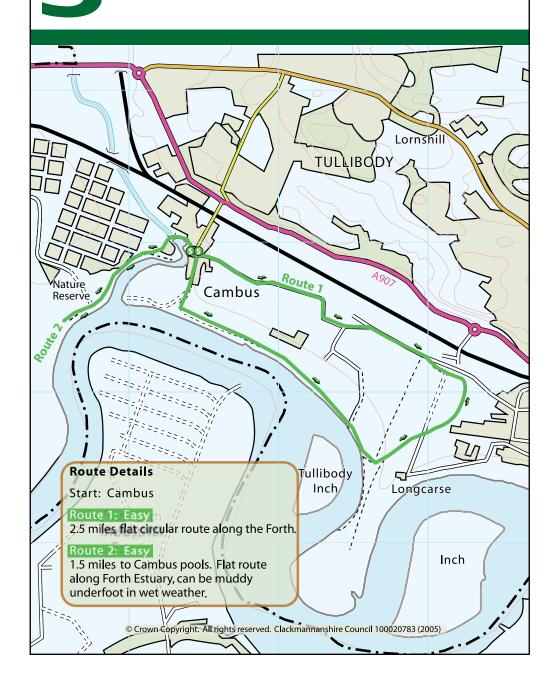
WALK Cambus to the Forth

A flat trail with access along the Forth Estuary and views to Tullibody and Alloa Inches





The trails in Cambus provide a rare opportunity to view the Forth and see grey seals. About two-thirds of greys seals' time is spent at sea where they hunt and feed. Sand eels and cod are their



most important foods, but grey seals are opportunistic feeders and probably take whatever fish are most abundant.



The peacock butterfly is very colourful with brilliant eyespots, hence its name! From late summer it can be found in the shelter of woodland clearings, ridges, and gardens. Their main food plant is common nettle.

Shelducks can be seen throughout the year along the Forth Estuary. These birds nest in old rabbit burrows near to the coast and they winter on the Estuary where they feed on invertebrates like aquatic snails.

