

Sports Training Courses

2017-2018



**Clackmannanshire
Council**

www.clacksweb.org.uk



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Contents

General and Generic Courses _____	2
Gymnastics & Trampoline / Floor & Vault _____	5
Early Years Active Start _____	6
Football Courses _____	7
Rugby Courses _____	10
Courses For Young People _____	14
Sport Specific Courses _____	17
Dodgeball _____	17
Badminton _____	18
Netball _____	18
Soft Archery _____	19
List of Courses by Date _____	22
Contact Details _____	24
Booking Form _____	25
Booking Terms and Conditions _____	26

Introduction

Clackmannanshire Council's Sports Development department work in close partnership with a range of external organisations to ensure they are able to support and develop coaches at all levels.

This booklet offers a wide range of courses for those looking to start coaching, experienced coaches and volunteers wishing to assist local clubs.

All course tutors are fully qualified, experienced and dedicated to make you become a confident coach. There may be opportunities to put your new knowledge and skills into action, if you are interested please contact Sports Development on 01259 452350.

What are the benefits of attending a course?

- Gain confidence
- Updating and obtaining new skills
- Increasing knowledge
- Continued Personal Development (CPD)
- Improve existing qualifications
- Encourage positive behaviour
- Understanding your role as a coach
- Potential employment

To book a course, please see individual courses for enrolment details.

There are several sources of funding available for the enclosed courses; Clackmannanshire Sports Council, Individual Learning Account, Awards For All and a number of other grant aid bodies.

If you are interested in a particular course that does not appear in the booklet, please contact Sports Development on 01259 452350 as additional courses can be run if there is a demand.

General Courses

All the following courses are organised by Clackmannanshire Council's Sports Development Team.

Sports Coach UK Safeguarding and Protecting Children 1

This course is essential for all coaches to attend. Coaches will be made aware of issues that can arise whilst coaching children. The information coaches receive in this 3 hour course will raise their awareness of child protection issues.

Course	Venue	Date	Minimum Age	Time	Cost
Sports Coach UK Safeguarding and Protecting Children	Lornshill Academy PE Classroom	Monday 9th October 2017	16	6pm-9pm	£25
Sports Coach UK Safeguarding and Protecting Children	Lornshill Academy PE Classroom	Tuesday 20th March 2018	16	6pm-9pm	£25

Sports Coach UK Safeguarding and Protecting Children Level 2 – Reflection on Practice

This course encourages all candidates to share best practice through a variety of scenarios and reflect upon any experiences. This course is a progression from the SPC Level 1 which candidates must have already attended and completed before booking onto this course.

Course	Venue	Date	Minimum Age	Time	Cost
Sports Coach UK Safeguarding and Protecting Children 2	Lornshill Academy PE Classroom	Monday 28th August 2017	16	6pm-9pm	£25

Supporting Coaches Workshop

This workshop is designed to help clubs recruit, develop and retain coaches more effectively. It gives the opportunity to share good practice with others and pick up new ideas. This workshop is aimed for Club Leaders, Coach Managers and Head Coaches.

Course	Venue	Date	Minimum Age	Time	Cost
Supporting Coaches Workshop	Lornshill Academy PE Classroom	Wednesday 22nd November 2017	16	6.00pm-9.00pm	Free

Emergency First Aid

This course is designed to provide basic first aid instruction for coaches / volunteers who have been appointed in charge of first aid. Successful participants are awarded the St Andrews Ambulance Association approved HSE Certificate which is valid for 3 years.

The course will cover burns, choking, fractures, poisons, resuscitation and unconsciousness.

Course	Venue	Date	Minimum Age	Time	Cost
Emergency First Aid	Lornshill Academy PE Classroom	Wednesday 11th October 2017	16	5.30pm-9.30pm	£50
Emergency First Aid	Lornshill Academy PE Classroom	Wednesday 25th April 2018	16	5.30pm-9.30pm	£50

Sports First Aid

This course is the most comprehensive Sports First Aid course in the UK and is a must for everyone who is involved in sport and fitness.

This course is necessary for clubs to receive approved registration and affiliation with the SWF and SYFA.

The course covers all aspects of general first aid in a sport and health environment as well as the rehabilitation of athletes and fitness participants. The candidates will learn emergency first aid and also advanced aid for individuals suffering from sporting injuries. The course will cover injury prevention as well as insight into injury management.

Course	Venue	Date	Minimum Age	Time	Cost
Sports First Aid	Lornshill Academy PE Classroom	Sunday's 4th and 11th February 2018	16	9.30am-4pm	£60

BASP First Aid Course (Snowsport)

This course is suitable for outdoor activity enthusiasts and professionals; acceptable for all National Governing Body Awards and qualifications, for anyone working in a remote environment or if you prefer a practical course with scenarios to aid learning. The 2 days are interspersed with indoor and outdoor practical first aid. The course will include understanding the role of the first aider, accident procedure, infection avoidance, casualty assessment and casualty and incident management, dealing with an unconscious casualty, recovery position, AED, spinal & head injuries, wounds and bleeding, shock, choking, medical emergencies (e.g. heart attack, asthma, diabetes, seizures, stroke, anaphylaxis, epilepsy), burns and scalds, injuries to bones, muscles and joints, fractures, minor injuries and other trauma often found in the remote outdoor environment, tick borne infection, environmental injuries like hypothermia, hyperthermia and drowning and finally first aid kit contents relevant to your situation.

Course	Venue	Date	Minimum Age	Time	Cost
BASP First Aid Course	Firpark Ski Centre	TBC June 2018	16	9am-5pm	£100



Would you like the opportunity to work and develop your existing skills to help and support young people with additional support needs?

We are looking for enthusiastic young people to help them gain knowledge in good practice within our sports classes. We will help you learn different ways to communicate and show how adapting the way we deliver a sport or skill can enhance everybody's learning and create happy and confident individuals.

CONTACT: Jackie Perez, Active Schools Inclusion Officer
email: jperez@clacks.gov.uk
telephone: 01259 452340

Gymnastics Judges Course

This course will qualify you to judge floor and vault competitions at club, school and county level. Floor and vault competitions are fun competitions to judge. Participants perform a variety of exciting cartwheels, rolls, balances and vaults. Throughout the course you will develop the skills necessary to score routines correctly. You will learn the importance of judging, judging procedure and getting the score right. This is the ideal starting point to set you on the pathway to becoming a great judge.

Course	Venue	Date	Minimum Age	Time	Cost
Floor and Vault Judging Course	Lornhill Academy	Saturday 28th October 2017	14	9am-6pm	£55

UKCC Level 1 Trampoline / Floor & Vault

The UKCC Level 1 structure will be delivered over 2 days from 9am until 5pm (14 hours), with the first day covering the generic component of the course and the following day, covering all practical delivery. There will be an exam date, around 3 months after the course to allow time for mentoring to take place and for the candidates to complete all the tasks within their logbooks. Applicants must be 16 years of age at the start of the course. Must attend both days. Members discount available

Course	Venue	Date	Minimum Age	Time	Cost
UKCC Level 1 Trampoline	Tayside and Fife	Tuesday 8th and Wednesday 9th August 2017	16	9am-5pm	£350*
UKCC Level 1 Floor and Vault (general) Gymnastics Coach	Broadwood Gymnastics Academy	Tuesday 17th and Wednesday 18th October 2017	16	9am-5pm	£350*

Bookings for the above courses must be made online with Scottish Gymnastics: <https://www.scottishgymnastics.org/education-find-course>

Early Years Active Start

Active Start training is open to all nursery staff, child minders, toddler group staff, parents, play leaders, volunteers anyone else who is interested in coaching children under 5 years old. Training is provided on how to deliver the content of the 40 week programme which is delivered to all nursery age children in Clackmannanshire. It will also show how this programme relates to the experiences and outcomes of the Curriculum for Excellence.

Course	Venue	Date	Minimum Age	Time	Cost
Early Years Active Start	Redwell PS	Friday 24th November 2017	16	1.30-3.30pm	£25

Start to Play

The Start to Play programme is made up of an innovative bag of equipment, a series of story books and activity cards to engage young children in physical activity and play. It is a nationally recognised certificated training produced by the Youth Sport Trust. This training is ideal for Early Years Educators (particularly those working with under 3s), support assistants, HNC students, parents, volunteers, young leaders, childminders and anyone working with or interested in the Under 5s age group.

Course	Venue	Date	Minimum Age	Time	Cost
Start to Play	Redwell PS	Friday 24th November 2017	16	9am-12noon	£25
Start to Play	Redwell PS	Monday 12th February 2018	16	9am-12noon	£25

Bespoke training in either Active Start or Start to Play can be delivered anytime during the year to suit your requirements. Contact Jackie Stevenson on 01259 452341 or email jstevenson@clacks.gov.uk to discuss further.

Play On Pedals

This training is specifically for Early Years Educators, including supply staff, within state or partnership nurseries within Clackmannanshire. Funding has been allocated from Cycling Scotland for this. This training will enable you to deliver a programme to nursery children within your establishment using balance bikes and progressing towards riding a pedal bike.

Course	Venue	Date	Minimum Age	Time	Cost
Play On pedals - Course 1	Clackmannan PS	Friday 25th August 2017	n/a	8.45am-3.30pm	Free
Play On pedals - Course 2	Clackmannan PS	Friday 12th January 2018	n/a	8.45am-3.30pm	Free

Football

Children's Pathway 1.1 - Early Touches

This 6 hour course is open to all interested parties aged 16 years and over, experienced or otherwise, who work with children of primary school age. In addition to delivering new content, the course will assist coaches to develop their coaching technique, focus on skill development and will explore the best age specific activities for developing young players.



Course	Venue	Date	Minimum Age	Time	Cost
Early Touches	Lornshill Academy	Tuesday 10th October and Thursday 12th October 2017	16	6pm-9pm (both nights)	£45 *
Early Touches	Lornshill Academy	Sunday 6th May 2018	16	10am-4pm	£45*

Main Pathway 1.1 - Development Activities

This 6 hour course comprises of practical content and is open to anyone working in the 12 - 18 years age range. Content will focus on the 11 a-side game and how to effectively coach players in relation to it.

Course	Venue	Date	Minimum Age	Time	Cost
Development Activities	Lornshill Academy	Sunday 27th May 2018	16	10am-4pm	£45*

Children's Pathway 1.2 - Coaching Young Footballers

This 12 hour course is designed to assist coaches with planning, preparation, organisation, and evaluation of their coaching sessions. It focuses on coach style and the use of differentiation, ie provision of practices to suit the wide range of abilities with the primary school age group.

Note: Applicants must hold the Level 1.1 Early Touches

Course	Venue	Date	Minimum Age	Time	Cost
Coaching Young Footballers	Lornshill Academy	Saturday 14th and Sunday 15th October 2017	16	10am-4pm	£60*
Coaching Young Footballers	Lornshill Academy	Sunday's 17th and 24th June 2018	16	10am-4pm	£60*

* Quality Mark discount available

Main Pathway 1.2 - Coaching Footballers 13+

This 12 hour course is designed to assist coaches with planning, preparation, organisation and evaluation of their coaching sessions. The course will focus on coaching style and the use of differentiation, ie provision of practices to suit the wide range of abilities with the secondary school age group to the adult group. This approach is applied to different themes such as passing, dribbling, shooting etc.

Note: Applicants must hold the Level 1.1 Development Activities

Course	Venue	Date	Minimum Age	Time	Cost
Coaching Footballers 13+	Lornhill Academy	Sunday's 24th September and 1st October 2017	16	10am-4pm	£60*

Children's / Main Pathway 1.3 - Coaching in the Game

This 12 hour Coaching in the Game course considers the knowledge and understanding required to help players appreciate concepts such as width, depth and support within the small sided game and can be applied to the children's, youth and adult game. The course is largely practical in nature and prospective coaches are required to demonstrate the ability to coach basic strategies to players. *NB. Applicants must hold either Level 1.1 Early Touches and 1.2 Coaching Young Footballers certificates (Children's Pathway) or Level 1.1 Development Activities and 1.2 Coaching Footballers 13+ certificates (Main Pathway).

Course	Venue	Date	Minimum Age	Time	Cost
Coaching in the Game	Lornhill Academy	Sunday 27th August & 3rd September 2017	16	10am-4pm	£60*



* Quality Mark discount available

Interested in
volunteering with
Clackmannanshire Sports
Development?
Contact 01259 452350 or
sportsdevelopment@clacks.gov.uk
for more information and
to get involved.



Coaching Footballers with Disabilities

This 6 hour course is open to all interested parties aged 16 and over, experienced or otherwise, who work with, or have an interest in working with, footballers with disabilities. Using practical and workshop teaching methods the course is designed to give coaches an insight into best practice when delivering coaching sessions to groups of players with a wide range of abilities and disabilities.

Course	Venue	Date	Minimum Age	Time	Cost
Coaching Footballers with Disabilities	Grove Academy, Dundee DD5 1AB	Sunday 30th July 2017	16	9am-3pm	£54*
Coaching Footballers with Disabilities	Oriam, Edinburgh EH14 4AS	Sunday 12th November 2017	16	9am-3pm	£54*

Goalkeeper Pathway - Goalkeeping Level 1

This 6 hour course is designed to assist coaches who work with goalkeepers from children to adults and is the first level in the Goalkeeper pathway.

For more information and to book applicants must contact Scott Kinross at Active Stirling at kinross@activestirling.org.uk or 0300 0280101

Course	Venue	Date	Minimum Age	Time	Cost
Goalkeeping Level 1	Forthbank Stadium Stirling, FK7 7UJ	Sunday 1st October 2017	16	9am-3pm	£45**

* Booking and payment to be made directly via the Scottish FA website

** Quality Mark discount available

Rugby Union

National Minimum Standards-RugbyRight

Scottish Rugby Coach Development Department has launched its new online training course, RugbyRight. This focuses on developing player welfare and safe coaching principles.

The course will place a strong emphasis on concussion management, anti-doping and safe contact techniques. A law application update, which focuses on clarifications for season 2017/18, is also included. The course outline is:

- Module 1 – Player Welfare
- Module 2 – Safe Coaching Practice
- Module 3 – Law Update

The online course has been created on an **Online Resource Hub**, which every coach in Scotland will have access to using the access code **RR17-18**; <http://www.scottishrugby.org/rugbyright>.

Recognised Qualifications-UKCC

In order to improve the quality and quantity of Scotland's rugby players, Scottish Rugby aims to provide a clear pathway for coach development. This will support member clubs and schools in their recruitment and development of coaches.

To achieve this, we run a range of coaching qualification courses (UKCC endorsed) appropriate to the age and stage of the players you coach. Through our courses, you'll learn not only what to coach but how to coach it, all appropriate to the age and stage of your players. You will learn from your fellow coaches on the course as well as receive support from our coach educators as they take you through the syllabus. Please follow the link below for opportunities in your region; <http://www.scottishrugby.org/coaching-qualifications>



RugbyRight

Our aim is to ensure that coaches with the right skills, knowledge and attributes are developed and deployed at every age and stage of a player's development. Getting the right coaches with the right ethos and training at the right time is paramount to ensure that players' needs are met. This is in line with sportscotland's Coaching Scotland Strategy and the UK Coaching Framework.



Rugby Union

Course	Venue	Date	Minimum Age	Time	Cost
UKCC Level 1; Coaching Children Rugby Union	Lornhill Academy	Saturday 7th and Sunday 8th October 2017	16	9am-5pm	£65/£200*
UKCC Level 2; Coaching the 15 a-side-game	Perthshire RFC	Sunday 6th, Saturday 12th & Sunday 13th August 2017	16	9am-5pm	£80/£350*
UKCC Level 1; Coaching Children Rugby Union	Perthshire RFC	Monday 8th, Monday 15th, Sunday 21st January 2018	16	6pm-9pm 6pm-9pm 9am-5pm	£65/£200*
UKCC Level 2; Coaching the 15 a-side-game	Stirling University	Sunday 22nd, Saturday 28th & Sunday 29th April 2018	16	9am-5pm	£80/£350*

* Booking and payment to be made directly via the Scottish Rugby website

Clackmannanshire Sports Council offer help and support to any constituted sports club based in Clackmannanshire. Affiliation to the Sports Council is only £35 per year and this allows you to apply for one of the available grants listed :-

- Start up grant - Start up a new sports club
- Development grant - Improve and develop existing sports clubs
- Open door grant - Encourage participation in sport
- Event support grant - Support a club delivering an event in Clackmannanshire
- Coach education - Promote the development of coaching within a club

Clubs can also apply for help to get coaches trained in first aid or child protection courses. Information on these courses is available in this booklet.

If you would like to join the Sports Council please contact the Secretary on 01259 452334 or e-mail kcook@clacks.gov.uk



Clackmannanshire
Sports Council

Continuous Personal Development (CPD)- Workshops & Conferences

Scottish Rugby offer a wide range of CPD opportunities FREE of charge to school and club coaches who deliver Rugby within their environments, please book onto these opportunities by applying at <http://www.scottishrugby.org/cpd-workshops-and-conferences>

Course	Venue	Date	Minimum Age	Time	Cost
P4/5 'Developing the rugby basics' Attack + P6/7' Learning to play rugby' Attack & Breakdown	Stirling County RFC	Monday 14th August 2017	16	6.30-9pm	FREE
S1 - U16 Foundation Attack 'Attacking Space' Round 1 – Workshop 1	Lornhill Academy	Wednesday 30th August 2017	16	7-9pm	FREE
S1 - U16 Foundation Attack 'Attacking Space' Round 1 – Workshop 2	Lornhill Academy	Wednesday 27th September, 2017	16	7-9pm	FREE
S1 - U16 Foundation Defence 'Individual Defence'	Dunfermline RFC	Monday 16th October 2017	16	6.30-9pm	FREE
S1 - U16 Foundation Set-piece 'Restarting the Game' + U18 - Adult Developing the Scrum 'Creating an attacking platform' 2017	Stirling County RFC	Monday 20th November 2017	16	6.30-9pm	FREE
U18 – Adult - Developing Attack	Forthbank Stadium	Monday 21st August 2017	16	7-9pm	FREE
U18 – Adult – Developing Team Defence	Forthbank Stadium	Monday 30th October 2017	16	7-9pm	FREE
U18 - Adult Developing the Lineout 'Creating an attacking platform'	Grangemouth RFC	Monday 11th December 2017	16	6.30-9pm	FREE
World Rugby First Aid in Rugby	Stirling County RFC	Sunday 15th October 2017	16	9am-5pm	FREE
Referee Level 1	Alva Academy	Thursday 23rd November 2017	16	9am-5pm	FREE

Online Interactive Learning-Training Hub

In partnership with Captured HQ, Scottish Rugby Coach Development have created an interactive online platform to view and engage with the following resources:

- Coach Development
- Strength & Conditioning
- Match Official Development

Over 200 videos grouped by age and stage of player are available and can be viewed via website, Apple iOS app or any internet enabled mobile device (iPhone or iPad). Coaches/ match officials can create their own books/pages of information and share their books/pages with other users.

How to sign up to the Training Hub

If you are a coach or match official operating in Scotland, you get free access to the Scottish Rugby Training Hub. Contact your local Rugby Development Officer or Club Coach Coordinator for the training hub key (access code). This is not available to those operating outside of Scotland. Sign up at this link: <http://www.scottishrugby.org/domestic-rugby/match-officials/training-hub>

World Rugby

The world governing body of Rugby has its own coach education aimed at emerging country's; however its online learning is a very useful tool. Get your gateway to the training and education web site, provided by World Rugby, by registering for the World Rugby Passport. This gets you access to online accreditation on a range of topics from Law education to physical preparation; <http://passport.worldrugby.org/>

Main World Rugby Passport Sites:

- Strength & Conditioning
- Laws of the Game
- RugbyReady



Courses For Young People

Women, Get Set, Go!

Women, Get Set, Go! is a personal development programme that has been specifically designed for women and girls (14 years and over). It encourages females to enter into community leisure leadership positions, and to develop their involvement both for their own benefit and for the benefit of the community in general.

The course encourages women and girls to communicate with confidence, value their own skills, understand how the world of sport and leadership works, and to develop a personal action plan for their future involvement in sports leadership.

- Recommended age: Women and girls aged 14+
- Course length: 15 hours (approximately)
- Price: Free

Assessment: There is no formal assessment.

* Bespoke training will be set up in each secondary school – please speak to your Active Schools Co-ordinator if you are interested.

Course	Venue	Date	Minimum Age	Time	Cost
Women, Get Set, Go!	Lornshell, Alva and Alloa Academy's	* Various	14	* Various	Free

Sign Sharing - Makaton

This is an introductory course suitable for coaches and young leaders working with young people with additional needs. The course will be delivered by a Speech and Language Therapist and will provide you with the practical experience in learning Makaton signs. The course will be tailored to individuals to support communication within their classes.

Course	Venue	Date	Minimum Age	Time	Cost
Sign Sharing	Lornshell Academy	Wednesday 11th October 2017	14	3.30pm-4.30pm	Free
Sign Sharing	Alva Academy, Conference Room	Wednesday 31st January 2018	14	3.30pm-4.30pm	Free

Introduction to Developing Multi Skills in Sport Workshop

This workshop has been developed by sportscotland to provide a development opportunity for coaches, volunteers and leaders working with children. Those pupils that have attended the Sports Leader Level 5 course would benefit from attending this course. The workshop has been designed to provide candidates with:

- An understanding of key principles that influence all-round development of the basic movement skills and physical literacy.
- An understanding of a holistic approach to child development and the development of the whole child through sport
- An understanding of how to develop basic multi-skills.

Course	Venue	Date	Minimum Age	Time	Cost
Introduction to Developing Multi Skills in Sport Workshop	Lornshill Academy	Thursday 12th October 2017	14	9.30am-12.30pm	Free

Sports Inclusion Training

This 2 hour course will help you gain knowledge and experience of how to adapt and include children with additional support needs with a focus on Boccia, Fun In Athletics and Tri-Golf. Candidates can then gain practical experience by helping at the ASN Boccia Festival in November and the Fun In Athletics Festival in January.

Course	Venue	Date	Minimum Age	Time	Cost
Sport Inclusion Training	Alloa Academy	Wednesday 8th November 2017	13	4pm-6pm	Free

Make It Happen - Basketball

The Make It Happen course will provide a basic knowledge of basketball through coaching and officiating to senior school pupils and anyone who is looking to learn more about the sport. It is the first course on both our coaching and officiating pathways to guide participants in how to effectively coach and officiate basketball.

Course	Venue	Date	Minimum Age	Time	Cost
Make It Happen - Basketball	Lornshill Academy	Wednesday 11th October 2017	14	9am-5pm	£35

SCQF Level 4 Qualification in Sports Leadership

This newly revised course from Sports Leaders UK is open to anyone aged 12+. The course consists of a mixture of theory and practical sessions to allow the candidates to develop their understanding of leadership and delivery styles. The course earns 5 SCQF credits. Candidates are required to complete 1 hour of volunteering in a sports environment on completion of the course.

Course	Venue	Date	Minimum Age	Time	Cost
SCQF Level 4 Qualification in Sports Leadership	Lornshill Academy PE Department	Tuesday 3rd to Friday 6th April 2018	12	9.30am-4.30pm	£40

SCQF Level 5 Qualification in Sports Leadership

This newly revised qualification from Sports Leader UK is open to anyone aged 13+. The course consists of a mixture of both theory and practical sessions developing not only the candidates organisation and communication skills, but also their mentoring skills.

This course also earns 7 SCQF credits.

Candidates do not have to have completed Level 4 before attending Level 5

Course	Venue	Date	Minimum Age	Time	Cost
SCQF Level 5 Qualification in Sports Leadership	Lornshill Academy PE Department	Monday 2nd to Friday 6th July 2018	13	9am-5pm	£50

Tennis Leaders

The tennis leaders course is aimed at 13 years plus. The content is suitable for older juniors just starting out on their tennis career pathway, right through to adult volunteers looking to support their local coach, referee or club official.

Core Module: Introduction to tennis (3 hours)

Learn the basics of tennis and understand how variations of the game are used to introduce all ages and abilities to the sport. Learn communication and organisational skills and some key on court drills.

Course	Venue	Date	Minimum Age	Time	Cost
Tennis Leaders	Lornshill Academy PE Department	Monday 12th February 2018	13	9am-12noon	£30

UK Dodgeball Association Level 1 Award

Suitable for anybody leading a group session. This could be a teacher, youth worker, coach, student, parent, community worker or volunteer. As well as supporting individual development the course has a focus on inclusion and the physical, mental, social and community wellbeing.

Course	Venue	Date	Minimum Age	Time	Cost
UKDBA Level 1 Award	Lornshill Academy	Friday 13th October 2017	16	1pm-5pm	£40

Dodgeball Leaders Award

The Dodgeball Leadership Award puts basic leadership skills such as communication and organisation into a sports specific context, with the aim of training young people so that they can lead others in the sport of Dodgeball.

Course	Venue	Date	Minimum Age	Time	Cost
Dodgeball Leaders Award	Lornshill Academy	Friday 13th October 2017	12	9am-12 noon	£25

Dodgeball Junior Referees Award

The Junior Referee Award is aimed at those with limited experience of the sport working in a school or club setting. The course will give candidates knowledge and understanding of the basic rules, regulations, roles and responsibilities, adaptations for younger participants and an introduction into basic refereeing skills.

Course	Venue	Date	Minimum Age	Time	Cost
Dodgeball Junior Referees Award	Lornshill Academy	Friday 13th October 2017	14	6.30pm-8.30pm	£15

Badminton Basics

Badminton Basics is a 6 hour course geared towards coaches with little or no badminton experience. It focuses on fun games for beginners, allowing participants to lead sessions at schools and assist more experienced coaches at clubs. Candidates receive a certificate of attendance and a pack.

Course	Venue	Date	Minimum Age	Time	Cost
Badminton Basics	Lornhill Academy	Monday 9th October 2017	14	10am-4pm	£20

Badminton Young Sports Leaders Education Course

As part of Badminton Scotland's Legacy Plan around their hosting of the 2017 World Badminton Championships a new training course for Sports Leaders has been designed. Clackmannanshire Council will be running 'Big Hit' festivals this year with the on-court activities being led by volunteer sports leaders. Badminton Scotland will deliver FREE training to pupils from our local secondary schools – these sports leaders will be 14-18 years old and will have undergone a 6 hour training course delivered by a Badminton Scotland tutor. The training course will incorporate elements of coaching, officiating and competition organising skills.

Course	Venue	Date	Minimum Age	Time	Cost
Badminton Young Sports Leaders Education Course	Lornhill Academy	Tuesday 10th October 2017	14	9am-4pm	£10

Netball Leaders Course

This course is designed to assist Senior Pupils and Community Leaders to organise safe, enjoyable and purposeful development activities for primary school aged children.

Course	Venue	Date	Minimum Age	Time	Cost
Netball Leaders Course	Lornhill Academy	Thursday 12th October 2017	14	4pm-6pm	Free

Soft Archery Leaders Award

Soft Archery has been created for primary schools to introduce young children to archery in a fun and safe way. It has been designed to be delivered by teachers and sports leaders who have no formal archery experience or qualification. The aim is to introduce archery concepts and skills through fun activities rather than technical instruction. The activities enable you to use archery as a way of encouraging learning in other areas; for example, maths through scoring, literacy through language, and citizenship through cooperation and self-discipline

Course	Venue	Date	Minimum Age	Time	Cost
Soft Archery Leaders Award	Lornshill Academy	Thursday 12th October 2017	16	1.30-3.30pm	Free
Soft Archery Leaders Award	Redwell PS	Thursday 25th January 2018	16	3.30-5.30pm	Free

ILA Account

Claim your £200 towards learning something new

ILA Scotland is a Scottish Government scheme that helps you pay for learning that you can do at a time, place, pace and in a way to suit you. It's for people who have an income of £22,000 a year or less, or who are on benefits.

If you are 16 or over and living in Scotland, you could get up to £200 towards the cost of learning with a learner account from ILA Scotland.

You can use the whole £200 towards the cost of a single course or you can use it to pay for several short courses during the year.

Find out more today.

Give ILA Scotland a call and one of their advisers can tell you more about how to apply. For an application pack and to find out more call free on:

0800 917 8000 quoting reference ILAGL

or visit www.ilascotland.org.uk or contact Kate Smith at Clackmannan Training & Learning Centre.

Tel. 01259 225191.

Community sport hubs provide a home for sport.

They bring together sport clubs and key local partners who want to develop and grow the sporting offering in the community.

They focus on sustainable, community-led approaches that get clubs working together to develop welcoming, safe and fun environments for sport.

Community sport hubs are Lottery-funded and are one of Sportscotland's key programmes which contribute to Legacy and supports local sport clubs to play their part in a world class sporting system.

A community sport hub is focused on the clubs around a Sport Centre, Community Centre, School, and Park or a Playing field pavilion. In some cases a community sport hub combines a number of these places, or it may simple Centre on a single-venue hosting many clubs. The 'hub' is essentially a collective of progressive sport clubs working together in a local community.

Clackmannanshire currently has three Community Sport Hubs. These are located in each of the three secondary schools at Alloa Academy, Alva Academy and Lornshill Academy.





What's going on at your local sports hub?

■ Lornshill Campus
 ■ Alva Campus
 ■ Alloa Campus



■ Alloa Ballet Company



■ Tullibody Community FC / Sauchie Amateurs FC
■ Hillfoots Community FC
■ Alloa Saints Football Club



■ Alloa Rugby Football Club
■ Hillfoots Rugby Football Club



■ Braehead Golf Club
■ Muckhart Golf Club



■ Bannockburn Bowmen



■ Right On Target (Boccia)



■ Hillfoots Gymnastics Club



■ Wee County Harriers



■ CR Cats



■ Tullibody Wrestling Club



■ Patons Bowling Club
■ Muckhart Golf Club
■ Alloa Coop Bowling Club
■ Alloa East-End Bowling Club



■ Fir Park Ski Centre



■ Alva Shotokan Karate Club
■ Judo Club Esprit



■ Clackmannan County Cricket Club



■ Alloa & District Rifle Club

List of Courses by date

Date	Course	Page
30th July '17	Coaching Footballers with Disabilities	9
8th + 9th Aug '17	UKCC Level 1 Trampolineing	5
6th, 12th + 13th Aug '17	UKCC Level 2: Coaching The 15-a-side Game	11
14th Aug '17	P4/5 'Developing the rugby basics' Attack + P6/7 'Learning to play rugby' Attack & Breakdown	12
21st Aug '17	Rugby - U18 - Adult - Developing Attack	12
25th Aug '17	Cycle Trainer Assistant	6
27th Aug + 3rd Sep '17	Coaching In The Game	8
28th Aug '17	Safeguarding & Protecting Children L2	2
30th Aug '17	Rugby - S1 - U16 Foundation Attack 'Attacking Space' Round 1 - Workshop 1	12
Various	Women, Get Set, Go!	14
20th Sep '16	Early Years Active Start	6
20, 27th Sep '16	UK Disability Autism Inclusion Training	4
24th Sep + 1st Oct '17	Coaching Footballers 13+	8
27th Sep '17	S1 - U16 Foundation Attack 'Attacking Space' Round 1 - Workshop 2	12
1st Oct '17	Goalkeeping Level 1	9

Date	Course	Page
7th + 8th Oct '17	UKCC level 1: Coaching Children Rugby Union	11
9th Oct '17	Sports Coach UK Safeguarding and Protecting Children	2
9th Oct '17	Badminton Basics	18
10th Oct '17	Badminton Young Sports Leaders Education Course	18
10th + 12th Oct '17	Football - 1.1 Early Touches	7
11th Oct '17	Emergency First Aid	3
11th Oct '17	Sign Sharing (Makaton)	14
11th Oct '17	Make It Happen - Basketball	15
12th Oct '17	Netball leaders Course	18
12th Oct '17	Introduction to Developing Multi Skills In Sport - Workshop	15
12th Oct '17	Soft Archery Leaders Award	19
13th Oct '17	Dodgeball - UKDBA Level 1 Award	17
13th Oct '17	Dodgeball Leaders Award	17
13th Oct '17	Dodgeball Junior Referees Award	17
14 + 15th Oct '17	Coaching Young Footballers	7
15th Oct '17	World Rugby - First Aid In Rugby	12

List of Courses by Date continued

Date	Course	Page
16th Oct '17	Rugby - S1 - U16 Foundation Defence 'Individual Defence'	12
17th + 18th Oct '17	UKCC Level 1 Floor and Vault Gymnastics Course	5
28th Oct -17	Gymnastic Judges Course	5
30th Oct '17	Rugby - U18 - Adult - Developing Team Defence	12
8th Nov '17	Sports Inclusion Training	15
12th Nov '17	Coaching Footballers with Disabilities	9
20th Nov '17	Rugby - S1 - U16 Foundation Set-piece 'restarting the game' + U18 - Adult Developing the scrum 'Creating an attacking platform' 2017	12
22nd Nov '17	Supporting Coaches Workshop	3
23rd Nov '17	Rugby - Referee - Level 1	12
24th Nov '17	Early Years Active Start	6
24th Nov '17	Start To Play	6
11th Dec '17	Rugby - U18 - Adult - developing the lineout 'Creating an attacking platform'	12
12th Jan '18	Cycle Trainer Assistant	6
8th, 15th + 21st Jan '18	UKCC Level 1: Coaching Children Ruby Union	11
25th Jan '18	Soft Archery Leaders Award	19

Date	Course	Page
31st Jan '18	Sign Sharing (Makaton)	14
4th & 11th Feb '18	Sports First Aid	3
12th Feb '18	Tennis Leaders	16
12th Feb '18	Start To Play	6
20th March '18	Sports Coach UK Safeguarding and Protecting Children	2
3-6th April '18	SCQF level 4 Sports Leader Award	16
25th April '18	Emergency First Aid	3
22nd, 28th + 29th April '18	UKCC Level 2: Coaching the 15-a-side Game	11
6th May '18	Football - 1.1 Early Touches	7
27th May '18	Football - Development Activities	7
June '18	BASP First Aid Course	4
17th + 24th June '18	Coaching Young Footballers	7
2nd to 6th July '18	SCQF level 5 Sports Leader Award	16

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Booking Form 2017 - 2018

(For courses run by Sports Development Only)

Name	<input type="text"/>		
Address	<input type="text"/>		
	<input type="text"/>	Postcode	<input type="text"/>
Telephone	<input type="text"/>	Email	<input type="text"/>
Club (if appropriate)	<input type="text"/>		
Main Sport	<input type="text"/>		

Please reserve me a place on the following courses

Course	<input type="text"/>	Date	<input type="text"/>	Cost	<input type="text"/>
Course	<input type="text"/>	Date	<input type="text"/>	Cost	<input type="text"/>
Course	<input type="text"/>	Date	<input type="text"/>	Cost	<input type="text"/>
Course	<input type="text"/>	Date	<input type="text"/>	Cost	<input type="text"/>
				Total	<input type="text"/>

Where appropriate please include a fee payable to 'Clackmannanshire Council'
Please return to Sports Development, Kilncraigs, Greenside Street, Alloa, FK10 1EB.

Booking Information 2017 - 2018

(All courses are booked and paid directly to Clackmannanshire Council unless stated otherwise in the course description)

Payment

Applications must be accompanied by payment and places are allocated on a first come, first served basis.

If candidates do not receive confirmation please contact Sports Development to check your booking.

Please send booking form and payment to:

**Sports Development
4th Floor, Kilncraigs
Greenside Street
Alloa
FK10 1EB**

Course Information

All course information is correct at time of going to print, but may be subject to change.

Closing Date

Applications should be received at least 7 days prior to the start of the course. Late bookings may be accepted in certain circumstances.

Cancellations and Refunds

- Cancellations made within 2 days or non attendance of the course will incur the full course fee.
- Cancellations made outside of the 2 day cancellation period will be refunded in full.
- In the unlikely event that Sports Development cancels a course then all candidates will receive a full refund.

Course Requirements

Candidates are responsible to ensure that they meet any pre requisite course requirements.

In partnership with

