DEAR PARENT/GUARDIAN

Clackmannanshire Council Catering Service are delighted to announce the 2023 / 2024 Primary School Menu. This menu will run from 16th August 2023. All 3 weeks menus have been created and analysed in line with The Nutritional Requirements for Food and Drink in Schools (Scotland) Regulations 2020.

ALL MEALS WILL INCLUDE A MINIMUM OF TWO PORTIONS OF VEGETARLES AND ONE PORTION OF FRUIT

Along with the desserts shown on the menu, a selection of fresh fruits will be available daily as an alternative.

THE COST OF A SCHOOL LUNCH is £2.20 PER DAY





Remember that P1-5 pupils are entitled to a free school lunch.

Breakfasts are available in all schools from 8.30am at a cost of £1.40



SPECIAL DIETS

If your child for any reason has a special dietary requirement which has been diagnosed by a GP/ Dietician, please complete the registration form on the Council website.

The Catering Service will then produce a menu for your child's dietary requirements.

Full menu including potato and vegetable choice is available on the Council website.



All our beef dishes are made with Scottish Beef



All Chicken used is Red Tractor





All Fish dishes are MSC certified



PRIMARY SCHOOL



CHANGES TO MENUS

Due to unforeseen circumstances, the menus may be subjected to change. Any changes will be advertised on the Council website.

CONTACT

Should you wish to discuss any matters relating to the menus or the lunch service, please contact Class Cuisine on 01259 452193





Chlach Mhanann

2023/2024 MENU SELECTOR







SCHOOLS MENU SELECTOR 2023/24



WEEK	1	MENU
WEEK	CO	MMENCING

14 Aug, 4 Sep, 25 Sep, 30 Oct, 20 Nov,11 Dec

15 Jan, 5 Feb, 2024 4 Mar, 25 Mar, 29 Apr,

MONDAY Lentil Soup (v)

Scottish Beef Steak Pie Southern fried Burger in a Bun (V)

Baked Potato and Tuna Mayo or Cheese (V)

> **Baby Boiled Potatoes Baby Carrots**

Fresh Mixed Salad Assorted fresh fruit TUESDAY

WEDNESDAY

THURSDAY

20 May, 10 Jun

Creamy Chicken Korma

Cheese & Tomato Pizza (V) Baked potato

and Baked Beans (V)

Fluffy Boiled Rice Mixed Vegetables

Fresh Mixed Salad Chocolate Cookie & Fruit (v) Fresh Tomato Soup (v)

Roast Chicken/Ouorn Fillet (V) in Rich Gravy with Yorkshire pudding

Traditional Scottish Haggis Wafer Thin Turkey Sandwich

> Creamy Mash Broccoli

Fresh Mixed Salad Assorted fresh fruit **Bubble Crumb Fish Fillet**

Puff Pastry Vegetarian Sausage Roll (V)

Finger Roll (V)

Crispy Chips Garden Peas

Fresh Mixed Salad

Lentil Soup (v)

Beef Mince Pasta Bolognaise

Mediterranean Chicken/ Quorn Fillet (V) Casserole

Spaghetti Hoops on Toast (V)

Garlic & Herb Bread Sweetcorn

Fresh Mixed Salad Assorted fresh fruit

WEEK 2 MENU WEEK COMMENCING

6 Nov. 27 Nov. 18 Dec

22 Jan, 19 Feb 2024

Lentil Soup (v)

Chicken & Vegetable Pie with Puff Pastry Lid

Penne Pasta in Tomato Sauce (V)

Mature Cheddar Cheese Finger Roll (v)

Baby Boiled Potatoes Baby Carrots

Fresh Mixed Salad Assorted fresh fruit Mild Indian Style Chicken Curry

Tangy BBQ Quorn Fillet (V)

Baked Potato and Baked Beans (V)

> Fluffy Boiled Rice Mixed Vegetables

Fresh Mixed Salad Chocolate Sponge & Fruit (v) Fresh Tomato Soup (v)

Roast Beef in Rich Gravy with Yorkshire Pudding

Golden Fish Fingers or Golden Fishless Fingers (V) Wafer Thin Turkey Sandwich

> Creamy Mash Broccoli

Fresh Mixed Salad Assorted fresh fruit Mature Cheddar Cheese

Artic Roll & Fruit (v)

Crispy Chicken Goujons /

Crispy Quorn Goujons (V)

Grilled Healthier Option

Pork Sausage

Baked Potato and Tuna Mayo

or Cheese (V)

Freshly Fried Chips

Garden Peas

Fresh Mixed Salad

Toffee Frozen Yoghurt Ice Cream (v)

Lentil Soup (v)

Mature Cheddar Macaroni Cheese (V)

Folded Omelettes (V)

Baked Beans on Toast (V)

Garlic & Herb Bread Sweetcorn

Fresh Mixed Salad Assorted fresh fruit

WEEK 3 MENU WEEK COMMENCING

> 28 Aug, 18 Sep, 23 Oct, 13 Nov, 4 Dec

2024

8 Jan, 29 Jan, 26 Feb, 18 Mar, 22 Apr, 13 May, 3 Jun, 24 Jun

Lentil Soup (v)

Beef Mince Cottage Pie

Chicken/Quorn (v) Fillet in Creamy Sweetcorn Sauce Mature Cheddar Cheese

Finger Roll (V)

Baby Boiled Potatoes Baby Carrots

Fresh Mixed Salad Assorted fresh fruit Chinese Chicken Fried Rice with Curry Sauce

Golden Salmon Fish Finger Wrap / Golden Fishless Finger (V) Baked potato and Baked Beans

(V)

Classic Potato Wedges Mixed Vegetables

Fresh Mixed Salad Scrummy Flapjack & Fruit (v) Fresh Tomato Soup (v)

Pork Meatballs in Rich Gravy

Creamy Blackened Cajun Pasta (V)

Baked Potato and Tuna Mayo or Cheese (V)

> Creamy Mash Broccoli

Fresh Mixed Salad Assorted fresh fruit **Bubble Crumb Fish Fillet**

Mature Cheddar Macaroni Cheese (V)

Wafer Thin Turkey Finger Roll

Crispy Chips Garden Peas

Fresh Mixed Salad Strawberry Frozen Yoghurt Ice-cream (v)

Lentil Soup (v)

Simple Chicken Sausage & Tomato Pasta

Tomato Pasta (V)

Fry Free Turkey Burger in a Bun

Spaghetti Hoops on Toast (V)

Garlic & Herb Bread Sweetcorn

Fresh Mixed Salad Assorted fresh fruit

P1-P5 pupils are entitled to a free school lunch

All meals will include a minimum of 2 portions of vegetables and 1 portion of fruit. 2



Milk and water will be available with the meal and is included in the price. Fresh Fruit available daily. A School Lunch costs £2.20/day