils took part in the Boccia Championships on 14<sup>th</sup> November 2018 hosted at Alloa Academy, with support from Forth Valley Disability Sport, Jane Gordon from 'Right on Target' and 6 Alloa Academy Sports Leaders who helped referee on the day.
- The yearly Parasport Festival held at Grangemouth Sports Complex had 14 pupils from across Clackmannanshire.



We had our highest additional support needs entries to date for the Primary and Secondary Athletics Championships. Pupils competed in the walk, 100m, 300m, javelin and long jump.

- 19 primary pupils took part from Alva, Coalsnaughton, Craigbank, Deerpark, Lochies, Redwell, St Bernadettes and St Serfs.
- 30 secondary pupils took part from across the 3 secondary schools, we also had a pupil take part from Secondary School Support Service.





## **Holiday Provision**

#### **Active Summer and Active Easter**

Active Easter/Summer is a programme of sports, physical activities and leadership training for young people aged 3 to 18 years. The programme took place across 6 venues in Clackmannanshire; The Wasp Centre, Firpark Ski Centre, Alloa Ballet Company, CR Cats, Alloa and Lornshill Academies. The nine week programme was delivered by sports development staff, coaches, club coaches, volunteers and young leaders. Some local sports clubs were also partners in the programme.

The programme takes time to co-ordinate involving; the Amey maintenance schedule, staff availability, staff and coaches expertise and regular proof reading the flier prior to printing and once completed the flyer goes out through the school pupils and is advertised with banners put up throughout the community.



The Easter and summer programmes offered a range of sports and activities which had a great uptake:

Active Summer 2018 Participation (7 week programme)

Activity	Number of Participants	Participant Hours
Skiing	162	1,296
Sports camps including football and gymnastics	1,083	37,905
Fun gym	402	402
Sport/dance leadership	41	1,312
ASN	48	96
Tubing	55	55
Pre school (	40	200
Total	1,831	41,266

Active Easte gramme)

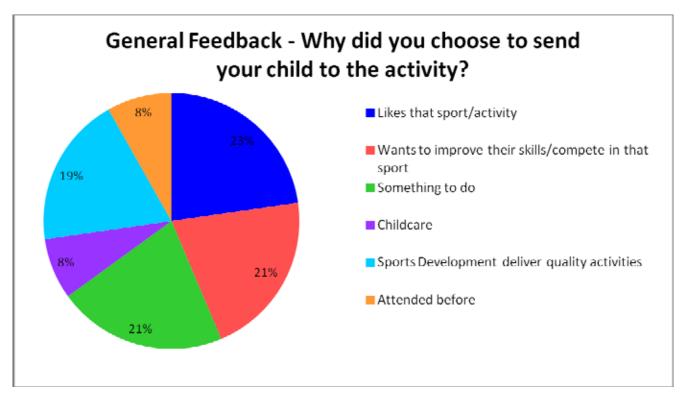
Activity			Number of Participants	Participant Hours
Skiing	Miles Area		230	1,840
Sports camp		tics	285	3,987
Fun gym	A THE STATE OF THE		405	405
Cycling (pre			120	240
ASN			12	24
Tubing		•	36	36
Total			1,088	6,532

In 2018 a partnership was formed with the Social Services department of the Council to ensure that the most vulnerable children had the opportunity to take part in the holiday schools. This involved the creation of a separate booking system for these families and then a supported programme within the holiday camps for the children to enjoy.

During the 2018 Active Summer programme some families made more use of the sports camps and activities than others. A total of 51 individual children participated in the Active Summer programme. Participation ranged from one hour to over 70 hours per person. A small number of families have been able to access over 100 hours of sports activities.



## Feedback from Customers





## **Changing Lives through Sport**

#### **Priorities**

A new Community Sport Hub & Club Development Officer was appointed in December 2018 and he is already working to raise funds, create new partnership across sports clubs and other organisations to benefit opportunities for local participation.

Based on the Clackmannanshire Council Local Outcome Improvement Priorities he will focus on seeking support for specific groups. He has secured funds for the Sauchie Women and Girls (SWAG) project. Next will be; care experienced young people, those with disabilities and veterans and their families.



#### PE - Primary and Secondary Schools

#### **Primary Schools**

Over the past year the primary PE Team have; continued to work on embedding the Curriculum Organisers (SAL's) and have developed a clearer understanding around benchmarking, assisted in creating progression pathways for Curriculum for Excellence Health and Wellbeing – PE as well as providing rich learning experiences and utilising different methods for collecting evidence to demonstrate progress. This evidence has also been used in moderation exercises to validate our decisions on learners' progress towards, and achievement of, a level, supporting the consistency of teachers' professional judgement when assessing.







## **Pupils Comments**

"I have improved my decision making skills in PE from practicing in lots of different games." (Jack P5) "Because of enjoying and learning in Badminton in PE, I started going to a club and I play outside of school too" (Harris P4/5)

# **Parents Comments**

"I'm really happy with all the recognition and experience my son gets in PE as he's right into all sports and gets a lot out of it." "My daughter was very happy to be introduced to new activities, like Basketball, which she never would have tried, but now it's her favourite and she attends various clubs outside of school".

The PE Team are delighted to be able to support and contribute to a wide range of activities and events that take place across the school, throughout the curriculum and academic year. This includes: planning and organising school sports day events (with prior consent from the weather!) providing extracurricular preparation and training for children and young people selected to attend a variety of sports events. Supporting health weeks and fundraising activities, undertaking applications and nominations for a range of sporting awards and celebrating children's sporting success within the school and through social media.



It has been another successful year of partnership between Clackmannanshire Council's Education Service and Stirling University where Year 1 students join the PE team for one day a week for two five week placements, and Year 2 students for a four week placement Monday to Friday. This is a valuable opportunity for the Stirling University students and Primary PE team alike. For the students this is the first step towards their career as a teacher having an opportunity to work in a PE environment and focussing on developing their ability to manage learning behaviour, their organisational skills as well as develop the curriculum organisers in PE. For Primary PE teachers this is an opportunity to reflect on their own teaching as they support and mentor others.



# Report from Jackie Perez Active Schools Inclusion Officer Support in Primary Schools

"I have worked alongside some of the Primary PE teachers who have pupils in their classes with additional support needs and disabilities. I have worked with them, physios and support staff to offer adaptions that can easily be incorporated into their PE lessons alongside the rest of the class. This partnership has also provided a relationship and pathway for the pupils and parents to gain more confidence to take part in our holiday programmes and after school classes that we offer. I have also delivered individual training in preparation for regional events and school competitions."

#### **Support in Secondary Schools - Inclusive Practice**

Alloa Academy Health and Fitness group had another inclusive practice session for their 5<sup>th</sup> and 6<sup>th</sup> year pupils. I worked with the Active Schools Coordinator, Extended AN unit and the Secondary PE teacher to set up a 6 week lunch time block for the pupils to deliver Boccia to the Extended ASN pupils. The 6 pupils who completed the training then came along to support the Boccia Championships on 14th November 2018.

I continue to work closely with Lochies and Alva Primary ASD and the 3 Secondary Schools ASN bases. Providing them with a variety of different activities including, dance, gymnastics, cycling, soft archery and football sessions. Forth Valley Disability Sport have supported the lunch sessions and ASN events throughout the year. I have also continued to provide Struan House with a weekly gymnastics sessions and tubing lets.



Schools of Sport within secondary schools

## 1. School of Rugby Report 2018/2019:

"Partnership working between Alloa Academy, Lornshill Academy, and Alloa Rugby Club has seen the School of Rugby programmes across the three entities reinvigorated over the course of the 2018/19 school year. Previous to this year staffing changes had created a level of inconsistency during the delivery of the School of Rugby programmes, however the employment of a Community Rugby Coach based at Lornshill Academy and a Sessional Coach at Alloa Academy provided both specialist knowledge and much needed regularity for them. Alloa Academy started the year with 26 boys in total across S1 & S2 attending School of Rugby sessions, but Lornshill Academy had an issue with their S1 recruitment leading to there only being a group of 13 S2 boys attending sessions. In January 2019, after work within S1 Physical Education classes, an S1 School of Rugby was formed at Lornshill consisting on 11 boys - taking the total number up to 24 at the school. Both programmes at the Schools were focused on developing the basic knowledge of the sport, doing regular

skills-based sessions, and resilience being a key focus. Also senior pupils from Lornshill Academy - who were CashBack for Communities School of Rugby alumni - utilised their knowledge of the sport to referee at both Active Clacks P7 Touch Rugby Festivals.

Due to concerns over playing numbers from both secondary schools for the extra-curricular rugby matches, a joint team was entered into the Central Schools Rugby competition to ensure there would be sufficient players at each age-group; as a result of this, combined training between the schools was held at Lornshill Academy on Monday afternoons and kicked off with great numbers. This combination proved inspired as the joint teams fulfilled all their fixtures during the Central Schools campaign, with the success being reiterated by the U16 boys finishing second overall. The joint team proved to be one of the most successful sides in the Central region, attending all Winter Touch League dates to continue playing through the winter months.

Alloa Rugby Club's fantastic support during this period of time was fronted by experienced coaches Henry Edwards and Alex Jess, who attended and helped run the school teams over the course of the year. To repay this support a focus on transitioning boys from the club to the school was adopted by both Schools of Rugby, and in February 2019 Alloa Rugby Club fielded an U14s team made up of 22 boys from both Alloa Academy & Lornshill Academy. This squad continued from February through until the season finished in May, capping off a fantastic year.



## **Pre-School Physical Activity**



Sports Development designed a physical activity programme for nurseries based around physical literacy, movement and co-ordination for pre-school children called Active Start. It has national recognition and several times per year the Active Start Manager delivers training on the Active Start programme to other local authorities around Scotland. She has also addressed national conferences.

The Active Start officers also deliver Play On Pedals (POP) training to all nursery staff. All nurseries received this training and all children get the opportunity to pedal a bike by the time they enter primary school. Clackmannanshire received over 200 POP bikes from external funding to ensure all nurseries are resourced.

The Ski Technicians maintain the POP bikes. Staff training is available on a rolling programme. In addition 9 community based pre school sports activities are available each week over a 40 week period.



On average 230 children attend Active Start in their communities each week!



#### **Clackmannanshire Sports Council – Annual Sports Awards**

The Sports Council committee is made up of volunteers from local sports clubs and is assisted by the Council who provide an employee from Sports Development to work as the Secretary. The Sports

Council have 30 affiliated clubs who benefit from a Grant Aid Scheme. Clubs also get financial support to put coaches through first aid and child protection courses and the Sports Council provide a funding workshop each year for local sports clubs.

**30 Affiliated Sports Clubs** 

21 clubs benefitted from Grant Aid

Clackmannanshire Sports Council Sport Awards take place in March each year and the Sports Development Team play a key role in the set up and delivery of this event. The event is much valued by the local sporting community and recognises the quality and profile of our local coaches, athletes, athletes with additional support needs, teams, young leaders and individuals who have contributed a lifetime to sport.

196 nominations

28 different sports

# Categories Awarded

- Junior Award
- Senior Award
- Team of the Year
- Primary School Team of the Year
- Secondary School Team of the Year
- Triumph Over Adversity (Participation)
- Triumph Over Adversity (Sports Competitor)
- Services to Sport
- Coach of the Year (Participation)
- Coach of the Year (Competition)
- Primary Young Leader Award
- Young Leader/ Volunteer Award
- Lifetime Contribution to Sport Award



## Firpark Ski Centre

In April 2015 the ski centre joined the Sports Development team. It is a dry ski slope 120 metres in length serviced by a Poma Tow with nylon brush matting called Dendix sited adjacent to the Tillicoultry Primary School . The ski slope is primarily a learning facility and is resourced by a Senior Ski Instructor, Ski Technicians and a team of BASI (British Association of Ski Instructors) qualified sessional ski and snowboard instructors. The ski centre operates 49 weeks of the year attracting at least 60% of customers from outwith Clackmannanshire.

The ski centre provides ski and snowboard instruction to; schools, all age groups, community groups, evening and weekend lets, Learn to Ski programme, holiday ski schools, private lessons, race training and ski events. There is a very clear skills learning pathway but it is particularly strong in its trainee instructor programme.

645 attended the holiday ski schools

32 ski instructor trainees

357 Private lessons

125 Tubing parties

500-600 Participants per week

Most of the trainees gain national instructor qualifications

(BASI) and develop as instructors at Firpark, Scottish snow resorts, French resorts and venues in Canada, China and Japan. Three delegates from Iceland visited Firpark Ski to learn about this instructor programme.





# **Welcome to Firpark Ski Centre**

Ski and Snowboard instruction by qualified and friendly staff

Tel: 01259 751772 Email: firpark@clacks.gov.uk













## **TEAM GB Press Launch**

# Sport is GREAT' campaign launched to mark one year countdown to Tokyo 2020

- 'Sport is GREAT' campaign launched to mark one year countdown to Tokyo 2020
- £265 million invested into elite Olympic performance
- World Championship performances to date offer rich potential
- Country encouraged to get behind Team GB and to #BelieveInExtraordinary

With one year to go until the Tokyo 2020 Olympic Games, this week British athletes gathered to launch a new campaign to inspire the nation to get behind Team GB and showcase the best of British sport around the world.

The Government is using its most successful ever international campaign, the GREAT Britain & Northern Ireland Campaign, to promote British sport internationally. New posters and promotional materials featuring the Team GB athletes will be seen by millions of potential visitors, business people and decision-makers overseas.

The 'Sport is GREAT' campaign will be a powerful demonstration of the UK's capacity to inspire millions of people around the globe through sport. And as we look ahead to Tokyo 2020, the signs are that Team GB could be in for another exceptional Games with more World Championships medals won in more sports so far in the Tokyo cycle than at the equivalent point four years ago.

More than £265 million of National Lottery and UK Government funding is being invested in British Olympic hopefuls, 21% of whom come from Scotland, Wales and Northern Ireland, a testament to the extraordinary unifying power of Team GB.

Sir Hugh Robertson, Chairman of the British Olympic Association,

**commented:** "At both London 2012 and Rio 2016 I saw first-hand the inspirational impact that Britain's athletes had on the country. Olympic sport is something at which we are genuinely world class and Team GB want to use Tokyo 2020 to bring the country together and make it proud of its athletes once again."

Dame Katherine Grainger, Britain's most decorated female Olympian and Chair of UK Sport, said: "With just one year to go to Tokyo 2020, I am excited by the potential of Team GB to inspire and unite the nation through their incredible performances. The GREAT Campaign celebrates the best of the UK, and British athletes will proudly represent us and fly the flag at Tokyo 2020."

# **Tokyo 2020 Olympic Sports**



TOKYO 2020

999

Weightlifting

Wrestling

#### **TEAM GB- Press Release**

One Year To Go: ParalympicsGB Tokyo 2020 Launches Impossible to Ignore

ParalympicsGB has launched a new campaign to make disabled people Impossible to Ignore to mark one year to go to the start of the Tokyo 2020 Paralympic Games.

The initiative has been developed after recent research showed Paralympic athletes are key to challenging perceptions of disability in the UK.

With a year to go to the Tokyo 2020 Paralympic Games, preparations are ramping up to take the best prepared team to make the nation proud once again by recreating the incredible success of Rio 2016 where the team won 147 medals.

While many qualification events are still to take place, an estimated 250 athletes are tipped to compete for ParalympicsGB in Tokyo including competitors in the new sports of Taekwondo and Badminton.

Research from ComRes suggests that the success of these athletes may have a direct impact on breaking down barriers, shifting perceptions and increasing opportunities for all disabled people.

84% of UK adults say the achievements of ParalympicsGB athletes have a positive impact on society overall

74% of UK adults perceive ParalympicsGB to be an inspirational sports team – more than any of the other teams listed

82% of disabled UK adults believe the Paralympic Games provides positive media coverage of disabled people

**Minister for Disabled People Justin Tomlinson** said: "Our Paralympic heroes should be proud of all they have done to put disabled people's achievements in the spotlight.

"We must not underestimate the power of sport as a tool for driving greater social inclusion, and this research reinforces what we have long known – that the Paralympics change attitudes towards disability for the better.

"With a fifth of the UK's population reporting a disability, the ParalympicsGB team play a crucial role in breaking down barriers for disabled people in every area of their lives."

# **Tokyo 2020 Paralympic Sports**













Boccia