

DEAR PARENT/GUARDIAN

Clackmannanshire Council Catering Service is delighted to announce the 2023/2024 Primary School Menu. This menu will run from 16 August 2023.

All 3 weeks menus have been created and analysed in line with The Nutritional Requirements for Food and Drink in Schools (Scotland) Regulations 2020.

ALL MEALS INCLUDE A MINIMUM OF TWO PORTIONS OF VEGETABLES AND ONE PORTION OF FRUIT

Along with the desserts shown on the menu, a selection of fresh fruits will be available daily as an alternative.

THE COST OF A SCHOOL LUNCH IS £2.20 PER DAY



Remember that P1-5 pupils are entitled to a free school lunch.

Breakfasts are available in all schools from 8.30am at a cost of £1.40

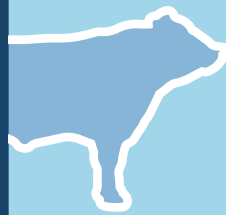


SPECIAL DIETS

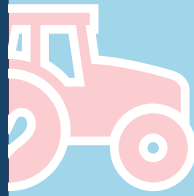
If your child for any reason has a special dietary requirement which has been diagnosed by a GP/ Dietician, please complete the registration form on the Council website and email to classcuisine@clacks.gov.uk

The Catering Service will then produce a menu for your child's dietary requirements.

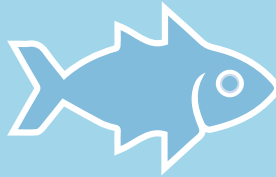
Full menu including potato and vegetable choice is available on the Council website.



All our beef dishes are made with Scottish Beef



All chicken used is Red Tractor



All fish dishes are MSC certified



PRIMARY SCHOOL

SCHOOL LUNCH



2023/2024

MENU SELECTOR



CHANGES TO MENUS

Due to unforeseen circumstances, the menus may be subjected to change. Any changes will be advertised on the Council website.



CONTACT

Should you wish to discuss any matters relating to the menus or the lunch service, please contact Class Cuisine on 01259 452193 or email classcuisine@clacks.gov.uk



Clackmannanshire Council

www.clacks.gov.uk

Comhairle Siorrachd Chlach Mhanann



Clackmannanshire Council

www.clacks.gov.uk

Comhairle Siorrachd Chlach Mhanann



SCHOOLS MENU SELECTOR 2023/24



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1 MENU
WEEK COMMENCING

14 Aug, 4 Sep, 25 Sep,
30 Oct, 20 Nov, 11 Dec

2024 15 Jan, 5 Feb,
4 Mar, 25 Mar, 29 Apr,
20 May, 10 Jun

Lentil Soup (V)
Scottish Beef Steak Pie
Southern Fried Burger
in a Bun (V)
Baked Potato and Tuna Mayo
or Cheese (V)

Baby Boiled Potatoes
Baby Carrots
Fresh Mixed Salad

Assorted Fresh Fruit

Creamy Chicken Korma
Cheese & Tomato Pizza (V)
Baked Potato
and Baked Beans (V)

Fluffy Boiled Rice
Mixed Vegetables
Fresh Mixed Salad

Chocolate Cookie & Fruit (V)

Fresh Tomato Soup (V)
Roast Chicken/Quorn Fillet (V)
in Rich Gravy with Yorkshire
Pudding
Traditional Scottish Haggis
Wafer Thin Turkey Sandwich

Creamy Mash
Broccoli
Fresh Mixed Salad

Assorted Fresh Fruit

Bubble Crumb Fish Fillet
Puff Pastry Vegetarian
Sausage Roll (V)
Mature Cheddar Cheese
Finger Roll (V)

Crispy Chips
Garden Peas
Fresh Mixed Salad

Artic Roll & Fruit (V)

Lentil Soup (V)
Beef Mince Pasta Bolognese
Mediterranean Chicken/
Quorn Fillet (V) Casserole
Spaghetti Hoops on Toast (V)

Garlic & Herb Bread
Sweetcorn
Fresh Mixed Salad

Assorted Fresh Fruit

WEEK 2 MENU
WEEK COMMENCING

21 Aug, 11 Sep, 2 Oct,
6 Nov, 27 Nov, 18 Dec

2024 22 Jan, 19 Feb,
11 Mar, 15 Apr,
6 May, 27 May, 17 Jun

Lentil Soup (V)
Chicken & Vegetable Pie
with Puff Pastry Lid
Penne Pasta
in Tomato Sauce (V)
Mature Cheddar Cheese
Finger Roll (V)

Baby Boiled Potatoes
Baby Carrots
Fresh Mixed Salad

Assorted Fresh Fruit

Mild Indian Style Chicken Curry
Tangy BBQ Quorn Fillet (V)
Baked Potato and Baked Beans
(V)

Fluffy Boiled Rice
Mixed Vegetables
Fresh Mixed Salad

Chocolate Sponge & Fruit (V)

Fresh Tomato Soup (V)
Roast Beef in Rich Gravy with
Yorkshire Pudding
Golden Fish Fingers or
Golden Fishless Fingers (V)
Wafer Thin Turkey Sandwich

Creamy Mash
Broccoli
Fresh Mixed Salad

Assorted Fresh Fruit

Crispy Chicken Goujons /
Crispy Quorn Goujons (V)
Grilled Healthier Option
Pork Sausage
Baked Potato and Tuna Mayo
or Cheese (V)

Freshly Fried Chips
Garden Peas
Fresh Mixed Salad

Toffee Frozen Yoghurt Ice Cream (V)

Lentil Soup (V)
Mature Cheddar Macaroni
Cheese (V)
Folded Omelettes (V)
Baked Beans on Toast (V)

Garlic & Herb Bread
Sweetcorn
Fresh Mixed Salad

Assorted Fresh Fruit

WEEK 3 MENU
WEEK COMMENCING

28 Aug, 18 Sep, 23 Oct,
13 Nov, 4 Dec

2024 8 Jan, 29 Jan,
26 Feb, 18 Mar,
22 Apr, 13 May,
3 Jun, 24 Jun

Lentil Soup (V)
Beef Mince Cottage Pie
Chicken/Quorn (V) Fillet in
Creamy Sweetcorn Sauce
Mature Cheddar Cheese
Finger Roll (V)

Baby Boiled Potatoes
Baby Carrots
Fresh Mixed Salad

Assorted Fresh Fruit

Chinese Chicken Fried Rice
with Curry Sauce
Golden Salmon Fish Finger Wrap
/ Golden Fishless Finger (V)
Baked Potato and Baked Beans
(V)

Classic Potato Wedges
Mixed Vegetables
Fresh Mixed Salad

Scrummy Flapjack & Fruit (V)

Fresh Tomato Soup (V)
Pork Meatballs in Rich Gravy
Creamy Blackened Cajun Pasta
(V)
Baked Potato and Tuna Mayo
or Cheese (V)

Creamy Mash
Broccoli
Fresh Mixed Salad

Assorted Fresh Fruit

Bubble Crumb Fish Fillet
Mature Cheddar Macaroni
Cheese (V)
Wafer Thin Turkey Finger Roll

Crispy Chips
Garden Peas
Fresh Mixed Salad

Strawberry Frozen Yoghurt
Ice-cream (V)

Lentil Soup (V)
Simple Chicken Sausage &
Tomato Pasta/ Tomato Pasta
(V)
Fry Free Turkey Burger
in a Bun
Spaghetti Hoops on Toast (V)

Garlic & Herb Bread
Sweetcorn
Fresh Mixed Salad

Assorted Fresh Fruit

(V) = vegetarian option

All meals will include a minimum of 2 portions of vegetables and 1 portion of fruit.



Milk and water will be available with the meal and is included in the price. Fresh Fruit available daily.



A School Lunch costs £2.20/day



P1-P5 pupils are entitled to a free school lunch