



Short Term Assessment Service



**Clackmannanshire
Council**

www.clacksweb.org.uk

This leaflet explains
how we help the elderly live
independently in their own homes

What Is Short Term Assessment?

Short Term Assessment is a service that has been introduced to help older people live safely and independently in their own homes for as long as possible.

This short-term care service will also give older people an opportunity to make decisions about their longer-term future with their carers, following a period of ill health or when something has changed in their lives.

This service aims to give you encouragement, support, and confidence at these times to ensure that you can learn or re-learn the skills you need to be as independent as possible.

The focus is on working together to assess what you can do, rather than on what you aren't able to do.

Where Are Short Term Assessment Placements Available?

Short Term Assessment is provided within a Care Home setting in -

Ludgate House - Alloa



Who Is Short Term Assessment For?

The service is for people aged over 65 and who live in the Clackmannanshire Council area.

What Kind Of Situation Can Short Term Assessment Help With?

Short Term Assessment placements can help when someone has had a fall, illness, stay in hospital, or finds that they can't manage without support at home. The service can help where more support is needed than can be given within someone's own home environment.



The situations that Intermediate Care can support include:

Rehabilitation - Intensive rehabilitation by staff trained in this approach. This support could help you avoid going into hospital or even help you to leave hospital earlier.

Support at a time of crisis - Short-term care to support you until you are feeling better or are able to return home.

Decision Making/Assessment - To give you the support and space to make decisions about your future. This may involve assessments, which will be provided by a trained team of staff.

Awaiting Long Term Care - Awaiting Long Term Care The outcome of your assessment may be that you require to move to alternative housing support or long term care in either a residential or nursing home. You will be supported in preparation for this move, and to achieve as much independence as possible during this time.



Who Will Be Involved In Supporting Me?

The Short Term Assessment service is provided by a team of Clackmannanshire Council staff trained in providing good quality social care with a rehabilitative approach. The team is supported by senior care staff and managers within Care Home environments, which have been equipped to support your needs.

The service also works in partnership with NHS Forth Valley, and you will be supported by Occupational Therapists and Physiotherapists from the community REACH team. You will be allocated to a Care Manager who will support you throughout the assessment.

How Does The Short Term Care Service Work?

During your stay, the team will work with you to assess your abilities and work to your strengths. This will include agreeing outcomes and working together to reach these each day.

Reviews will be held within realistic timescales to monitor your progress and to support you in making decisions.

You will be part of all decisions about your service, and you will work with the care team to set your own expected outcomes.

Upon admission, you will agree to work towards agreed goals within a short stay timescale.

What Will Happen When My Period Of Short Term Assessment Is Finished?

Short Term Assessment is a way of making sure that you get the right care to meet your needs. Once you have completed your stay:

- ◆ You may return home independently
- ◆ You may return home with on-going support from a care at home service
- ◆ The outcome of your assessment may require you to move to alternative housing support or long term care in either a residential or nursing home.

You will be supported in making these decisions by the staff team and/or care manager.

How Much Does It Cost?

Short Term Assessment is free of charge for the period of when you are being assessed. This will be for a period of 6 weeks, although this may be extended for a further 2 weeks. If you reach a stage where you have reached your outcomes but require to continue using the service, then Clackmannanshire Council's Social Care Charging Policy will apply. Your care manager will advise you on this as part of the assessment process.

Get In Touch

If you would like more information about Intermediate Care, or wish to make a comment or complaint, please contact ...

How Can I Access The Short Stay Assessment Service?

You will need to have an assessment. These are carried out by a number of professionals – doctor, nurses, occupational therapists or social workers. There is more information in our leaflet "Care Management – what is an assessment?" To request an assessment for yourself or someone you know, phone us on ...

Unhappy With Our Service?

Clackmannanshire Council has a Complaints Policy, which you can access if you are unhappy with the service received. Further information on this process is available within the service. Alternatively, you can complain to the Care Inspectorate – telephone 0845 600 9527.

Care Inspectorate

Springfield House
Laurelhill Business Park
Laurelhill Road
Stirling
FK7 9SQ

Telephone 01786 432940

E-mail enquiries @careinspectorate.com

یہ دستاویز کے بارے میں معلومات فراہم کرتا ہے۔ ایڈلٹ یعنی بالغ افراد کے لئے کیئر سروس
اس دستاویز کو اپنی زبان میں سمجھنے کے واسطے اگر آپ کو مدد کی ضرورت ہے تو برائے مہربانی اسکو کونسل آفس
لے جائیں اور ریسپشن پر پوچھیں۔ کونسل کے دفاتر کے پتے نیچے درج ہیں۔

這文件內容是有關 成人護理服務。

如你需要，我們可以用你的語言幫助你了解此文件的內容。
請携同此文件到議局辦公室接待處查詢。辦公室地址如下：

Niniejszy document udziela informacji na temat Opieki
Społecznej dla Dorosłych.

Jeśli chcieliby Państwo skorzystać z pomocy w zrozumieniu tego
dokumentu w swoim języku, proszę go ze sobą zabrać do Biura
Rady Miejskiej (Council Office) i zapytać w recepcji. Mogą
Państwo znaleźć Biura Rady Miejskiej pod poniższymi adresami:

Kilncraigs
Greenside Street
Alloa.
FK10 1EB