

# PRIMARY SCHOOLS MENU SELECTOR

WEEK 1	SOUP	CHOICE 1	CHOICE 2	CHOICE 3	DESSERT
Monday	Cream of Chicken Soup	Breaded Fish	Beef or Quorn  Meatballs in Gravy	Baked Potato & Cheese	Assorted Fresh Fruit
Tuesday		Toad in the Hole	Pasta in Tomato Sauce	Beans on Toast	Carrot Cake
Wednesday		Beef or Quorn Mince Pie	Haggis	Tuna Mayo Finger Roll	Assorted Yogurt
Thursday	Lentil Soup	Tuna & Sweetcorn Potato Bake	Pizza	Ham Sandwich	Assorted Fresh Fruit
Friday		Chicken Curry	Panini  Cheese or Ham	Baked Potato & Tuna Mayo	Assorted Cheese & Biscuits

All our beef dishes are made with Scottish Beef



All Chicken used is Red Tractor



All Eggs used by Class Cuisine are Free Range

All Yogurts served are Muller or Scottish Rowan Glen



All Fish dishes are MSC certified



**AVAILABLE DAILY**  
Freshly Prepared Salad Bar  
Vegetables  
Assorted Breads  
A Selection of Fresh Fruit

Breakfast available in all schools from 8.30am

Look out for Theme Days

WEEK 2	SOUP	CHOICE 1	CHOICE 2	CHOICE 3	DESSERT
Monday	Lentil Soup	Beef or Quorn  Spaghetti Bolognaise	Breaded Chicken Bites	Beans on Toast	Assorted Fresh Fruit
Tuesday		Chicken Supreme	Pizza	Salad Finger Roll	Choc & Pear Muffin
Wednesday	Tomato Soup	Cheese Burger /  Veggie Burger in a Bun	Salmon Fishcake	Baked Potato & Coleslaw	Assorted Fresh Fruit
Thursday		Breaded Fish	Beef or Quorn v Cottage Pie	Tuna Mayo Sandwich	Assorted Yogurt
Friday		BBQ Pulled Pork Sub Roll	Sausage Roll	Baked Potato & Cheese	Custard & Fruit

WEEK 3	SOUP	CHOICE 1	CHOICE 2	CHOICE 3	DESSERT
Monday	Lentil Soup	Potato Topped Chicken	Pizza	Ham Sandwich	Assorted Fresh Fruit
Tuesday		Grilled or  Quorn Sausage	Ham Salad & Crusty Bread	Baked Potato & Beans	Jam & Coconut Sponge with Custard
Wednesday		Roast Beef & Yorkshire Pudding	Fish Fingers	Cheese Savoury  Wholemeal Sandwich	Assorted Yogurt
Thursday		Baked Gammon & Pineapple	Macaroni Cheese	Turkey Finger Roll	Danish Apple Slice
Friday	Lentil Soup	Steak Pie	Omelette Plain or Cheese	Baked Potato with Tuna Mayo	Assorted Fresh Fruit

## SPECIAL DIETS

If your child for any reason requires a special diet, please inform the Head Teacher giving full details of the specific needs along with your full name and telephone number. The catering Service will then contact you to discuss in full and will put all procedures in place to ensure your child is well catered for.

Milk and water will be available with the meal and is included in the price.

= vegetarian option

= made at Class Cuisine using fresh ingredients

= freshly made on site

## DATES FOR PRIMARY SCHOOL MENU

WEEK 1	WEEK 2	WEEK 3
20th August	27th August	3rd September
10th September	17th September	24th September
1st October	8th October	22nd October
29th October	5th November	12th November
19th November	26th November	3rd December
10th December	17th December	7th January
14th January	21st January	28th January
4th February	18th February	25th February
4th March	11th March	18th March
25th March	15th April	22nd April
29th April	6th May	13th May
20th May	27th May	3rd June
10th June	17th June	24th June

2018

2019

**Changes to Menus** Due to unforeseen circumstances or seasonal foods the menus may be subjected to change. Any changes will be advertised on the Council website.

### DAILY CHOICES

For the price of £2.00, your child is entitled to a 2 course meal and can have as much salad and vegetables as they wish to accompany their lunch. In addition to this, they can have a drink of their choice and choose from a selection of fresh bread, all of which is included in the price. Along with the desserts shown on the menu, a selection of fresh fruits will be available daily as an alternative.



### CONTACT

Should you wish to comment or discuss any matters relating to the menus or the lunch service, please contact Wendy McGhee on 01259 452191 or Gail Harrison on 01259 452193.



Clackmannanshire  
Council  
www.clacks.gov.uk

Comhairle Siorrachd  
Chlach Mhanann

P R I M A R Y S C H O O L

# SCHOOL LUNCH

menu selector



Remember  
that all P1-3  
pupils are entitled  
to a Free Lunch



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