

**Councillor Ellen Forson**

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Clackmannanshire Council

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THIS PAPER RELATES  
TO ITEM  
19  
ON THE AGENDA

**Motion 2 to Clackmannanshire Council  
Meeting of Thursday 23rd June 2016**

That Council notes the growing evidence that more young people are consuming excess quantities of energy drinks, which often contain extremely high quantities of caffeine and sugar; notes that 10 to 18-year-olds consume the highest levels of these drinks in the population; acknowledges growing concerns from parents and teachers about the effect on children of consuming such drinks - which includes disruptive behaviour, cardiac problems, nervousness, insomnia, headaches and anxiety; further notes with interest the Can It campaign being launched across Tayside and Fife by The Courier which aims to prevent schoolchildren from consuming excess quantities of energy drinks and the Responsible Retail of Energy Drinks (RRED) campaign, which seeks to secure a ban on the sale of energy drinks to under-16s; considers how it can engage with local retailers to sign up to the RRED's scheme which encourages a voluntary ban on the sale of energy drinks to under-16s; and agrees that with the aim of promoting young people's health, concentration and education to direct the education authority to work with schools, pupils and parents to reduce the consumption of such drinks across Clackmannanshire

A handwritten signature in black ink, appearing to be 'Ellen Forson'.

Councillor Ellen Forson  
Ward 4, Clackmannanshire South

