Clackmannanshire Sports Council

> Annual Report 2021-22



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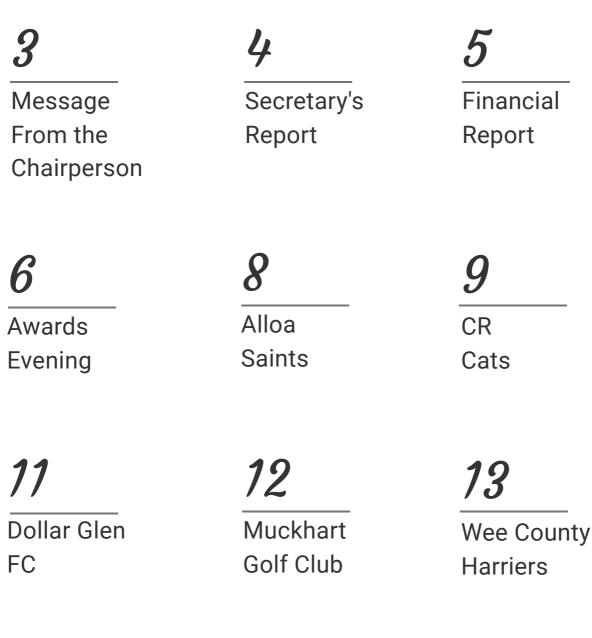


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# A message from the Chairperson

This is my first final annual report as Chairperson, and I would like to start off by acknowledging my predecessor, Gillian Downes, who stepped down from the role at the end of last year, Gillian did a great job during a very challenging 3 years in post and I would like to thank her for that and her guidance and assistance during this last year.

The last few years have been challenging for all in sport, but for the many volunteers running clubs, managing venues and organising events there has been an incredible amount of additional responsibility and workload placed on their shoulders and as a sports council would like to recognise all the club's volunteers and coaches who have shouldered this additional burden and worked through the challenges in order to provide safe and friendly environments for all to train and compete.

We had our chance to acknowledge the work of these volunteers and sports men and women less than a month ago at the Sports Awards, an event which I personally found honoured and proud to be part of. It was without doubt a very humbling experience seeing the many great winners and hearing the many incredible stories. From John Wright who cuts the grass and does just about everything at the Bowling Club to Meggan Dawson-Farrell who competed at the Paralympics but my abiding memory of the night is the sheer joy on the face of young Ella McQueen from Lockies as she picked up the award for Triumph Over Adversity (Participation). Due to continued COVID restrictions, it was not possible to have been the largescale event we desired but it was a massive step in the right direction and hopefully next year we can get back to full capacity.

The event itself could not have not have gone ahead without the core funding from Clackmannanshire Council and we thank them very much for the support they provide throughout the year.

We are delighted to see that during the last year the membership of the Sports Council has increased to 30 Organisations. I would remind every one of them that we are here not just as an association representing their views but also to provide financial assistance for coach education, equipment, start-up and event grants, particularly important as we return to the new norm.

I would like to thank all our unsung heroes, our sponsors, without whom the costs for sport would be prohibitive to so many. Finally thank you to the members of the Sports Council Committee for all they do and Kenny for keeping us all right.

As we progress into the new norm we would like to wish everyone involved in sport throughout Clackmannanshire all the very best for a prosperous and successful year ahead.

#### **Paul A Robertson**

### Secretary's Report

## 2021-22

### AFFILIATED CLUBS

For the year 2021/22 the Sports Council had 30 affiliated clubs which was 2 more than the previous year. Over the last year 13 clubs received grant aid. These were:-

### September 2021

Wasps Community ClubFootballCoach Education GrantDrumburn Ladies Golf ClubGolfCoach Education GrantMuckhart Golf Club (juniors)GolfDevelopment Grant

### January 2022

Sauchie Juniors FCFootballCoach Education GrantAlloa Saints Football ClubFootballDevelopment GrantDollar Glen FCFootballDevelopment GrantAlloa & District Rifle ClubShootingCoach Education GrantClackmannan Bowling ClubBowlingDevelopment GrantAlloa Rugby ClubRugbyDevelopment Grant

### **March 2022**

Alloa Gymnastic ClubGymnasticsCoach Education GrantWee County VaultersEquestrian VaultDevelopment GrantCR CatsCanoeingCoach Education GrantAlloa BowlingClubBowlingDevelopment Grant

There were also 40 coaches from various clubs financially supported in gaining their First certificates.

The Sports Council will continue to sponsor the Youths 800m at the Alva Games being held in July.

The Sports Council has supported a good range of sports in the area over the last year..

### Clackmannanshire Sports Council Receipts and Payments Account For The Year End March 31st 2022

<b>Receipts</b> Grant Aid Sponsorship Affiliation Fees ASN Adaptive Skiing Bank Interest Treasurers Account Total Receipts	2022 £ 16,952.00 450.00 80.00 - 7.61 17,489.61	<b>2021</b> £ 6,202.00 - 980.00 500.00 2.58 7,684.58
Payments Administration Grant Aid Event Support Sports Award ASN Adaptive Skiing Education Organised Events Total Payments	314.00 12,990.00 500.00 1,718.48 500.00 1195.00 17,217.48	129.00 4,100.00 - - 150.00 412.50 4,791.50
Surplus of Receipts over Payments Bank Deposits Brought Forward Bank Deposits Carried Forward	272.13 9,942.39 10,214.52	2,893.08 7,049.31 9,942.39

#### STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2022

Bank – Treasurers Account	10,214.52	9,942.39
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#### AUDIT CERTIFICATE

I have examined the books of Account of Clackmannanshire Sports Council for the year to 31 March 2022. I certify that, in my opinion, the foregoing receipts and payments account fairly represents the affairs of Clackmannanshire Sports Council, according to the books and information supplied.

Ellen Cook, MAAT 15 April 2022

### CLACKMANNANSHIRE SPORTS COUNCIL BANK RECONCILIATION ACCOUNT AS AT 31 MARCH 2022

		£
Bank Balance as at 31 March 2022		12,313.00
Less Cheques Outstanding *		2,098.48
Bank Balance Treasurers Account C/F		10,214.52
Cheques Outstanding *		
578		170.00
585		165.00
586		250.00
587		250.00
590		440.00
591		96.48
592		100.00
593		627.00
	Total:	2,098.48

### CLACKMANNANSHIRE SPORTS COUNCIL Awards Evening





The awards were held on the 31st March in the Alloa Town Hall. We had 78 nominations which was excellent considering the problems Covid restrictions had caused sport. As always it was an excellent evening with a very high standard of nominees.

We would like to thank Clackmannanshire Council for their continued support that allows us, the Sports Council to give recognition to all of the nominees. We would also like to say a big thank you to all our sponsors of the Individual awards for their continued support.

A full list of this years winners is on the next page.

### CLACKMANNANSHIRE SPORTS COUNCIL Awards Evening 2021 Winners

Junior Award Calum Kettles - Fencing Sponsored by Alloa Advertiser.

Senior Award **Duncan Scott - Swimming** Sponsored by Braveheart Clackmannanshire

Triumph Over Adversity (Participation) Ella McQueen – Various Sports Sponsored by Meggan Dawson-Farrel

Triumph Over Adversity (Competition) Logan Castle Vine – Martial Arts The Thistle and Rose Commandery. The Order of St George.

> Enid Barton Coach of the Year (Competition Hamish McIntyre - Rugby Sponsored by Enid Barton.

Coach of the Year (Participation) **Keevan Brown - Football** Sponsored by Alloa & District Rifle Club

Primary School Team of the Yeal Park PS P7 Rugby Team Sponsored by Judy Collier.

Secondary School Team of the Yea Alva Academy Kayak Team Sponsored by Wee County Harriers

Team of the Year Alloa Bowling Club Gents Team Sponsored by Russell & Aitken.

Primary Young Leader Award Derry Furby - Football Sponsored by Clackmannanshire Sports Development – Active Schoo

> Young Leader/ Volunteer (Senior) Emma Howat - Tennis Sponsored by Stephen Campbel

Junior School Sports Award Sophia Spence – Running Sponsored by Jan King.

Services To Sport Edward Bear - Shooting ponsored by Scottish Club Sport

Lifetime Contribution to Sports Award John Wright - Bowling Sponsored by Tina Murphy

### Alloa Saints FC

2021-22 has been a year that has seen the club continue to go from strength to strength. The Club membership and volunteers have increased to over the 200 mark with players born in 2016,15,14,13,12,11,10,08 and 05. On the pitch the Club saw three of their development age groups all being promoted up a league during the season showing that hard work off and on the pitch was paying off.

The Club have also started an initiative to bring on the new coaches with a foundation section bringing together new young trainee coaches form our 2005 age group and players that are just starting off in their footballing journey including a new 2017 age group.

This year has also seen the Club continue and expand on it's relationship with Clackmannanshire County Cricket Club for training and playing of league games.

Away from the football the Club have been working in the community promoting the work of CHSS and also raising funds to help buy defibrillators for teams and put in a public access defibrillator at the Arns Cricket ground. This work will also continue over the coming months as they look set to train up club members and parents on life saving CPR training.

This coming year will see the Club continue to grow and also bring together the biggest youth football festival in the wee county that it has ever had with over 1500 players plus parents and coaches.

The Club are indebted to the support of Clackmannanshire Sports Council for the grant they received assisting with development of the foundation section







### CR Cats

2021 continued to be very challenging. COVID-19 restrictions of some form were still in place for much of the year, affecting regular training sessions. It has been a major achievement just to keep the club running and continue to build interest in the sport. Competitions needed additional risk assessments and mitigations to enable them to run e.g. with virtual prize-givings and WhatsApp groups to relay results rather than the usual gatherings around noticeboards. However, as an outdoors sport, we were undoubtedly far less affected than many other sports clubs and were still able to offer several competitions and find ways to engage new paddlers.

#### **Participation**

Our Paddlepower and J1 classes restarted. Having been unable to offer taster sessions or summer camps in 2020 due to the pandemic, the club was keen to have a big push on these in 2021. Our coaches delivered a hugely successful series for new paddlers aged 9+, as well as additional Guide and Scout sessions, supported by our newly qualified paddlesport instructors and existing club paddlers. Overall we were able to introduce more than 125 children to the sport for the first time. The children had lots of fun learning how to stay upright in their boats and practising basic paddle strokes to allow them to navigate a simple course. Our more experienced paddlers also enjoyed river trips to Stanley, coaching days at Grandtully and camps at the Holme Pierrepont National Water Sports Centre in Nottingham. In the autumn we were able to offer White Water Racing Development sessions at Lochore and on the Forth.

However, in line with clubs across the UK we have lost many paddlers, as they have decided after two years of COVID-19 restrictions and changes in racing that it is time to hang up their paddle... hopefully some will return. Lack of pool access for basic winter training through the cold winter months also continues to be a huge challenge. The Committee and coaching team are trying to find solutions for this.







#### **Enhancing Club Facilities**

We were able to use the time on our hands with pandemic restrictions to develop the club facilities at Alva – improving changing facilities, boat storage capacity, disabled access and outside social space protected from the elements. Members were able to work together outside when social distancing rules permitted. Unfortunately, high winds in November significantly damaged the new roof. We are thankful that nobody was hurt during that storm and repairs are in progress.





#### **Olympic Celebrations**

It was terrific for Club members to be able to gather safely socially (outside but under our new roof) to cheer on club member Bradley Forbes-Cryans in the summer Olympics. There was an added bonus of hearing a great shout out for the club from the BBC1 commentators, as well as mentions for our past Olympians and other Scottish slalom courses.

www.crcats.org



#### **Competition & Promotions**

There were some great results for the Club in the 2021 season.

The success of our paddlers at the annual Scottish Schools competition demonstrated our resilience and it was fantastic to see the Alva Academy team winning the secondary school trophy at this event. Building on our participation programme, it was amazing to see so many children enjoying their first slalom kayak experiences in Division 4 in the autumn. Despite the reduced number of races for all Divisions in the 2021 season, we were delighted to have one paddler promoted to Premier Division, two promoted to Division 1, four promoted to Division 2, and seven promoted to Division 3.

Four advanced club members were accepted into the SCA Squad.

### Dollar Glen FC

Over the past 12 months the club has continued to grow in numbers with 30 adult players now being registered along with 101 children who attend our Monday evening Dynamos sessions. The adult team is now evolving from a more "experienced" side to seeing younger players involved. There are currently plans to establish an over 35s side to allow these more "experienced" players (past and present) the opportunity to continue or return to playing for the club.

The plan to establish various teams from our children's section has begun to bare fruit with the establishment of 2x2014 Super 5s teams who play on a Saturday morning within the Fife Soccer 7s Association at Pitreavie, Dunfermline. We intend to enter a 2016s (Fun Fours) team in May to play within the same association. We also now have a 2012 team who play Soccer 7s within the Central Scotland Football Association.

There are other age groups that could be involved but unfortunately, we are finding it difficult to encourage volunteers to take charge of these age groups.

We are also in the early stages of trying to establish a woman's recreational team and walking football section.

All of this work will be recognised if we can raise our SFA Quality Mark from Bronze to Silver award.

The club is also involved with Dollar Community Development Trust with the Devon Way Sports Park project where work is ongoing to develop changing facilities adjacent to the towns new football pitch. Once developed this would not only give our expanding club a long-awaited base but also provide the opportunity for other groups to use the facility for their activities.

We have been involved in the community engagement process the information from which will assist a funding application to sportscotland. The aim is for DCDT to agree either a lease or take community ownership of the football pitch and land proposed for the changing facilities with Clackmannanshire Council. Once fully developed the club will work in partnership with the trust to maintain the facility.

### Muckhart Golf Club

We have had a busy year within Muckhart, with our overall membership currently at 782, which compromises of the following sections:

Juniors	131	U25	21
U30	30	U45	79
Full Membership	280	Seniors 75+	43
Veteran Member	31	Armed/Emergency	6
Country	27	9-hole	24
Get into Golf	40	Life	4
Honorary	4	Social	62

We were delighted to receive a grant which we could refurbish the clubhouse which is now a bright and welcoming environment for both members, visitors, and guests as a meeting point.

Back in March we applied and received a Micro-Grant from the Burnfoot Hill Community Fund. We removed our outdated sound system, which was not fit for purpose, installed a replacement, and incorporated reinstating our speakers throughout the clubhouse.

We can now offer the club and the wider community a relaxing atmosphere.

Throughout the winter months we hosted a local Bridge Group on Tuesday afternoons which was attended by both members and visitors. In addition, we were approached by a member and attendee of the Bridge Club and welcomed their local Art Club on Monday evenings, both of which have been well attended and will be returning in due course. As a community venue, we recent hosted the local curing club AGM.

Our operational staff attended the invaluable training for Defibrillator Training and are waiting for confirmation on available dates for First Aid Training.

Gillian Doig , our Vice Captain and I met with Fraser Reynolds and have discussed expanding our scope for the community and are looking forward to working closely with him and an increased use of the facilities.

#### Juniors

The junior section goes from strength to strength with membership now well over 100 members. The coaching programme is a major part of this and the funding received from Clacks Council is much appreciated and contributes greatly to securing quality PGA coaching.

The juniors play in the Scottish Golf sixes and flag events as well as taking part in skills and event challenges.

Out "top three" juniors Alex Turlik, Lewis Seath and Luke Volland continue to perform well and are looking forward to the season ahead

### Wee County Harriers

The past 12 months have been a busy time for the Wee County Harriers.

Starting 2021 with Covid restrictions the club encouraged it's members to take part in virtual training sessions and races, when restrictions lifted we were all delighted to get back to training with, and racing against, each other in person.

We successfully held two 12 week Couch to 10k courses with many of the graduates becoming regular runners and club members.





Our members' only track speed sessions were re-started with the opening once again of Lornshill Academy.

Four club members completed their Jog Leader (Leadership in Running Fitness) qualifications which greatly assisted the return to group training sessions.

Our annual August Cambus Quarter event went ahead and was a great success with runners coming from all over Scotland to take part. Unfortunately our annual Gartmorn 6 event, planned for March this year, had to be cancelled due to storm damage affecting trees and footbridges on the route.

The club recently took over Plean parkrun by providing most of the volunteer help for the event.

Members are once again taking part in external races, from parkruns, 5k, 10k & half marathon upwards to Ultra Marathon. We have also resumed our in-house club competitions for members to compete in, such as our Most Improved Runners League, Grand Prix of external events, Short Distance and Long Distance cups.

Senior section training is on Tuesday & Thursday evenings, 6.30-7.30pm. Please contact secretary@weecountyharriers.co.uk for more information.

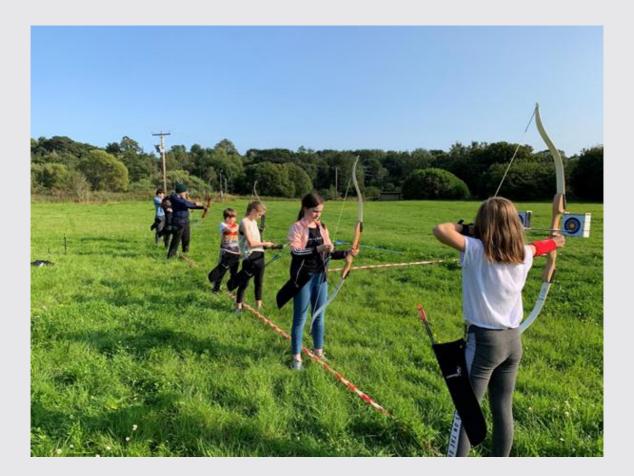
Our younger junior members actively take part in junior parkruns while some of the older ones take park in adult parkrun. They have competed in schools cross country and won awards for their efforts. The junior section meets on a Monday evening and they are taught run, jump, throw disciplines and encouraged to be the very best they can be, while still having fun.

Please contact junior.secretary@weecountyharriers.co.uk for more information. www.weecountyharriers.co.uk

### Wee County Archers

The past year has been a bit more successful with not as much disruption due to Covid-19. We have continued to deliver weekly coaching sessions indoors at Alva Academy for our soft archery participants and outdoors in partnership with CR Cats for our full archery members.

We have been very lucky to receive grant funding to increase our ability to attract new members through funding from the Burnside Windfarm fund for a storage container and Mental Health & Wellbeing funding to put 5 volunteers through their Instructors Awards. We are excited to have both of these grants supporting us over the next few months.



In the past year volunteers from the clubs have been heavily involved in supporting the Active Schools teams to deliver taster sessions to primary children as part of their cluster clubs and during the holiday periods and this has also seen movement from these sessions into the club as new members.

The club continues to thrive with brilliant volunteer coaches encouraging and supporting the attendees every week and we look forward to our Start Archery day on Sunday 22nd May where we hope to attract new members to the sport of archery.

### Wee County Vaulters

Wee County Vaulters have slowly returned to normal vaulting session this year however there is still a 20 minute gap between sessions to allow for cleaning of the equipment. Hopefully by the time this goes to press, sessions will be running at normal times.

Competitions started again in June with an international competition being held at Onley Equestrian Centre, Rugby. Although no vaulters from abroad were able to participate, it still allowed British vaulters to gain scores allowing them to participate at Championship level. A national competition was also held on the same weekend and the club was delighted to achieve several podium finishes.

The first competition in Scotland was held on the first weekend in July which unfortunately clashed with many members' summer holidays. Those who did take part were delighted to be able to compete again.

The Scottish Championships were held in September at the Scottish National Equestrian Centre, Ecclesmachan. Once again the club was delighted to have many Scottish Champions and were especially pleased when the Walk Squad placed first in the Novice/Pre-Novice category as this was the first time they had been able to compete in a squad class since March 2020. Several podium places were also achieved at the British Championships held at Bishop Burton in October. Eilidh Bennett became the Novice Individual Champion.

The club was also delighted when Mhairi Hume was selected to represent Great Britain in the Senior female Vaulting World Championships which were held in Budapest. Mhairi was the only representative from Great Britain to participate at the Championships and is now trying to gain scores to allow her to be selected for the World Championships in Herning.

With the difficulty in trying to bring in judges from abroad, British Equestrian Vaulting has had to rely heavily on British judges and especially those connected with Wee County. Andrew McLachlan, Joanne Littlejohn and John Eccles have been involved in judging at all the British competitions with the latter two having to alternate been judging and lunging the horses. Andrew and Joanne have now been upgraded to full BEV national judges.

The club also relies heavily on its volunteers and is especially indebted to all those who lunge the horses at club nights and competition; also to all the parents who help out when required. However without the horses there would be no club and we are very lucky to have four very good horses.

Thanks must once again go to the Sports Council for its support over the past year and also to Clackmannanshire Council for its Get into Summer funding initiative.



# Benefits to Joining the Sports Council

Grant funding available for:

Starting up new sports clubs Develop existing sports clubs Encourage participation in sport Support to deliver events Support to develop coaches.

Financial assistance with first aid and child protection course for coaches.

Savings on trophies and engraving from Stirling Watch and Clock Jewellers in Alva.

If you are interested in joining the Sports Council please contact the Secretary on:

tel: 01259 452334 mobile: 07812 607 425 e-mail: kcook@clacks.gov.uk

