

# Sport Activities & Leadership for the Easter holidays **WEEK 1**

Sports Development working in partnership with various sports clubs and agencies



sportsdevelopment@clacks.gov.uk



01259 452350



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## Active Easter Sports and Activity Programme Tues 3rd April to Fri 13th April 2018

Welcome to the Clackmannanshire Council's Sports Development Active Easter Sport and Activity Programme in partnership with Firpark Ski Centre and several local sports clubs. There are a variety of sports and physical activities for pre-school, primary aged children, teenagers and children with additional support needs. Sports Development staff and coaches are highly qualified with Positive Coaching Scotland, enhanced PVG checked, child protection training and NGB qualifications ensuring your children the best opportunities to participate in sport and physical activity. Unless otherwise stated all bookings and payments are made by calling 01259 213131. **(Any payments made by cheque should be made payable to Clackmannanshire Council)**

## Sport and Physical Activities for Children with Additional Support Needs Tues 3rd April to Thurs 5th April 2018

Activity	Venue	Date and Time	Age	Cost	Booking
<b>Fun Gym</b>	The Wasp Centre	Tues 3rd April 11.30am to 12.30pm	Participants with additional support needs	£3.85 per session	Call 01259 213131
<b>Tubing</b> Long sleeves and gloves are essential / helmets are provided	Firpark Ski Centre, Tillicoultry	Wed 4th April 11.30am to 12noon	Participants with additional support needs	£3.85 per session	Call 01259 213131
<b>Hydro Therapy Session</b>	Alloa Academy	Wed 4th April 2pm to 2.30pm 2.45pm to 3.15pm	Participants with additional support needs	£3.85 per session	Call 01259 213131
<b>Trampoline</b>	Lornshill Academy	Thurs 5th April 10am to 11am	Participants with additional support needs	£3.85 per session	Call 01259 213131

This programme is for participants with additional support needs and is co-ordinated by Jackie Perez, Active Schools Inclusion Officer. Siblings are welcome to attend and join in the fun for an additional £1 per session. Please note 1-2-1 support is not provided by Sports Development. Parents are asked to stay on site at each of the sessions.

## Sport and Physical Activities for Pre School Children Tues 3rd April to Fri 6th April 2018

Activity	Venue	Date and Time	Age	Cost	Booking
<b>Fun Gym</b>	The Wasp Centre	Tues 3rd April 10.25am to 11.25am Fri 6th April 1.15pm to 2.15pm	1 to 5 years pre school children only	£3.85 per hour	No booking required
An exciting opportunity to let your children experience and enjoy this fantastic venue. The children will have the opportunity to experience gross motor skills of balancing, jumping and climbing. The session will include soft play and climbing equipment as well as the use of the trampoline and foam pit. The sessions will be supervised by a qualified gymnastics coach.					
<b>Pre-School Cycling</b> (Level 1 every day for 4 days)	Lornshill Academy	Tues 3rd to Fri 6th April 9.15am to 10am	3 to 5 years	£17.16 for 4 days, 45 minute sessions per day	Call 01259 213131
Pre-school cycling programme aimed at supporting NURSERY aged children to develop cycling skills through balance and bikes. The sessions will consist of structural lessons to help develop their gross motor skills, spatial awareness, dynamic and static bike co-ordination. Children are encouraged to bring their own helmets if possible.					
<b>Beginners Cycling</b>	Lornshill Academy	Tues 3rd to Fri 6th April 10.15am to 11am	Primary 1 to Primary 3	£17.16 for 4 days, 45 minute sessions per day	Call 01259 213131
Beginners cycling is for Primary aged children P1-P3 who cannot ride a bike without stabilisers. ALL P1-P3 CHILDREN MUST BRING THEIR OWN BIKE (no stabilisers) AND HELMET.					

## Sport and Physical Activities Tues 3rd April to Fri 6th April 2018

Activity	Venue	Date and Time	Age	Cost	Booking
<b>Flames Festivals</b>	Lornshill Academy	Tues 3rd to Fri 6th April 8.30am to 4.30pm	5 to 12 years	£11.55 per day £40.70 for week	Call 01259 213131
Take part in Clackmannanshire's Commonwealth Games themed 'Flames Festivals'. Each day you can be part of the torch relay, opening and closing ceremonies, medal presentation and sports sessions based around the sports that will feature in the Commonwealth Games April 2018.					
<b>SCQF level 4 Award in Sports Leadership</b>	Lornshill Academy	Tues 3rd to Fri 6th April 9am to 4pm	12 years and over	£40.00 per week	Call 01259 213131
This nationally recognised sports leadership qualification is open to anyone aged 12+ and must be in S2 or above. The course consists of a mixture of both theory and practical sessions developing not only the candidate's organisation and communication skills, but also their mentoring skills. This course also earns 7 credits on the SCQF. Candidates will have to complete 1 hour of volunteering on completion of this weeks course.					
<b>Easter Rugby Camp</b>	Hillfoots Rugby Club, Tillicoultry	Tues 3rd to Fri 6th April 9am to 12.30pm	5 to 14 years	£40.00 for week or £10.00 per day	Booking to Barry Munro, Rugby Officer for Hillfoots RFC, Tel 01259 208499 Email: rdo@hillfootsrfc.com
The sessions will be FUN games with a focus on Scottish Rugby's Key National themes for player development, hand catch, tackle, offload and ball presentation. Wear suitable outdoor kit and bring training shoes, water bottle and sun protection as appropriate for the weather conditions.					

## Ski Schools and Tubing, Firpark Ski Centre, Tillicoultry Tues 3rd April to Fri 6th April 2018

Activity	Venue	Date and Time	Age	Cost	Booking
<b>Easter Ski School 1</b> 8 hour ski instruction, Penguin Club is a 4 hour course	Firpark Ski Centre, Tillicoultry	Tues 3rd to Fri 6th April Various times during the day depending on ability	Penguin Club Child Adult	£50.60 for 4 hours £57.55 for 8 hours £114.40 for 8 hours	Call 01259 213131
The Easter Ski School will contain classes at all levels from Penguin to Level 7. Places cannot be booked until current ski level is known.					
<b>Tubing</b>	Firpark Ski Centre, Tillicoultry	Wed 4th April 2pm to 3pm Fri 6th April 11am to 12noon	Over 110cm's	£5 per session per day	Call 01259 213131
Tubing is great fun for the whole family to get involved in. Tubing parties can be booked by phoning 01259 213131, check prices on www.clacks.gov.uk					

## Sport Activities & Leadership for the Easter holidays **WEEK 2**

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### Sport and Physical Activities for Children with Additional Support Needs Mon 9th April to Wed 11th April 2018

Activity	Venue	Date and Time	Age	Cost	Booking
<b>Hydro Therapy Session</b>	Alloa Academy	Mon 9th April 1.30pm to 2pm 2.15pm to 2.45pm	Participants with additional support needs	£3.85 per session	Call 01259 213131
<b>Tubing</b> Long sleeves and gloves are essential / helmets are provided	Firpark Ski Centre, Tillicoultry	Mon 9th & Wed 11th April 11.30am to 12noon	Participants with additional support needs	£3.85 per session	Call 01259 213131
<b>Fun Gym</b>	The Wasp Centre	Tues 10th April 11.30am to 12.30pm	Participants with additional support needs	£3.85 per session	Call 01259 213131

This programme is for participants with additional support needs and is co-ordinated by Jackie Perez, Active Schools Inclusion Officer.

Siblings are welcome to attend and join in the fun for an additional £1 per session. Please note 1-2-1 support is not provided by Sports Development. Parents are asked to stay on site at each of the sessions.

### Sport and Physical Activities for Pre School Children Mon 9th April to Fri 13th April 2018

Activity	Venue	Date and Time	Age	Cost	Booking
<b>Fun Gym</b>	The Wasp Centre	Tues 10th April 10.25am to 11.25am Fri 13th April 1.15pm to 2.15pm	1 to 5 years pre school children only	£3.85 per hour	No booking required

An exciting opportunity to let your children experience and enjoy this fantastic venue. The children will have the opportunity to experience gross motor skills of balancing, jumping and climbing. The session will include soft play and climbing equipment as well as the use of the trampoline and foam pit. The sessions will be supervised by a qualified gymnastics coach.

### Sport and Physical Activities Mon 9th April to Fri 13th April 2018

Activity	Venue	Date and Time	Age	Cost	Booking
<b>Sports Camp</b>	Lornshill Academy	Mon 9th to Fri 13th April 8.30am to 4.30pm	5 to 12 years	£11.55 per day £52.25 for week	Call 01259 213131

Qualified coaches will involve children in a variety of different team and individual sports. Lunchtime will be supervised with some art and quizzes to complete.

8.30am to 9.30am - Registration and led activities  
9.30am to 3.30pm - 2 sports and lunch break  
3.30pm to 4.30pm - Led activities and dispersal

Mon: Basketball / Soft Archery

Tues: Netball / Golf

Wed: Athletics / Badminton

Thurs: Football / Gymnastics

Fri: Multi Sports

### Ski Schools and Tubing, Firpark Ski Centre, Tillicoultry Mon 9th April to Thur 12th April 2018

Activity	Venue	Date and Time	Age	Cost	Booking
<b>Easter Ski School 2</b> 8 hour ski instruction, Penguin Club is a 4 hour course	Firpark Ski Centre, Tillicoultry	Mon 9th to Thurs 12th April Various times during the day depending on ability	Penguin Club Child Adult	£50.60 for 4 hours £57.55 for 8 hours £114.40 for 8 hours	Call 01259 213131

The Easter Ski School will contain classes at all levels from Penguin to Level 7. Places cannot be booked until current ski level is known.

Activity	Venue	Date and Time	Age	Cost	Booking
<b>Tubing</b>	Firpark Ski Centre, Tillicoultry	Tues 10th April 2pm to 3pm Thurs 12th April 11am to 12noon	Over 110cm's	£5 per session per day	Call 01259 213131

Tubing is great fun for the whole family to get involved in. Tubing parties can be booked by phoning 01259 213131, check prices on www.clacks.gov.uk

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Lornshill Campus  
Community Sport Hub



SUPPORTING

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2018

