

"Bringing people together in an inclusive environment through sport, physical activity and exercise"



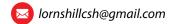
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Tullibody Road, Alloa FK10 2ES















Lornshill Campus Community Sport Hub



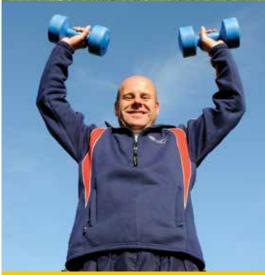
The Lornshill Campus Community Sport Hub provides a home for local clubs and partner organisations. The hub works together to improve sport offered in the local area by raising local sport profiles and supporting clubs to deliver quality and inclusive opportunities across the whole community.

The hub is a collective of progressive sports clubs and groups working together in the Tullibody/Sauchie/Alloa/Clackmannan area with the vision of providing an inclusive environment offering physical activity, sport and exercise. By working together, the Community Sport Hub aims to make it easier for local people to get involved in sport and have a more active and healthy lifestyle.

This is an exciting time for the development of sport and physical activity in the area and we hope that you will find a club or activity that inspires you to get involved.

Community Sport Hubs are a national initiative and key part of sportscotland's contribution to Legacy 2014. The initiative is led by Clackmannanshire Council's Sports Development department and delivered locally through a partnership with local sports clubs, Lornshill Academy, Active Schools and other local agencies.





Sports Facilities

The Lornshill Campus facilities accommodate a variety of sports and activities. Indoor areas such as fitness suite, games hall, gymnasium and dance studio are shared by all school and community clubs.

The campus also has fantastic outdoor facilities including a full size floodlit artificial grass area which can be used as a full-sized pitch or smaller 7-a-sidepitches, an athletics track and outdoor tennis courts.

To hire any of these facilities please contact: Email: leisurebookings@clacks.gov.uk



Sporting Opportunities at Lornshill **Academy**

Lornshill Academy is an integral part of the Community Sport Hub. Pupils who attend the school have the chance to take part in:

- Schools of Sport Girls & Boys Football, Rugby, Dance
- Extra Curricular Clubs
- Leadership Academy
- Inter-disciplinary Learning Project (IDL) focussing on CSH clubs
- School Teams in a range of sports
- Y Dance leadership programmes
- Annual calendar of interschools competitions



Tullibody Community Football Club



Contact: Davy Reynolds Email: davyreynolds@tullibodycfc.co.uk

Twitter: @TullibodyCFC or @TullibodyGirls

Facebook: Tullibody Community Football Club or Tullibody Lassies

Tullibody Community Football Club are a Legacy Quality Mark club based in Clackmannanshire offering football and community activities to all. We are Clackmannanshire's only SFA Community Club with participation & competition sections for all. We are always looking for new volunteers to help take forward our goals and aims. There are three pathways for volunteers: Coach Development; the club will help those who wish to become a coach, Helper; to help the club with basic duties, Committee Member; become involved with the running of club and team matters.

3 years to adult, Males & Females, Also a Pan-disability section. Training is held at Lornshill Academy and Tullibody Civic Centre. The upper pathway of the club is through Sauchie Juniors - 19-21s + Juniors.

Bannockburn Bowmen Archery Club



Contact: Ciaran Murphy & Phil Higginbotham

Email: bannockburnbowmen@hotmail.co.uk **Website:** www.bannockburnbowmen.org

All archers compete together on an equal basis, competition is divided into gents and ladies.

There is a category for visually impaired archers too. In the winter training is held at Lornshill Academy. Outdoor training is held at Strathallan Park Bridge of Allan.

All participants must be 12+ and have completed a beginners course. There are no physical restrictions and participants do not need to compete. You can take up the sport for fun.

Dance Attack



Contact: Katie Arthur

Email: katie-arthur@tiscali.co.uk **Website:** www.katiearthur4danceattack.com **Twitter:** @danceattack23 **Facebook:** Katie Arthur Dance Attack

All classes taught in a fun, enjoyable but disciplined & secure atmosphere. Each child is encouraged to explore and reach their full potential in a fun & relaxed environment without pressure.

New pupils are welcome from age 2 1/2 for dancing and 5 for Cheerleading all the way up to adult. Pupils can participate in shows, exams, gala days and local event performances.

Active Communities



Lives

Contact: Kenny Cook
Email: kcook@clacks.gov.uk

tact: Kenny Cook Telephone: 01259 452334

Exercise classes for all levels of fitness from beginners to advanced 16+. Running/Jog Club

Military Fitness

Aerobics

Over 50s

Yoga

Tai Chi

Body Conditioning

Fitter Fellas and many more

Classes are based at Lornshill Academy and Tullibody Civic Centre, Monday - Thursday. Various Classes are free of charge.

Braehead Golf Club



Contact: Brian Leishman - Golf Professional **Email:** enquires@braeheadgolfclub.co.uk

Telephone: 01259 725766 - (Clubhouse) **Website:** www.braeheadgolfclub.co.uk

Memberships are available at very competitive rates. We are very keen to attract more junior members. Various categories and memberships are available for juniors, males and females members.

Two professional club coaches delivering quality coaching sessions. Great restaurant with top class food and function rooms at the venue.



Clackmannan County Cricket Club



Contact: Gordon Oliver

Email: juniors.clackscricket@gmail.com

Twitter: @ClacksCCC

Telephone: 07795248896

Website: www.clackmannanccc.co.uk

The club is friendly and family orientated with lots of social events throughout the year. Rain or Shine training will go ahead.

Juniors train Fridays 6:30-8:00pm @ The Arns Ground, Stirling Road

Seniors train Tuesdays & Thursdays 6:30-8:30pm @ The Arns, Stirling Road

Patons Bowling Club



Contact: John Blake

Email: jabekal2001@yahoo.co.uk

Patons bowling club are based in Alloa. The club has a fun friendly family vibe. The club are keen to attract new members of all ages and families. The club have both a junior and senior section, male and female.

Tullibody Wrestling Club



Contact: Colin McLaren Telephone: 07974428287

Email: cmclaren69@aol.com **Twitter:** @TullibodyWC

Wrestling helps improve skills and qualities in a person, self-confidence, discipline, mental toughness, sportsmanship, competitiveness, physical fitness. The club is full of energy with participants moving onto represent Scotland in the 2014 Commonwealth Games. The club is looking for new enthusiastic members to enhance their club.

Wee County Harriers



Contact: Gordon McNeil (Chairman)

Contact: Richard O'Grady (Junior Co-ordinator)

Email: gmcneil1@hotmail.co.uk

Email: rogrady@me.com

Website: www.weecountyharriers.co.uk

Twitter: @WeeCountyHarr Facebook: Wee County Harriers

Wee County Harriers train at various venues running throughout Clackmannanshire. The club have a new Junior section along with their very strong established adult section. The club allows you to train and run at your own pace to achieve your own personal goals with enthusiastic coaches motivating you for support. All new members are welcome.

Alloa Rugby Club



Contact: Gary McPhail **Telephone:** 07803855017

Email: president@alloarugby.org **Website:** www.pitchero.com/clubs/alloa/

Twitter: @AlloaGriffins Facebook: ARFC Youth

Alloa Rugby Club train at their own ground - Earlsfield Clubhouse Alloa, FK10 1QW.

Alloa Rugby Club have a Mini Section P3-P7, Youth Section, Under 18's, Under 16's, S1/S2, and Senior1st XV and 2nd XV. The club is run by a group of volunteers who have a passion for rugby. Looking to join a club and make new friends then Alloa Rugby Club is the club for you.

Alloa Ballet Company



Contact: Heather Shrimpton **Telephone:** 07774857975

Email: lovetodance@sky.com **Website:** www.alloaballetcompany.co.uk

Facebook: Alloa Ballet Company

'Everyone's successes are recognised and celebrated within an encouraging and enjoyable environment'

Students are offered the opportunity to train and enter for exams of the RAD ballet and ISTD modern, jazz and tap. The ethos of the dance school is that every child is treated as an individual with the aim to develop confident students, providing the students with the skills to use in all aspects of their lives and instill the love of dance in everyone.