

Alloa Academy

Active Schools Programme



School Sports Clubs

Mondays

Rugby (Teams) – After School (Astro)

Alloa RFC Staff

<u>Fitness (S1-6)</u> – Afterschool (Fitness Suite) Leisure Staff

Wednesdays

Rugby (Teams) - Breakfast Club 7.45-8.15am (PE Dept) – Alloa RFC Staff

<u>Badminton (S1-3)</u> – 3.00-3.45pm (Games Hall) Mr Lynch

Badminton (S4-6) – 3.45-4.30pm (Games Hall)

Mr Lynch

Dance (S1-6) – After School (Dance Studio)

Mr Lynch, Jersey, Emily

<u>Fitness (S1-6)</u> – After School (Fitness Suite)

Leisure Staff

Fridays

<u>Fitness (S1-6)</u> – After School (Fitness Suite)

Leisure Staff

Tuesdays

<u>Basketball (S1-6)</u> – After School (Games Hall)– Mr Monaghan

Dance (S1-6) – After School (Dance Studio)

Mr Lynch, Jersey, Emily

<u>Fitness (S1-6)</u> – After School (Fitness Suite) – Leisure Staff

Thursdays

Girl's Boxing (S1-6) - After School

Alloa Boxing Club Staff

Boys Boxing (S1-6) – After School - Mr Jewell

Netball (S1-6) - After School (Games Hall) -

Mr Jewell, Mia, Demi, Lia, Emma

Fitness (S1-6) – After School (Fitness Suite)

Leisure Staff

Various

U14 Football – Fixtures - Mr Monaghan

U15 Football - Fixtures – Mr McCracken

Rugby (S1/S2/S3-4) - Fixtures - Alloa RFC Staff



Comhairle Siorrachd Chlach Mhanann

