



EMPLOYABILITY IN CLACKMANNANSHIRE

**A Guide to Services
2022 / 23**

Updated: June 2022

This guide provides information on employability services available in Clackmannanshire. It is primarily aimed at people of working age (16+) who are either seeking employment or looking to make steps towards work.

It has been developed by the Clackmannanshire Local Employability Partnership (LEP) to help staff in all front line services identify what support is available locally to move their clients towards and into work.

The guide has been organised alphabetically by organisation name and lists the services available under each organisation. A description of each service, who it's for, how to access the service and contact details are all provided.

Information on support with travel costs has been included so that front line staff can help their clients overcome any barriers in travelling to work.

There is also some information on the local labour market and the types of jobs available in Clackmannanshire and the travel to work area.

We hope this guide is useful for all front-line staff who engage with people who are unemployed. If you have any comments on how we can improve the guide or if you know about any services which are missing, please contact:

ClacksLEP@clacks.gov.uk.

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THE LOCAL JOBS MARKET – KEY FACTS

It should be noted that latest data available is, in the main, for pre-pandemic time periods.

Like the rest of Scotland, most of the employers in Clackmannanshire are micro businesses which employ fewer than 10 people. Collectively however they employ the most people. Only 5 businesses in the area are classed as large employers with 250 or more employees with Clackmannanshire Council being the biggest single employer.




In 2020, there were 14,000 employee jobs within Clackmannanshire, 9,000 full time and 5,000 part-time. There were 2,250 jobs in health and social care. Like its neighbour in Falkirk, Clackmannanshire still has relatively high levels of jobs in manufacturing at 2,000, although these have declined in recent years.

The other significant areas are retail and wholesale, including garages, at 2,250 and hospitality at 900. A majority of these jobs in hospitality were furloughed during the pandemic and since they re-opened, hospitality businesses across Scotland continue to report difficulties in recruiting staff.

Job seekers who are willing and able to travel outwith the area will greatly improve their chances of finding work. Clackmannanshire has a low jobs density of 0.51. A density of 1 means that there is one job for every working aged person. In Clackmannanshire there is one job between every two working aged people. This is a problem for people who cannot travel due to practical barriers such as transport or caring responsibilities or who simply want to work near their homes.

A majority of local people who have jobs travel to neighbouring areas or large cities for work. A third of them travel to Stirling which has one of the highest jobs densities in Scotland. An increase in homeworking as a result of the COVID pandemic may reduce the need for travel to work. This will not apply to the many jobs that require a physical presence such as in care, shop work, construction and hospitality, which are all important local sectors.

Job growth in the coming years is likely to relate to replacement of those who leave or retire from work as well as those that relate to:

- | | | |
|--------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| Our ageing population |  | Leading to an increase in demand for health and social care workers |
| Capital investment through programmes such as the City Region Deal |  | Leading to an increase in demand for construction workers as well as jobs stimulated by investment such as those in tourism and environment related work |
| The transition to net zero by 2030 |  | In particular jobs requiring digital and engineering skills. |

TRANSPORT LINKS

The links out of Clackmannanshire have improved over the years with the re-opening of the railway and the building of the Clackmannanshire road bridge. A majority of Clackmannanshire residents who work travel outside the county to do so.

Travel can still be a significant barrier to those looking for work. Public transport can be expensive and difficult to work around other responsibilities such as child care. In addition some people may not have the knowledge of public transport options or the confidence to use them.

Public Transport Information

- Journeys can be planned at: <http://www.travelinescotland.com/>. Traveline Scotland allows you to plan a journey from door to door so you can work out if it is practical to use public transport for a potential job or training opportunity.
- First Bus ticket prices (including multi-zone travel cards) can be found at: <https://www.firstgroup.com/south-east-and-central-scotland/tickets/ticket-prices>

Support with Travel

Young people under 22 can now access the Young Persons' Free Bus Travel Scheme: <https://www.transport.gov.scot/concessionary-travel/young-persons-free-bus-travel-scheme/>

Several services which support local job seekers include practical help with overcoming travel barriers. These include: Skills Development Scotland, Jobcentre Plus, Jumpstart Employability Programme and Clackmannanshire Works. Contact details can be found in the guide.

College Bus / Dial-a-Journey - PEC (Pre-employability in Clackmannanshire) are working in partnership with Dial-a-journey and Forth Valley College to pilot a free bus service for students. This service is available to all Forth Valley College students living in Clackmannanshire who study at either the Falkirk or Stirling Campus and don't have access to their own transport.

To book a space on the College Bus, please contact Dial-a-journey within working hours (9am to 5pm) on: 01786 465355 or via enquiries@dial-a-journey.org

Apex Scotland

Service: Works4YOU	
Description: Supporting individuals on an active court order who would like to get back into the world of employment, education or training. Referral must come via Criminal Justice Service.	
Who is it for? Individuals on an active court order, aged 16+, living in Clackmannanshire	
How to Access: Referral from Criminal Justice only	
Contact: Ann Mathieson	
☎ : 01259 725640	e: ann.mathieson@apexscotland.org.uk
Web: www.apexscotland.org.uk	

Apex Scotland

Service: Apex Steps	
Description: Steps "Supported travel along Employability Pipeline" offers support to individuals 16 years and over who are facing multiple barriers to work. Referral routes into this service are not restricted. Our objective is for each individual to work with an Apex Personal Development Mentor who will provide 1-2-1 support, assisting each individual to achieve specific milestones to ensure they progress towards full time employment, education, training or progression to stage 3 providers on the Employability Pipeline.	
Who is it for? Individuals aged 16+ living in Clackmannanshire who have multiple barriers to employment.	
How to Access: Referrals are not restricted to a particular source for this exciting new service, and can include self-referrals, as long as participants are facing two recognised barriers to employment.	
Contact: Ann Mathieson	
☎ : 01259 725640	e: ann.mathieson@apexscotland.org.uk
Web: www.apexscotland.org.uk	

Central Scotland Regional Equality Council (CSREC)

Service: Support and Advice Service	
Description: CSREC runs a Support and Advice Service that is free and confidential for issues such as discrimination, hate crime or hate incident, immigration and other general information.	
Who is it for? Individuals facing inequalities	
How to Access: Direct or referral	
Contact: Kieran Gilmore	
☎ : 01324 610950	e: admin@csrec.org.uk
Web: www.csrec.org.uk	

Central Training Services Limited

Service: Individual Training Account (ITA) & Grants via CITB

Description: Central Training Services Ltd are approved to deliver courses via the Individual Training Account (ITA) and are also an Approved Training Organisation for CITB grants (for in-scope companies only).

Who is it for? Individuals aged 16+

How to Access: E-mail or phone

Contact:

☎ : 01506 829883

e: info@central-training.co.uk

Web: www.central-training.co.uk

Ceteris

Service: Business Gateway (BG)

Description: Advice, support and training for people thinking of becoming self-employed, those already in self-employment and existing and growing businesses in Clackmannanshire.

Who is it for?: Individuals aged 18+ who are thinking of starting or already running a business in Clackmannanshire

How to Access: Self-referral through BG national website, the BG Enquiry Service or direct to the local office in Alloa.

Contact: Maggie Gorman

☎ : 01259 726435

e: jpeebles@ceteris.co.uk

Web: www.bgateway.com/local-offices/clackmannanshire

Clackmannanshire CAB

Service: Help to Claim Universal Credit

Description: Trained advisers can guide you through the process, whether you're looking for answers to quick questions or step-by-step support to make your claim. Claiming Universal Credit can involve several stages, and we're here to make them easier for you.

Who is it for? Individuals making a new claim for Universal Credit

How to Access: By phone, web chat or in person

Contact: Jonny Miller

☎ : 01259 219404

A: Glebe Hall, Burgh Mews, Alloa

Web: <https://www.cas.org.uk/helptoclaim>

Clackmannanshire CAB

Service: New Baby Financial Health Service

Description: Our trained adviser can provide a full income maximisation service and advice on other areas such as employment and housing rights to new parents in Clackmannanshire.

Who is it for? Parents living in Clackmannanshire with a child 5 years old or younger

How to Access: By referral from your Health Visitor

Contact:

☎ : 01259 219404

A: Glebe Hall, Burgh Mews, Alloa

Web: www.clackscab.org.uk/contact-us

Clackmannanshire CAB

Service: Welfare Rights Money Advice Service

Description: Our trained adviser supports people on Clackmannanshire Council Employability Programmes to ensure they're receiving all financial entitlements and remove financial barriers to their participation in the labour market.

Who is it for?: Individuals on Clackmannanshire Council Employability Programmes

How to Access: Direct referral from Clacks Works

Contact:

☎ : 01259 226699

A: Glebe Hall, Burgh Mews, Alloa

Web: <https://www.clacks.gov.uk/community/clacksworks/>

Clackmannanshire CAB

Service: General advice service

Description: Trained advisers can provide free, confidential and impartial advice on a range of issues from benefits, debt, budgeting to housing and employment rights. There is also a range of specialist projects and support which can be accessed through this service.

Who is it for? Anyone living in Clackmannanshire

How to Access: By phone or email. In person drop-in services are currently suspended due to Covid-19.

Contact:

☎ : 01259 219404

A: Glebe Hall, Burgh Mews, Alloa

Web: www.clackscab.org.uk/contact-us

Clackmannanshire Council (Clackmannanshire Works)

Service: ESF Employability Programme

Description: Provides one-to-one key worker support to people to help address barriers to employment. Support is personalised and tailored to meet individual's needs and can include confidence building, IT skills, money advice, jobsearch skills (job applications, CVs, interview techniques), access to volunteering and work taster opportunities, industry specific training, help with travel and childcare costs, clothes for interview/starting work.

Who is it for? Individuals aged 16+ living in Clackmannanshire with multiple barriers to employment

How to Access: By referral from partner agencies, other providers, other Council services or self-referral

Contact: Gail Fraser

☎ : 01259 226699

e: cworks@clacks.gov.uk

Web: www.clacks.gov.uk/community/clacksworks/

Clackmannanshire Council (Clackmannanshire Works)

Service: Fair Work Incentive

Description: This is an Employer Recruitment Incentive of up to £6,000 which is available to employers of any size and sector as long as they are able to offer a job of 16+ hours per week for a minimum of 12 months to eligible recruits. The Fair Work Incentive is administered by Clackmannanshire Works but is designed as tool for all local partners and providers to help move their clients into work.

Who is it for? Unemployed Individuals aged 16+ or those progressing from Kickstart or other Government funded programmes

How to Access: Phone or e-mail

Contact: Jane Adamson

☎ : 01259 452196

e: jadamson@clacks.gov.uk

Web: <https://www.clacks.gov.uk/community/fairwork/>

Clackmannanshire Council (Clackmannanshire Works)

Service: Fair Start Scotland (FSS)

Description: Fair Start Scotland is Scotland's employability service which delivers locally targeted employment support for unemployed people who are disabled, have health conditions and are at risk of long-term unemployment. The service provides 12 months pre-employment and 12 months in-work support – a total of 2 years' support entitlement.

Who is it for? Individuals aged 18+ living in Clackmannanshire. Also 16 or 17 year olds who are either disabled or in receipt of ESA or UC.

How to Access: Direct contact with Clackmannanshire Works in the first instance

Contact: Gail Fraser

☎ : 01259 226699

e: cworks@clacks.gov.uk

Web: <https://www.clacks.gov.uk/community/fairstart/>

Clackmannanshire Council (Clackmannanshire Works)

Service: Parental Employability Support

Description: Provides one-to-one pre-employability support for unemployed parents and in-work support to employed parents to help them maximise their household income. Support is personalised and tailored to meet individual's needs and can include confidence building, IT skills, financial advice, jobsearch skills (job applications, CVs, interview techniques), access to volunteering and work taster opportunities, industry specific training, help with travel and childcare costs, clothes for interview/starting work, help to gain employment or a better job.

Who is it for? Unemployed and employed parents living in Clackmannanshire.

How to Access: Direct contact with Clackmannanshire Works in the first instance.

Contact: Madeleine Muirhead

e: cworks@clacks.gov.uk

Web: <https://www.clacks.gov.uk/community/parentalemploymentcw/>

Clackmannanshire Council (Community Learning & Development)

Service: Jumpstart Employability Programme (JEP)

Description: Participants on the JEP programme develop an arrangement with their key worker. The programme offers 1-2-1 support working in partnership with the learner on barrier removal. A programme designed to support participants in their short, medium and long-term goals. We offer a range of opportunities including outdoor learning/activities, music tuition, sound engineering, animal husbandry, land management, first aid training, health well-being & fitness, cooking & money management, core skills, life skills & employability courses. Most of the courses can be used to gain SQA accreditation.

Who is it for? Learners aged 16 – 19 living in Clackmannanshire.

How to Access: School referral, self-referral or referral by partner organisations.

Contact: Laura Douglas

☎ : 01259 225070

e: opps4all@clacks.gov.uk

Web: www.clacksweb.org.uk/community/youthemployability

Clackmannanshire Third Sector Interface (CTSI)

Service: Volunteering

Description: CTSI have dedicated staff available to support local people into their volunteering journey. This is light touch support/signposting via the Volunteering Clackmannanshire Facebook page/ their online database of opportunities, or more one to one support to find a match with a local organisation. Younger volunteers (12-25) can also receive recognition for their volunteering efforts via the National Recognition Scheme of the Saltire Awards.

Who is it for? Individuals living in Clackmannanshire

How to Access: By referral or self-referral.

Contact: Christopher White

☎ : 01259 213840

e: Christopher.white@ctsi.org.uk

Web: www.ctsi.org.uk/

Clackmannanshire Third Sector Interface (CTSI)

Service: Digital Assistance Drop In Sessions

Description: Digital Champion Volunteers provide drop in assistance across the County for those with basic digital queries – from printing to attaching a document, or updating anti-virus software. They are happy to help with assistance for laptops, phones, desktop computers, and tablets/iPads.

**CTSI are currently looking for more digital champion volunteers so please get in touch if you would like to get involved.*

Who is it for? Individuals aged 18+ living in Clackmannanshire

How to Access: By referral or self-referral

Contact: Brian Weaver

☎ : 01259 213 840

e: brian.weaver@ctsi.org.uk

Web: www.ctsi.org.uk/

The Coalfields Regeneration Trust

Service: Training and Enterprise

Description: The Coalfields Regeneration Trust offer a wide range of flexible courses. Subjects include Basic IT, Steps to work, GOALS, PDA Community Involvement, Volunteering awards, Food Hygiene, First Aid and manual handling.

Who is it for? All residents of coalfield communities

How to Access: contact directly via email or phone

Contact: Angela Davis

☎ : 01259 230910

e: angela.davis@coalfields-regen.org.uk

Web: <http://www.coalfields-regen.org.uk>

Developing the Young Workforce

Service: Information about Options and Next Steps for Young People

Description: Developing the Young Workforce (DYW) is the Scottish Government's Youth Employment strategy to better prepare young people for the world of work. Working with business and education to provide information about options and next steps for young people.

Who is it for? Young people, parents, employers and education

How to Access: E-mail or phone

Contact: DYW Forth Valley

☎ : 01786 406080

e: getinvolved@dyw.forthvalley.ac.uk

Web: www.dywforthvalley.com

Enable Works

Service: Next Steps

Description: This is a new programme of up to 26 weeks for young people aged 16 – 19 with a disability or mild to moderate additional support needs, designed to provide them with person-centred and flexible support to be able to progress to employment, college, training or apprenticeships.

Participants will be shown and supported to:

- Achieve their Level 3 or 4 SQA Personal Development Award
- Create a CV
- Practice mock interviews
- Understand the world of work
- Learn about personal presentation
- How best to communicate effectively
- Undergo supported work experience placements

Learners will also be able to access the world or work through Virtual Reality. Oculus headsets are available in group sessions and as part of 1-2-1 sessions and can support learners to undergo job tasks in a simulated environment, practice interview techniques or become a more confident public speaker.

Learners not in receipt of Universal Credit will be able to access a training allowance of £55 a week and be supported to apply for free bus travel.

Who is it for? Young people aged 16 – 19 with a disability or ASN who are not in education, employment, on any other training programme or with an accepted College/University place

How to Access: Contact Courtney Ackerman via email or phone

Contact: Courtney Ackerman – details below

☎ : 07808 529348

e: courtney.ackerman@enable.org.uk

Web: <https://www.enable.org.uk/get-support-information/>

Forth Valley College

Service: ESOL Level 2 -6

Description:

Forth Valley College offer a range of classes that develop qualifications and confidence in English language. Also, Student Services have staff who can support learners, including Learning Support Advisors and Support and Guidance Advisors, Information Assistants, Counselling Service, Careers Advice and Student Finance.

Who is it for? All ESOL learners in the Clackmannanshire area.

How to Access: Please ask the Learning Support Advisor on site or any member of lecturing staff

Contact: Forth Valley College

☎ : 01259 215121

e: info@forthvalley.ac.uk

Web: www.forthvalley.ac.uk

Forth Valley College

Service: Hospitality Refresh Course

Description: This is a new 4 weeks intensive, skills boost hospitality refresh course, followed by a 2 week placement at the end with one of our local employer partners in Alloa, Stirling or Falkirk. The course is delivered at the Stirling Campus and provides an opportunity to learn about the licensed hospitality trade. The course involves a variety of learning, both practical and theory that will prepare individuals for the fast paced world of work in a licenced hospitality premises.

During the 4 week college course there is opportunities to gain qualifications in BIIAB- Alcohol awareness, BIIAB – Scottish Certificate for Personal Licence Holders and REHIS Elementary Food Hygiene.

Who is it for? 18+. No previous experience in hospitality is necessary, but you must have an interest in working with the public and within hospitality. Due to the licenced nature of the course, you must be 18 and over.

How to Access: DWP referral, self-referral.

Contact: Carolyn Taylor, Forth Valley College (Stirling Campus)

e: carolyn.taylor@forthvalley.ac.uk

Web: www.forthvalley.ac.uk

Forth Valley College

Service: Lifestart

Description: Designed for young people who have significant learning support needs, this course can provide a link into adult and community services. Learners study a range of subjects and get the opportunity to develop and practice their skills within a supportive adult environment. There is an emphasis on extending social and life skills and encouraging independence. The College welcomes applications from all individuals. In line with Scottish Funding Council guidance, 16–24 year-olds who meet the entry criteria, will be allocated available places first.

Who is it for? Individuals aged 16 to 24

How to Access: Application

Contact: Forth Valley College

☎ : 01259 215121

e: info@forthvalley.ac.uk

Web: www.forthvalley.ac.uk

Forth Valley College

Service: Passport to Learning

Description: This course could be a progression route for students on Pathfinders or winter school leavers who are mature and prepared to study at National 5 level in a college environment. You will be introduced to new subjects and build upon your study skills. Content may include: Core Skills, Introduction to Business, Introduction to Creative Industries, Introduction to Social Sciences, Health and Wellbeing or Local Investigations.

Who is it for? Individuals aged 16+

How to Access: Application for 19-week course running from January to June.

Contact: Forth Valley College

☎ : 01259 215121

e: info@forthvalley.ac.uk

Web: www.forthvalley.ac.uk

Forth Valley College

Service: Pathfinders

Description: This course is ideal for young people who have not achieved at school or have outgrown the school environment. It is an opportunity to find out what the College has to offer and to build self confidence, with ongoing support and guidance. Students try taster subjects that may include: Core Skills, First Aid, Workshop Skills, Art, Catering Skills, Leisure & Recreation, Enterprise, Local Investigations and a Learning Development Worker workshop.

Who is it for? Individuals aged 15 - 19

How to Access: Application for 6 month course starting in August.

Contact: Forth Valley College

☎ : 01259 215121

e: info@forthvalley.ac.uk

Web: www.forthvalley.ac.uk

Forth Valley College

Service: Workstart

Description: This course is designed for young people who have additional learning support needs and who require support to access the world of work. Learners further develop their core and interpersonal skills by taking part in a range of subjects in the College, following individual programmes of study, participating in work preparation activities and, where appropriate, undertaking periods of work placement. The College welcomes applications from all individuals.

Who is it for? Individuals aged 16 - 24

How to Access: Application

Contact: Forth Valley College

☎ : 01259 215121

e: info@forthvalley.ac.uk

Web: www.forthvalley.ac.uk

Forth Valley College

Service: Step into Early Learning and Childcare

Description: Full-time programme from January 2023 – to June 2023 exploring Early Education and Childcare as a potential career option, and includes units such as Care of Children, Child Development, Play and Maintenance of a Safe Environment. This is a progressive route for students to NC Child, Health and Social Care (Early Years) at SCQF level 5/

Who is it for? Individuals aged 16+

How to Access: Email or telephone for early registration

Contact: Forth Valley College

☎ : 01259 215121

e: info@forthvalley.ac.uk

Forth Valley College

Service: Preparation for Employment

Description: These courses can give you an opportunity to develop the relevant skills and gain an invaluable work placement experience. There are various programmes running throughout the year. This full-time programme is made up of a combination of learning at Alloa, Stirling or Falkirk Campuses and placement with local employers. The work placement aspect of this course will give both yourself and the employer an insight into your expectations and the employer's expectations. This will also help establish a relationship with an employer, which may lead to future employment, training, full and part time courses. Depending on your chosen course, you will be allocated a placement in carpentry & joinery, painting & decorating or plumbing.

Who is it for? Individuals aged 16+

How to Access: Application.

Contact: Forth Valley College

☎ : 01259 215121

e: info@forthvalley.ac.uk

Web: www.forthvalley.ac.uk

Grassroots Clothing

Service: Supply of interview clothing to disadvantaged men

Description: Scotland wide free post out service to job ready men. Supplying free to keep interview clothing to disadvantaged men.

Who is it for? Job Ready disadvantaged men

How to Access: Email or telephone

Contact: Heather McIntyre

☎ : 07599 247551

e: heather.grassrootsclothing@gmail.com

Hawkhill Community Centre

Service: Hawkhill Job Club

Description: An appointments based Job Club with an advisor who can assist in CV Building and Universal Job Match. We also have various groups which are for all ages and both sexes. Please see our Facebook page @HawkhillCommunityCentre.

Who is it for? Individuals aged 16 + living in Clackmannanshire

How to Access: Self-referral – call to book an appointment

Contact: Sandra Clements

☎ : 01259 218139

e: contact@hawkhillcc.org

Jobcentre Plus

Service: Computer & WIFI Access

Description: Computer and free WiFi access is available in Alloa Jobcentre for anyone looking for work. We have 6 computers and areas to sit and use personal devices such as laptops and tablets for job searching purposes. We are open Mon, Tue, Thu & Fri 9am - 5pm and Wed 10am - 5pm.

Who is it for? Individuals aged 16 + living in Clackmannanshire

How to Access: Drop-in

Contact: Sandra McKenzie

☎ : 01259 294051/294024

e: Sandra.mckenzie1@DWP.GOV.UK

Web: www.gov.uk

Jobcentre Plus

Service: Digital Assistance

Description: Sessions are delivered on an ongoing basis covering a range of topics to support people into work including digital skills, CV's and job searching. These sessions can be tailored to meet individual needs.

Who is it for? Individuals aged 16 + living in Clackmannanshire

How to Access: Referral only

Contact: Sandra McKenzie

☎ : 01259 294051/294024

e: Sandra.mckenzie@DWP.GOV.UK

Web: www.gov.uk

Jobcentre Plus

Service: Integrated Employment and Skills

Description: Jobcentre Plus work with Skills Development Scotland (SDS) to offer one-to-one support through Integrated Employment & Skills (IES). SDS are present in Alloa Jobcentre each Friday morning and appointments can be booked to provide individual support with all aspects of employability.

Who is it for? Individuals aged 16 + living in Clackmannanshire

How to Access: Referral only

Contact: Brian Smillie

☎ : 01259 294018

e: brian.smillie@dwp.gov.uk

Web: www.gov.uk

Jobcentre Plus

Service: Sector-based work academies

Description: A sector-based work academy (sbwa) is a Get Britain Working Measure to support people into work. A sbwa consists of sector-specific pre-employment training of up to 30 hours, a work experience placement with an employer and a guaranteed job interview linked to a genuine vacancy.

Who is it for? Individuals aged 18 + living in Clackmannanshire who are in receipt of out of work benefit.

How to Access: Referral only

Contact: Michelle Rabet

☎ : 01259 294081

e: michelle.rabet@dwp.gov.uk

Web: www.gov.uk

NHS Forth Valley

Service: NHS Forth Valley Healthy Working Lives

Description: Healthy Working Lives is a Scottish Government programme that aims to provide support to employers and employees in their workplace. We offer the following:

- Support and advice with employee health and wellbeing
- Workplace health initiatives and campaigns
- Support with staff health and wellbeing policy development
- Various training opportunities, e.g. Mentally Healthy Workplace Training for Managers
- Workplace Smoking Cessation Sessions to help employees quit smoking

Interventions can be tailored to support your workplace including group, 1-1 and pharmacy support.

Who is it for? Workplaces across Forth Valley

How to Access: via contacts below

Contact: Aileen Schofield

☎ : 07989 154948

e: aileen.schofield@nhs.scot

Web: www.healthyworkinglives.com

NHS Forth Valley

Service: NHS Forth Valley THRIVE to Keep Well Programme

Description: THRIVE to Keep Well is a 16 week programme (4.5 hrs per wk) delivered in individual male and female groups within a community setting. Programme aims include:

- Knowledge and management of day to day stress and anxiety.
- Self-esteem and confidence through self-development and reflection techniques.
- Motivational goal setting techniques to enable health behaviour change.
- Awareness of the NHS Keep Well programme and promote higher uptake of the health assessment.
- Confidence and motivation to improve on life skills to further learning, volunteering and employment.
- Role as a parent to further develop the skills & confidence to improve family relationships, support children's learning, behaviour & attainment & enhance wider wellbeing.

Who is it for? Adults experiencing mild to moderate mental health & wellbeing challenges

How to Access: Email THRIVE to Keep Well Referral Form

Contact: Lindsay Abner

☎ : 07387 243090

e: Thrive@stirling.gov.uk

NHS Forth Valley

Service: NHS Forth Valley Working Health Services

Description: Working Health Service is a return to work service that will support you to return to work or to remain at work when you are struggling due to your health. We can provide support and advice when you are planning a return to work post Covid-19 as well as any other illness or injury. At present we are providing case management (including employer liaison), vocational rehabilitation mental health support, counselling and physiotherapy as well as being there when you are discharged from hospital to help you return to work after illness/surgery. WHS is a self-referral service.

Who is it for? Employees/self-employed across Forth Valley (SME's and particularly those who don't have an occupational health service.

How to Access: 0800 019 2211 and select Option 1 (Working Health Services)

Contact: Amanda Chapman

☎ : 0800 0192211

e: fv.workinghealthservices@nhs.scot

Web: www.healthyworkinglives.com

PEC (Pre-Employability in Clackmannanshire)

Service:	
Description: PEC is not provided by one organisation — but is a group of 10 charities and social enterprises. Services include: training and skills development courses, for example construction card, first aid certification, IT Skills and food hygiene certification. Enterprise Support. PEC are working in partnership with Dial-a-journey and Forth Valley College to pilot a free bus service for students. This service is available to all Forth Valley College students living in Clackmannanshire who: Study at either the Falkirk or Stirling Campus, and don't have access to their own transport.	
Who is it for? Residents in Clacks ages 16 — 67 not in full time education or in full time employment	
How to Access: email: hello@pec.scot / Tel: 07471 734 951	
Contact:	
☎ : 07471 734 951	e: hello@pec.scot
Web: www.pec.scot	

Poppyscotland

Service: Advance to Work	
Description: Advance to work is Poppy Scotland's fully funded 5 day residential employability programme, providing the opportunity to focus on identifying and progressing employment goals, away from the stresses and strains of everyday life and with the added value of peer support. Courses run twice a year at Stirling Court Hotel and clients attending the course can expect to leave with an increased awareness of: <ul style="list-style-type: none">• Their own skills and abilities• Effective goal setting• Team dynamics• The job market and how to job search• Effective CV, covering letter and application writing• How and when to utilize the STAR method• How to be successful at interview• The wider employment and welfare available Applicants must be ready to focus on a change of career or return to employment, and fully committed to the completion of the course.	
Who is it for? Veterans, Spouses, Reservists and Service Leavers	
How to Access: Self-referral	
☎ : 0131 550 1557	e: GetHelp@poppyscotland.org.uk
Web: www.poppyscotland.org.uk/get-help/employment	

Poppyscotland

Service: Employ-Able

Description: Specialist one-to-one support for members of the Armed Forces community, where confidence, motivation or mental health is impacting the individual's ability to secure or maintain employment.

Advisors will give guidance with job searching, applying for jobs, CV writing, support find pre-work options such as training opportunities volunteering or work placements. In-work support is also available.

Who is it for? Veterans, Spouses, Reservists and Service Leavers

How to Access: Self-referral

☎ : 0131 550 1557

e: GetHelp@poppyscotland.org.uk

Web: www.poppyscotland.org.uk/get-help/employment

Poppyscotland

Service: Employment Grants

Description: The Employment Grant Service is designed to support members of the Armed Forces community, who are unemployed or have a low household income. It can support applicants in gaining the skills and qualifications required to compete in the job market; through the funding of short vocational courses and associated costs, such as travel and accommodation. Equipment linked to an offer of employment may also be considered.

Who is it for? Veterans, Spouses, Reservists and Service Leavers

How to Access: Self-referral

☎ : 0131 550 1557

e: GetHelp@poppyscotland.org.uk

Web: www.poppyscotland.org.uk/get-help/employment

Resilience Learning Scotland

Service: Resilience Learning Partnership

Description: Education and training provider specialising in Psychological Trauma and Lived Experience. We are an organisation that is led and driven by Lived Experience. Our approach allows us to constantly and consistently learn from those who are experiencing services currently and feed it directly into our wider work. Our Trauma Informed Education + Recruitment (TIER) programme offers help to those who wish to get back into education and/or work. All of our educators and trainers have lived experience of trauma as well as the qualifications or professional experience needed to carry out the work they deliver.

Who is it for? Anyone from the community with any lived experience who want to gain volunteer experience, get back into education or back into work.

How to Access: Self-referral through email or phone

Contact: Shumela Ahmed

☎ : 01259 272015

e: info@resiliencelearningpartnership.co.uk

Web: <https://www.resiliencelearningpartnership.co.uk>

School of Hard Knocks

Service: School of Hard Knocks

Description: We use sport (rugby) and exercise to tackle issues surrounding unemployment, crime/behaviour and health. We work with individuals to help them take positive steps forward in their lives. We deliver life and employability skills such as: goal-setting, anger and fear management; CV-writing and interview preparation. Our courses are delivered with three distinct phases - The Person, The Mind and The Career. We teach a framework of positive values and behaviours to equip participants for the workplace and for life more generally. With funding from Coalfields Regeneration Trust, this course will run at Alloa Rugby Club from 24th August and run every Tuesday and Wednesday for 8 weeks, last day being 13th October. 10am – 2.30pm each day. We will provide a hot breakfast and lunch along with reimbursing travel for each course day. If participants need training kit for taking part we will provide that also. People don't need to be fit or have played rugby before in order to attend our courses.

Who is it for? Men aged over 18.

How to Access: Self-referral through email or phone

Contact: Calum Gauld

☎ : 07825918105

e: calum@schoolofhardknocks.org.uk

Web: www.schoolofhardknocks.org.uk

Skills Development Scotland

Service: Redundant Apprentice Programme

Description: The Redundant Apprentice Programme offers a financial incentive to employers who employ a redundant apprentice. The grant is made available to the employer to support the redundant MA to continue their apprenticeship and work towards their qualification. Skills Development Scotland manages the programme on behalf of the Scottish Government.

Who is it for? Individuals aged 16 - 24 living in Clackmannanshire

How to Access: By referral or self-referral

Contact: Emma Matthews

☎ : 079201 38510

e: emma.matthews@sds.co.uk

Web: www.skillsdevelopmentscotland.co.uk/for-individuals/

Skills Development Scotland

Service: Career Planning and Employability Skills Support

Description: We support pupils, parents and teachers with a range of career information advice and guidance (CIAG) through our Next Steps Service. Anyone can visit our centre at 39 – 43 Bank St in Alloa and receive free help from our expert careers staff on a range of services such as: exploring career options, information on local opportunities and career management skills. Next Steps also offers an enhanced service for young people who need extra support as they transition from school.

Who is it for? Individuals aged up to 16 and 16+ living in Clackmannanshire

How to Access: By referral or self-referral

Contact: Emma Matthews

☎ : 07920138510

e: emma.matthews@sds.co.uk

Web: www.skillsdevelopmentscotland.co.uk/for-individuals/

Skills Development Scotland

Service: Modern Apprenticeships (MA)

With a Modern Apprenticeship you learn on the job and get the experience you need. Plus, you work towards a qualification. Whether you're thinking about the future, job hunting, or want to learn new skills, a Modern Apprenticeship could be for you. Over 100 Modern Apprenticeships across hundreds of jobs. Get the best possible training, designed with employers and industry in mind. Learn in a real-world environment that puts your skills to the test right away. You get the experience employers are looking for and your qualification is accredited by the Scottish Qualifications Authority.

Who is it for? Individuals aged 16+ living in Clackmannanshire

How to Access: 0800 917 8000

Contact: www.apprenticeships.scot/become-an-apprentice/

☎ : 0800 917 8000

e: emma.matthews@sds.co.uk

Web: www.apprenticeships.scot

Skills Development Scotland (Lead Partner)

Service: Partnership Action for Continuing Employment (PACE)

Description: (PACE) is a Scottish Government initiative, consisting of a partnership approach to provide advice and guidance to individuals at risk of redundancy or who have been made redundant. PACE is a free service provided by public service organisations at no cost to either an employer or an employee.

Who is it for? Individuals aged 16+ living in Clackmannanshire

How to Access: Self-referral / Through employer and partner organisations

Contact: John McCourt

☎ : 0800 917 8000

e: john.mccourt@sds.co.uk

Web: www.skillsdevelopmentscotland.co.uk/what-we-do/our-products/partnership-action-for-continuing-employment-pace/

Service: Digital Mental Health Service

Description: Togetherall is a safe, online community where people support each other anonymously to improve mental health and wellbeing. The service has been procured by the Clackmannanshire Local Employability Partnership (LEP) as part of the Young Person's Guarantee to provide free, online support 24/7 to young people who are struggling with mild to moderate health issues. This is a resource available to all partners and providers locally for young people they are working with.

Who is it for? Individuals aged 16 – 24 (up to 26 for care leavers) living in Clackmannanshire

How to Access: By phone, computer or tablet by registering at togetherall.com and entering your postcode

Contact: Register on-line at www.togetherall.com

☎ :	e:
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Web: www.togetherall.com

Service: Next Steps

Description: The aim of the provision is to equip and support young people aged 16 - 19 to gain essential employability skills, knowledge and complementary personal development or core skills and values to prepare them for sustainable employment.

Each participant will be supported for up to 20 weeks. A training allowance of £55 per week will be paid to individuals not in receipt of Universal Credit. A discretionary fund is available for those who require PPE for attendance in work placement or employment.

Who is it for?

Young people aged 16- 19 who are residents of Clackmannanshire and have left school and are not attending any other further education / training OR who are progressing from a FE / training programme and who are not in a positive destination.

How to Access: Contact Mary or Sharon – details below

Contact: Mary Allan (Trainer/Job Coach) / Sharon Hewetson (Programme Manager)

☎ : 07766 223280 (Mary) 07547 405458 (Sharon) 01786 451513	e: marya@triagecentral.co.uk e: sharonh@triagecentral.co.uk
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Web: www.triagecentral.co.uk

Service: Women Returners (Review, Refresh, Return)

Description: Our provision is delivered using a person-centred approach with the women returner at the heart of the support provided. Whether it be help with softer skills including confidence building, motivation, resilience, to more focused life skills and building up to or focused on essential employability skills.

Our employability skills support offers help from CV building/updating, interview techniques, simulated interviews, employer expectations, getting ready for work, money management and many more options.

Support is discussed and agreed with a dedicated Progressions Advisor and a personal plan agreed, it can be for 1 week up to 3 months depending on the support selected.

Who is it for?

Women aged 25 years plus who live in Scotland and have been unemployed for over 6 months, have worked in the past and are not in any other education or training.

The service is to provide support to individuals looking for either personal progression to be motivated and establish a routine, to specific employment related help.

How to Access: Through local Work Coach or self-referral direct to Triage

Contact: Alma Donaldson (Progressions Advisor) / Louise Fullerton (Progressions Advisor)

☎ : 01786 451513

M: Alma – 07596326834 or

M: Louise 07850004349

e: almad@triagecentral.co.uk

e: louise@triagecentral.co.uk

Web: www.triagecentral.co.uk

Service: Equip Mentoring Programme

Description: Our volunteer mentors offer practical and emotional support to young people across Clackmannanshire who are already NEET, at risk of becoming NEET or who require additional emotional / practical/ social support to achieve a positive destination.

We recruit, train, match and support adult volunteer mentors, who support young people in a personalised way with CV writing and interview skills, as well as building confidence, resilience and independence.

By meeting with their allocated volunteer regularly to work on a set of goals and ambitions, chosen by the young person, for the young person, they are able to develop new skills, knowledge and experience relevant to their chosen pathway.

We recognise that every young person's journey and needs are different and so the length of each match depends on this, although usually lasts for around 12 months. Throughout this time, volunteers are supported at every step of the way by our friendly staff team, who offer on-board training, 1-1 support and supervision and regular catch-ups.

Who is it for? Young people aged 15-18 in Clackmannanshire.

How to Access: Referral information available by contacting us by email or phone

Contact: Louise Walker , Volunteering Matters, 7 Alloa Business Centre, Whins Rd, Alloa

☎ : 01259 928 088 / 07950 653 372

Louise.Walker@volunteeringmatters.org.uk

Web: www.volunteeringmatters.org.uk

This directory has been developed by the Clackmannanshire Local Employability Partnership (LEP) to help staff in all front line services identify what support is available locally to move their clients towards and into work.

We hope this guide is useful for all front-line staff who engage with people who are unemployed. If you have any comments on how we can improve the guide or if you know about any services which are missing, please contact:

ClacksLEP@clacks.gov.uk