



**Directory of
Emotional Well Being**
Children and Young People
in Clackmannanshire

Revised October 2011



Clackmannanshire Council
www.clacksweb.org.uk

Over the past few years there has been an increase in the range of supports available to children and young people whose emotional well being is giving cause for concern.

This directory has been compiled to provide information about some of the services which are available to children and young people living in Clackmannanshire

INDEX

**List of Contributors in Alphabetical Order
Pages 4-21**

**List of Contributors By Age Range
Pages 24-40**

**Services Offering Individual Input to Children and
Young People
Pages 42-54**

**Services Offering Group Work Input to Children and
Young People
Pages 55-69**

**Services Offering Advice and Consultation
Pages 71-79**

Directory of Emotional Well Being Children and Young People Clackmannanshire

All entries are listed alphabetically. Entries in the Directory appear in a number of categories

This Directory is not an exhaustive list and other services may be available.

List of Contributors

Alphabetical order

Advocacy into Action

Barnardos Freagarrach Project (Offenders Service)

Barnardos Freagarrach Project (Sexually Harmful Behaviour Service)

Child & Adolescent Mental Health Service (CAMHS)

Child Care Services Young Persons Substance Misuse Team

Children's Bereavement Service: The Seasons Group

Clackmannanshire Listeners

Clackmannanshire Psychological Services

Clackmannanshire Women's Aid Outreach Service

Community House

Open Secret

Primary Schools Support Service

Secondary Schools Support Service

Sports Development

Young Carers School Project

Children and Young People's Emotional Well Being Forum Directory Entry

- Name of service.....Advocacy Into Action.....
Provider (*eg voluntary, Health Board, Local Authority*)Voluntary.

- Project base and contact details including telephone number, e-mail address, website
(*include names of those providing the Service if appropriate*)..

Maggie McAlpine

maggie@theadvocayplace.org

www.advocacyintoaction.org

Tel : 01259 722257

The Advocacy Place

1 King Street,

Alloa

FK10 1LA

Find us on Bebo!

- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*) **Our project is aimed at young people (aged 14 to 25) who have learning disabilities. We aim to:**
 - * ensure young people's full involvement in the planning process for leaving school,
 - * ensure improved access to learning, training or employment opportunities,
 - * develop a training pack for young people helping them to develop self advocacy skills
 - * support young people towards independent living
- Where and when is the service provided? (eg schools, clinics).....Where ever the young people feel comfortable (eg. school, college, home, office)
- Is the service available out of hours. Is there a help line or 24 hour phone contact?..... Not normally, but groups are run to suit the needs of the young people we work with
- General referral criteria People aged 14 to 25 who have a learning disability living in Clackmanannshire
- Availability of service..... Open referral system
- Leaflets available.....Yes
- Nature of Service available
 - Advice/consultation
 - Counselling/support
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)independent advocacy

Data provided will be used for the purposes of maintaining and updating this directory. The information provided for use in the directory will be published on the Council's Website, www.clacksweb.org.uk

Children and Young People's Emotional Well Being Forum Directory Entry

- Name of service**Child & Adolescent Mental Health Services (CAMHS)**
- Provider (*eg voluntary, Health Board, Local Authority*)....**NHS Forth Valley**....
- Project base and contact details including telephone number, e-mail address, website (*include names of those providing the Service if appropriate*).... **Contact Details:**

The Manor, Brown Street, Camelon, Falkirk, FK1 4PX, Tel - (01324) 610846 Fax - (01324) 610847. There is an out of hours answer phone on the above number which serves Falkirk & District Council area.

1 Randolph Road, Stirling, FK8 2AU Tel - (01786) 450471 Fax - (01786) 448980

There is an out of hours answer phone which serves Stirling Council & Clackmannanshire Council areas

Link Up Service, 1 Randolph Road, Stirling, FK8 2AU

Website: http://www.nhsforthvalley.com/home/Services/A-Z/CAMH/CAMH_Intro.html..

- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*).....

The Child and Adolescent Mental Health Service (CAMHS) provides assessment and intervention for children and young people with mental health difficulties and their families. The aim of CAMHS is to improve the lives of those with moderate to severe emotional, behavioural, psychological or psychiatric difficulties. CAMHS Link Up which is the early intervention part of CAMHS (delivered in partnership with Clackmannanshire Health Alliance) provides liaison, consultation with Local Authority Services, Voluntary Agencies, Health Visitors, School Nurses etc. Needs of pre-school children and individuals with less complex needs are often met in this way. We also have a Primary Mental Health Worker funded by the Health & Wellbeing in Schools initiative within Clackmannanshire who specialises in thinking about children whose parents have mental health issues.

- Where and when is the service provided? (*eg schools, clinics*).... **Outpatient CAMHS services are open from Monday to Friday 9am to 5pm, excluding Bank Holidays. New clients are sent a map and directions to the service. Families on Income Support or Working Families Tax Credits may claim travel costs. In most cases, reimbursements will be based on public transport fees and a fare receipt is necessary. The cost of fuel may be claimed if it is less than the equivalent cost of public transport. Although some specialist clinics are held at one base only, the service aims to make support as accessible as possible. In some circumstances staff will visit families at home or in school.**

- Is the service available out of hours. Is there a help line or 24 hour phone contact

Our normal working hours are 9-5 Mon-Fri although we do offer an evening clinic on Tuesdays. We have out of hours answer phones which serves local authority areas. For those who feel very concerned about the mental health needs of any child or young person you should contact the child's General Practitioner or present at Accident & Emergency.

- General referral criteria

Condition 1 (basic threshold)

A child/young person has or is suspected to have a mental disorder or other condition that results in persistent symptoms of psychological distress.

Condition 2 (complexity and severity threshold)

There is also the existence of at least one of the following:

- **An associated serious and persistent impairment of their day to day social functioning.**
- **An associated risk that the child/young person may cause serious harm to themselves or others.**

In addition where there is evidence of an associated significantly unfavourable social context (e.g. a child in care, or on child protection register, a sibling or parent or carer with significant mental or physical health problems, a child who has been the victim of abuse or who has experienced domestic abuse) then a multidisciplinary approach should be taken ensuring appropriate inclusion of relevant agencies.

- Any specific referral criteria? (eg geographical or age limitations)

CAMHS deals with all children and young people aged from 0-19 who currently reside within NHS Forth Valley

- Availability of service (*eg do referrals require to go through GP, Staged Intervention?*)

Written referrals to the service are accepted from General Practice, Paediatrics, Educational Psychology, Speech & Language, Social Work. CAMHS responds to emergency referrals first and prioritises on the basis of clinical needs. Clients referred on a non-urgent basis will be asked to telephone the service to arrange an initial appointment. In some cases CAMHS is not best suited to meet the needs of the child or adolescent and another department or agency is contacted. Discharge after treatment is arranged in agreement with the client and care is returned to the referrer. Social Work & Educational Psychology Referrals are often discussed with the relevant referrer first via consultation this is to uphold the principles of GIRFEC and avoids a child undergoing numerous assessments.

Children and Young People's Emotional Well Being Forum Directory Entry

- Name of service ..Clackmannanshire Women's Aid Outreach Service.....
- Provider (**eg voluntary, Health Board, Local Authority**).....Voluntary.....
.....
- Project base and contact details including telephone number, e-mail address, website
(**include names of those providing the Service if appropriate**)... Katie Cummings -
Office 01259 721407.....
- What are the planned outcomes of service? (**eg "to aid recovery following bereavement"**)...Support children and young people who have or are experiencing domestic abuse - aim to assist them to cope better and to talk through their issues.....
- Where and when is the service provided? (eg schools, clinics).....Secondary Schools and Primary Schools and also in the office or out in the community.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact? ...No....
- General referral criteriaChildren - young people who have experienced or experience domestic abuse.....
- Any specific referral criteria? (eg geographical or age limitations) ...Clackmannanshire Area - Age from 4/5 years to 18 years old.....
- Availability of service (**eg do referrals require to go through GP, Staged Intervention?**)
No, referrals can be through schools, social work, other agencies or self referral
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/support
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)Within the schools -raising awareness of domestic abuse.....

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceCommunity House.....
- Provider (*eg voluntary, Health Board, Local Authority*).....Voluntary Charity and Company Limited by Guarantee.....
- Project base and contact details including telephone number, e-mail address, website (*include names of those providing the Service if appropriate*)...Elaine McDonagh Project Manager Community House 23 Maree Court Alloa Fk10 1QE. Tel 01250 725424 email: elainecommunityhouse@tiscali.co.uk.....
- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*)....to provide a safe listening place where self esteem and self confidence can be built up. Various activity sessions are on offer and supervised by trained staff – new skills learned
- Where and when is the service provided? (eg schools, clinics)..Community House Monday – Friday (sessions for all ages babies/children/youth/adults.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact? ..Some activities are out of hours – after school clubs/ youth club.....
- General referral criteria ...Open to all.....
- Any specific referral criteria? (eg geographical or age limitations) ...Some sessions are for a particular age group (please make contact for further information).....
- Availability of service (*eg do referrals require to go through GP, Staged Intervention?*) ...no we have an open door policy.....
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/**support**
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)team building through play/arts crafts/ drama/music/sports/ baking/ healthy eating etc.....

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of servicePrimary Schools' Support Service
- Provider (**eg voluntary, Health Board, Local Authority**).....Local Authority
- Project base and contact details including telephone number, e-mail address, website
(**include names of those providing the Service if appropriate**)..... c/o Park Primary
School, East Castle Street, Alloa FK10 1AN.....
- What are the planned outcomes of service? (**eg "to aid recovery following bereavement"**)...To educate and support children and young people in a small
therapeutic environment and to support children and young people maintain their
mainstream school placement
- Where and when is the service provided? (eg schools, clinics)...Offsite and mainstream
secondary schools.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact?No...
- General referral criteriaThrough GIRFEC Screening Group.....
- Any specific referral criteria? (eg geographical or age limitations)5-16 years
- Availability of service (**eg do referrals require to go through GP, Staged Intervention?**)
....Staged Intervention.....
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/support
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)Friends, Seasons, HOW2, Issue based work,
Circle Time

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceSecondary Schools' Support Service
- Provider (**eg voluntary, Health Board, Local Authority**).....Local Authority
- Project base and contact details including telephone number, e-mail address, website
(**include names of those providing the Service if appropriate**)..... Bedford Place, Alloa,
FK10 1LJ, 01259 724345 ssss@edu.clacks.gov.uk
- What are the planned outcomes of service? (**eg "to aid recovery following bereavement"**)...To educate and support children and young people in a small therapeutic environment and to support children and young people maintain their mainstream school placement
- Where and when is the service provided? (eg schools, clinics)...Offsite and mainstream secondary schools.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact?No...
- General referral criteriaThrough GIRFEC Screening Group.....
- Any specific referral criteria? (eg geographical or age limitations)5-16 years
- Availability of service (**eg do referrals require to go through GP, Staged Intervention?**)
....Staged Intervention.....
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/support
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)Friends, Seasons, HOW2, Issue based work,
Circle Time

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceSports Development.....
- Provider (*eg voluntary, Health Board, Local Authority*)..Local Authority (Services to People.....
- Project base and contact details including telephone number, e-mail address, website (*include names of those providing the Service if appropriate*)....6 Marshall. Alloa, FK10 1AB, 01259 222350 mdmacfarlane@clacks.gov.uk
- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*).....Partnership delivery of physical activity, Primary PE and sport
- Where and when is the service provided? (eg schools, clinics)..Nurseries, Primary Schools, Secondary Schools, Special Schools, community sites and sports clubs.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact?
- General referral criteriaNone.....
- Any specific referral criteria? (eg geographical or age limitations) .. All activities are age and ability specific....Human _____ and ASN by referral.....
- Availability of service (*eg do referrals require to go through GP, Staged Intervention?*)
- Leaflets available Yes Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/support
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)

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Directory of Emotional Well Being Children and Young People Clackmannanshire

Entries in the Directory appear in a number of categories

This Directory is not an exhaustive list and other services may be available.

By Age Range

From 0-2 years

From 0-3 years

From 0-24 years
Clackmannanshire Psychological Service

From 0-19 years
Child & Adolescent Mental Health Service (CAMHS)

From 5-12 years
Primary Schools Support Service

From 4-18 years
Clackmannanshire Women's Aid Outreach Service

For 6-18 years
Children's Bereavement Service: The Seasons Group

From 12-18 years
Barnardos Freagarrach Project (Offenders Service)
Barnardos Freagarrach Project (Sexually Harmful Behaviour Service)
Child Care Services Young Persons Substance Misuse Team

From 12 years plus
Open Secret

From age 14-25 years
Advocacy into Children

For under 18 years

Young Carers School

For Secondary School Aged children
Secondary Schools Support Service

Age not specified
Clackmannanshire Listeners
Community House

Sports Development

Children and Young People's Emotional Well Being Forum Directory Entry

- Name of service**Child & Adolescent Mental Health Services (CAMHS)**
- Provider (*eg voluntary, Health Board, Local Authority*)....**NHS Forth Valley**....
- Project base and contact details including telephone number, e-mail address, website (*include names of those providing the Service if appropriate*).... **Contact Details:**

The Manor, Brown Street, Camelon, Falkirk, FK1 4PX, Tel - (01324) 610846 Fax - (01324) 610847. There is an out of hours answer phone on the above number which serves Falkirk & District Council area.

1 Randolph Road, Stirling, FK8 2AU Tel - (01786) 450471 Fax - (01786) 448980

There is an out of hours answer phone which serves Stirling Council & Clackmannanshire Council areas

Link Up Service, 1 Randolph Road, Stirling, FK8 2AU

Website: http://www.nhsforthvalley.com/home/Services/A-Z/CAMH/CAMH_Intro.html..

- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*).....

The Child and Adolescent Mental Health Service (CAMHS) provides assessment and intervention for children and young people with mental health difficulties and their families. The aim of CAMHS is to improve the lives of those with moderate to severe emotional, behavioural, psychological or psychiatric difficulties. CAMHS Link Up which is the early intervention part of CAMHS (delivered in partnership with Clackmannanshire Health Alliance) provides liaison, consultation with Local Authority Services, Voluntary Agencies, Health Visitors, School Nurses etc. Needs of pre-school children and individuals with less complex needs are often met in this way. We also have a Primary Mental Health Worker funded by the Health & Wellbeing in Schools initiative within Clackmannanshire who specialises in thinking about children whose parents have mental health issues.

- Where and when is the service provided? (*eg schools, clinics*).... **Outpatient CAMHS services are open from Monday to Friday 9am to 5pm, excluding Bank Holidays. New clients are sent a map and directions to the service. Families on Income Support or Working Families Tax Credits may claim travel costs. In most cases, reimbursements will be based on public transport fees and a fare receipt is necessary. The cost of fuel may be claimed if it is less than the equivalent cost of public transport. Although some specialist clinics are held at one base only, the service aims to make support as accessible as possible. In some circumstances staff will visit families at home or in school.**

- Is the service available out of hours. Is there a help line or 24 hour phone contact

Our normal working hours are 9-5 Mon-Fri although we do offer an evening clinic on Tuesdays. We have out of hours answer phones which serves local authority areas. For those who feel very concerned about the mental health needs of any child or young person you should contact the child's General Practitioner or present at Accident & Emergency.

- General referral criteria

Condition 1 (basic threshold)

A child/young person has or is suspected to have a mental disorder or other condition that results in persistent symptoms of psychological distress.

Condition 2 (complexity and severity threshold)

There is also the existence of at least one of the following:

- An associated serious and persistent impairment of their day to day social functioning.
- An associated risk that the child/young person may cause serious harm to themselves or others.

In addition where there is evidence of an associated significantly unfavourable social context (e.g. a child in care, or on child protection register, a sibling or parent or carer with significant mental or physical health problems, a child who has been the victim of abuse or who has experienced domestic abuse) then a multidisciplinary approach should be taken ensuring appropriate inclusion of relevant agencies.

- Any specific referral criteria? (eg geographical or age limitations)

CAMHS deals with all children and young people aged from 0-19 who currently reside within NHS Forth Valley

- Availability of service (*eg do referrals require to go through GP, Staged Intervention?*)

Written referrals to the service are accepted from General Practice, Paediatrics, Educational Psychology, Speech & Language, Social Work. CAMHS responds to emergency referrals first and prioritises on the basis of clinical needs. Clients referred on a non-urgent basis will be asked to telephone the service to arrange an initial appointment. In some cases CAMHS is not best suited to meet the needs of the child or adolescent and another department or agency is contacted. Discharge after treatment is arranged in agreement with the client and care is returned to the referrer. Social Work & Educational Psychology Referrals are often discussed with the relevant referrer first via consultation this is to uphold the principles of GIRFEC and avoids a child undergoing numerous assessments.

- Leaflets available Professional Parent Child/Young People

- Nature of Service available

- Advice/consultation
- Counselling/support
- Short term intervention
- Long term Therapeutic intervention
- Group work (please specify)We offer issue based group work for those parents already involved with CAMHS.....

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of service.....Advocacy Into Action.....
Provider (*eg voluntary, Health Board, Local Authority*)Voluntary.

- Project base and contact details including telephone number, e-mail address, website
(*include names of those providing the Service if appropriate*)..

Maggie McAlpine

maggie@theadvocayplace.org

www.advocacyintoaction.org

Tel : 01259 722257

The Advocacy Place

1 King Street,

Alloa

FK10 1LA

Find us on Bebo!

- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*) **Our project is aimed at young people (aged 14 to 25) who have learning disabilities. We aim to:**
 - * ensure young people's full involvement in the planning process for leaving school,
 - * ensure improved access to learning, training or employment opportunities,
 - * develop a training pack for young people helping them to develop self advocacy skills
 - * support young people towards independent living
- Where and when is the service provided? (eg schools, clinics).....Where ever the young people feel comfortable (eg. school, college, home, office)
- Is the service available out of hours. Is there a help line or 24 hour phone contact?..... Not normally, but groups are run to suit the needs of the young people we work with
- General referral criteria People aged 14 to 25 who have a learning disability living in Clackmanannshire
- Availability of service..... Open referral system
- Leaflets available.....Yes
- Nature of Service available
 - Advice/consultation
 - Counselling/support
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)independent advocacy

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceSecondary Schools' Support Service
- Provider (*eg voluntary, Health Board, Local Authority*).....Local Authority
- Project base and contact details including telephone number, e-mail address, website
(*include names of those providing the Service if appropriate*)..... Bedford Place, Alloa,
FK10 1LJ, 01259 724345 ssss@edu.clacks.gov.uk
- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*)...To educate and support children and young people in a small
therapeutic environment and to support children and young people maintain their
mainstream school placement
- Where and when is the service provided? (eg schools, clinics)...Offsite and mainstream
secondary schools.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact?No...
- General referral criteriaThrough GIRFEC Screening Group.....
- Any specific referral criteria? (eg geographical or age limitations)5-16 years
- Availability of service (*eg do referrals require to go through GP, Staged Intervention?*)
....Staged Intervention.....
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation ✓
 - Counselling/support □
 - Short term intervention ✓
 - Long term Therapeutic intervention □
 - Group work (please specify) Friends, Seasons, HOW2, Issue based work,
Circle Time

Data provided will be used for the purposes of maintaining and updating this directory. The information provided for use in the directory will be published on the Council's Website, www.clacksweb.org.uk

Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceCommunity House.....
- Provider (**eg voluntary, Health Board, Local Authority**).....Voluntary Charity and Company Limited by Guarantee.....
- Project base and contact details including telephone number, e-mail address, website (**include names of those providing the Service if appropriate**)...Elaine McDonagh Project Manager Community House 23 Maree Court Alloa Fk10 1QE. Tel 01250 725424 email: elainecommunityhouse@tiscali.co.uk.....
- What are the planned outcomes of service? (**eg "to aid recovery following bereavement"**)...to provide a safe listening place where self esteem and self confidence can be built up. Various activity sessions are on offer and supervised by trained staff – new skills learned
- Where and when is the service provided? (eg schools, clinics)..Community House Monday – Friday (sessions for all ages babies/children/youth/adults.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact? ..Some activities are out of hours – after school clubs/ youth club.....
- General referral criteria ...Open to all.....
- Any specific referral criteria? (eg geographical or age limitations) ...Some sessions are for a particular age group (please make contact for further information).....
- Availability of service (**eg do referrals require to go through GP, Staged Intervention?**) ...no we have an open door policy.....
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/**support**
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)team building through play/arts crafts/ drama/music/sports/ baking/ healthy eating etc.....

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceSports Development.....
- Provider (**eg voluntary, Health Board, Local Authority**)..Local Authority (Services to People.....
- Project base and contact details including telephone number, e-mail address, website (**include names of those providing the Service if appropriate**)....6 Marshall. Alloa, FK10 1AB, 01259 222350 mdmacfarlane@clacks.gov.uk
- What are the planned outcomes of service? (**eg "to aid recovery following bereavement"**).....Partnership delivery of physical activity, Primary PE and sport
- Where and when is the service provided? (eg schools, clinics)..Nurseries, Primary Schools, Secondary Schools, Special Schools, community sites and sports clubs.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact?
- General referral criteriaNone.....
- Any specific referral criteria? (eg geographical or age limitations) .. All activities are age and ability specific....Human _____ and ASN by referral.....
- Availability of service (**eg do referrals require to go through GP, Staged Intervention?**)
- Leaflets available Yes Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/support
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)

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**Directory of Emotional Well Being
Children and Young People Clackmannanshire**

Entries in the Directory also appear in a number of categories

This Directory is not an exhaustive list and other services may be available.

Services Offering Individual Input to Children and Young People

Barnardos Freagarrach Project (Offenders Service)

Barnardos Freagarrach Project (Sexually Harmful Behaviour Service)

Child & Adolescent Mental Health Service (CAMHS)

Child Care Services Young Persons Substance Misuse Team

Children's Bereavement Service: The Seasons Group

Clackmannanshire Listeners

Clackmannanshire Psychological Services

Clackmannanshire Women's Aid Outreach Service

Community House

Open Secret

Young Carers School

Children and Young People's Emotional Well Being Forum Directory Entry

- Name of service**Child & Adolescent Mental Health Services (CAMHS)**
- Provider (*eg voluntary, Health Board, Local Authority*)....**NHS Forth Valley**....
- Project base and contact details including telephone number, e-mail address, website (*include names of those providing the Service if appropriate*).... **Contact Details:**

The Manor, Brown Street, Camelon, Falkirk, FK1 4PX, Tel - (01324) 610846 Fax - (01324) 610847. There is an out of hours answer phone on the above number which serves Falkirk & District Council area.

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Link Up Service, 1 Randolph Road, Stirling, FK8 2AU

Website: http://www.nhsforthvalley.com/home/Services/A-Z/CAMH/CAMH_Intro.html..

- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*).....

The Child and Adolescent Mental Health Service (CAMHS) provides assessment and intervention for children and young people with mental health difficulties and their families. The aim of CAMHS is to improve the lives of those with moderate to severe emotional, behavioural, psychological or psychiatric difficulties. CAMHS Link Up which is the early intervention part of CAMHS (delivered in partnership with Clackmannanshire Health Alliance) provides liaison, consultation with Local Authority Services, Voluntary Agencies, Health Visitors, School Nurses etc. Needs of pre-school children and individuals with less complex needs are often met in this way. We also have a Primary Mental Health Worker funded by the Health & Wellbeing in Schools initiative within Clackmannanshire who specialises in thinking about children whose parents have mental health issues.

- Where and when is the service provided? (*eg schools, clinics*).... **Outpatient CAMHS services are open from Monday to Friday 9am to 5pm, excluding Bank Holidays. New clients are sent a map and directions to the service. Families on Income Support or Working Families Tax Credits may claim travel costs. In most cases, reimbursements will be based on public transport fees and a fare receipt is necessary. The cost of fuel may be claimed if it is less than the equivalent cost of public transport. Although some specialist clinics are held at one base only, the service aims to make support as accessible as possible. In some circumstances staff will visit families at home or in school.**

- Is the service available out of hours. Is there a help line or 24 hour phone contact
Our normal working hours are 9-5 Mon-Fri although we do offer an evening clinic on Tuesdays. We have out of hours answer phones which serves local authority areas. For those who feel very concerned about the mental health needs of any child or young person you should contact the child's General Practitioner or present at Accident & Emergency.

- General referral criteria

Condition 1 (basic threshold)

A child/young person has or is suspected to have a mental disorder or other condition that results in persistent symptoms of psychological distress.

Condition 2 (complexity and severity threshold)

There is also the existence of at least one of the following:

- An associated serious and persistent impairment of their day to day social functioning.
- An associated risk that the child/young person may cause serious harm to themselves or others.

In addition where there is evidence of an associated significantly unfavourable social context (e.g. a child in care, or on child protection register, a sibling or parent or carer with significant mental or physical health problems, a child who has been the victim of abuse or who has experienced domestic abuse) then a multidisciplinary approach should be taken ensuring appropriate inclusion of relevant agencies.

- Any specific referral criteria? (eg geographical or age limitations)

CAMHS deals with all children and young people aged from 0-19 who currently reside within NHS Forth Valley

- Availability of service (*eg do referrals require to go through GP, Staged Intervention?*)

Written referrals to the service are accepted from General Practice, Paediatrics, Educational Psychology, Speech & Language, Social Work. CAMHS responds to emergency referrals first and prioritises on the basis of clinical needs. Clients referred on a non-urgent basis will be asked to telephone the service to arrange an initial appointment. In some cases CAMHS is not best suited to meet the needs of the child or adolescent and another department or agency is contacted. Discharge after treatment is arranged in agreement with the client and care is returned to the referrer. Social Work & Educational Psychology Referrals are often discussed with the relevant referrer first via consultation this is to uphold the principles of GIRFEC and avoids a child undergoing numerous assessments.

• Leaflets available Professional Parent Child/Young People

• Nature of Service available

- Advice/consultation
- Counselling/support
- Short term intervention
- Long term Therapeutic intervention
- Group work (please specify)We offer issue based group work for those parents already involved with CAMHS.....

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of service ..Clackmannanshire Women's Aid Outreach Service.....
- Provider (**eg voluntary, Health Board, Local Authority**).....Voluntary.....
.....
- Project base and contact details including telephone number, e-mail address, website
(**include names of those providing the Service if appropriate**)... Katie Cummings -
Office 01259 721407.....
- What are the planned outcomes of service? (**eg "to aid recovery following bereavement"**)...Support children and young people who have or are experiencing domestic abuse - aim to assist them to cope better and to talk through their issues.....
- Where and when is the service provided? (eg schools, clinics).....Secondary Schools and Primary Schools and also in the office or out in the community.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact? ...No....
- General referral criteriaChildren - young people who have experienced or experience domestic abuse.....
- Any specific referral criteria? (eg geographical or age limitations) ...Clackmannanshire Area - Age from 4/5 years to 18 years old.....
- Availability of service (**eg do referrals require to go through GP, Staged Intervention?**)
No, referrals can be through schools, social work, other agencies or self referral
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/support
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)Within the schools -raising awareness of domestic abuse.....

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceCommunity House.....
- Provider (**eg voluntary, Health Board, Local Authority**).....Voluntary Charity and Company Limited by Guarantee.....
- Project base and contact details including telephone number, e-mail address, website (**include names of those providing the Service if appropriate**)...Elaine McDonagh Project Manager Community House 23 Maree Court Alloa Fk10 1QE. Tel 01250 725424 email: elainecommunityhouse@tiscali.co.uk.....
- What are the planned outcomes of service? (**eg "to aid recovery following bereavement"**)...to provide a safe listening place where self esteem and self confidence can be built up. Various activity sessions are on offer and supervised by trained staff – new skills learned
- Where and when is the service provided? (eg schools, clinics)..Community House Monday – Friday (sessions for all ages babies/children/youth/adults.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact? ..Some activities are out of hours – after school clubs/ youth club.....
- General referral criteria ...Open to all.....
- Any specific referral criteria? (eg geographical or age limitations) ...Some sessions are for a particular age group (please make contact for further information).....
- Availability of service (**eg do referrals require to go through GP, Staged Intervention?**) ...no we have an open door policy.....
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/**support**
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)team building through play/arts crafts/ drama/music/sports/ baking/ healthy eating etc.....

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Directory of Emotional Well Being
Children and Young People Clackmannanshire

Entries in the Directory also appear in a number of categories

This Directory is not an exhaustive list and other services may be available.

Services Offering Group Work Input to Children and Young People

Barnardos Freagarrach Project (Offenders Service)

Barnardos Freagarrach Project (Sexually Harmful Behaviour Service)

Child & Adolescent Mental Health Service (CAMHS)

Child Care Services Young Persons Substance Misuse Team

Children's Bereavement Service: The Seasons Group

Clackmannanshire Listeners

Clackmannanshire Psychological Services

Clackmannanshire Women's Aid Outreach Service

Community House

Open Secret

Secondary Schools Support Service

Young Carers School

Children and Young People's Emotional Well Being Forum Directory Entry

- Name of service**Child & Adolescent Mental Health Services (CAMHS)**
- Provider (*eg voluntary, Health Board, Local Authority*)....**NHS Forth Valley**....
- Project base and contact details including telephone number, e-mail address, website (*include names of those providing the Service if appropriate*).... **Contact Details:**

The Manor, Brown Street, Camelon, Falkirk, FK1 4PX, Tel - (01324) 610846 Fax - (01324) 610847. There is an out of hours answer phone on the above number which serves Falkirk & District Council area.

1 Randolph Road, Stirling, FK8 2AU Tel - (01786) 450471 Fax - (01786) 448980

There is an out of hours answer phone which serves Stirling Council & Clackmannanshire Council areas

Link Up Service, 1 Randolph Road, Stirling, FK8 2AU

Website: http://www.nhsforthvalley.com/home/Services/A-Z/CAMH/CAMH_Intro.html..

- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*).....

The Child and Adolescent Mental Health Service (CAMHS) provides assessment and intervention for children and young people with mental health difficulties and their families. The aim of CAMHS is to improve the lives of those with moderate to severe emotional, behavioural, psychological or psychiatric difficulties. CAMHS Link Up which is the early intervention part of CAMHS (delivered in partnership with Clackmannanshire Health Alliance) provides liaison, consultation with Local Authority Services, Voluntary Agencies, Health Visitors, School Nurses etc. Needs of pre-school children and individuals with less complex needs are often met in this way. We also have a Primary Mental Health Worker funded by the Health & Wellbeing in Schools initiative within Clackmannanshire who specialises in thinking about children whose parents have mental health issues.

- Where and when is the service provided? (*eg schools, clinics*).... **Outpatient CAMHS services are open from Monday to Friday 9am to 5pm, excluding Bank Holidays. New clients are sent a map and directions to the service. Families on Income Support or Working Families Tax Credits may claim travel costs. In most cases, reimbursements will be based on public transport fees and a fare receipt is necessary. The cost of fuel may be claimed if it is less than the equivalent cost of public transport. Although some specialist clinics are held at one base only, the service aims to make support as accessible as possible. In some circumstances staff will visit families at home or in school.**

- Is the service available out of hours. Is there a help line or 24 hour phone contact

Our normal working hours are 9-5 Mon-Fri although we do offer an evening clinic on Tuesdays. We have out of hours answer phones which serves local authority areas. For those who feel very concerned about the mental health needs of any child or young person you should contact the child's General Practitioner or present at Accident & Emergency.

- General referral criteria

Condition 1 (basic threshold)

A child/young person has or is suspected to have a mental disorder or other condition that results in persistent symptoms of psychological distress.

Condition 2 (complexity and severity threshold)

There is also the existence of at least one of the following:

- **An associated serious and persistent impairment of their day to day social functioning.**
- **An associated risk that the child/young person may cause serious harm to themselves or others.**

In addition where there is evidence of an associated significantly unfavourable social context (e.g. a child in care, or on child protection register, a sibling or parent or carer with significant mental or physical health problems, a child who has been the victim of abuse or who has experienced domestic abuse) then a multidisciplinary approach should be taken ensuring appropriate inclusion of relevant agencies.

- Any specific referral criteria? (eg geographical or age limitations)

CAMHS deals with all children and young people aged from 0-19 who currently reside within NHS Forth Valley

- Availability of service (*eg do referrals require to go through GP, Staged Intervention?*)

Written referrals to the service are accepted from General Practice, Paediatrics, Educational Psychology, Speech & Language, Social Work. CAMHS responds to emergency referrals first and prioritises on the basis of clinical needs. Clients referred on a non-urgent basis will be asked to telephone the service to arrange an initial appointment. In some cases CAMHS is not best suited to meet the needs of the child or adolescent and another department or agency is contacted. Discharge after treatment is arranged in agreement with the client and care is returned to the referrer. Social Work & Educational Psychology Referrals are often discussed with the relevant referrer first via consultation this is to uphold the principles of GIRFEC and avoids a child undergoing numerous assessments.

• Leaflets available Professional Parent Child/Young People

• Nature of Service available

- Advice/consultation
- Counselling/support
- Short term intervention
- Long term Therapeutic intervention
- Group work (please specify)We offer issue based group work for those parents already involved with CAMHS.....

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of service ..Clackmannanshire Women's Aid Outreach Service.....
- Provider (**eg voluntary, Health Board, Local Authority**).....Voluntary.....
.....
- Project base and contact details including telephone number, e-mail address, website
(**include names of those providing the Service if appropriate**)... Katie Cummings -
Office 01259 721407.....
- What are the planned outcomes of service? (**eg "to aid recovery following bereavement"**)...Support children and young people who have or are experiencing domestic abuse - aim to assist them to cope better and to talk through their issues.....
- Where and when is the service provided? (eg schools, clinics).....Secondary Schools and Primary Schools and also in the office or out in the community.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact? ...No....
- General referral criteriaChildren - young people who have experienced or experience domestic abuse.....
- Any specific referral criteria? (eg geographical or age limitations) ...Clackmannanshire Area - Age from 4/5 years to 18 years old.....
- Availability of service (**eg do referrals require to go through GP, Staged Intervention?**)
No, referrals can be through schools, social work, other agencies or self referral
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/support
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)Within the schools -raising awareness of domestic abuse.....

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceCommunity House.....
- Provider (**eg voluntary, Health Board, Local Authority**).....Voluntary Charity and Company Limited by Guarantee.....
- Project base and contact details including telephone number, e-mail address, website (**include names of those providing the Service if appropriate**)...Elaine McDonagh Project Manager Community House 23 Maree Court Alloa Fk10 1QE. Tel 01250 725424 email: elainecommunityhouse@tiscali.co.uk.....
- What are the planned outcomes of service? (**eg "to aid recovery following bereavement"**)....to provide a safe listening place where self esteem and self confidence can be built up. Various activity sessions are on offer and supervised by trained staff – new skills learned
- Where and when is the service provided? (eg schools, clinics)..Community House Monday – Friday (sessions for all ages babies/children/youth/adults.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact? ..Some activities are out of hours – after school clubs/ youth club.....
- General referral criteria ...Open to all.....
- Any specific referral criteria? (eg geographical or age limitations) ...Some sessions are for a particular age group (please make contact for further information).....
- Availability of service (**eg do referrals require to go through GP, Staged Intervention?**) ...no we have an open door policy.....
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation
 - Counselling/**support**
 - Short term intervention
 - Long term Therapeutic intervention
 - Group work (please specify)team building through play/arts crafts/ drama/music/sports/ baking/ healthy eating etc.....

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceSecondary Schools' Support Service
- Provider (*eg voluntary, Health Board, Local Authority*).....Local Authority
- Project base and contact details including telephone number, e-mail address, website
(*include names of those providing the Service if appropriate*)..... Bedford Place, Alloa,
FK10 1LJ, 01259 724345 ssss@edu.clacks.gov.uk
- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*)...To educate and support children and young people in a small
therapeutic environment and to support children and young people maintain their
mainstream school placement
- Where and when is the service provided? (eg schools, clinics)...Offsite and mainstream
secondary schools.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact?No...
- General referral criteriaThrough GIRFEC Screening Group.....
- Any specific referral criteria? (eg geographical or age limitations)5-16 years
- Availability of service (*eg do referrals require to go through GP, Staged Intervention?*)
....Staged Intervention.....
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation ✓
 - Counselling/support □
 - Short term intervention ✓
 - Long term Therapeutic intervention □
 - Group work (please specify)Friends, Seasons, HOW2, Issue based work,
Circle Time

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**Directory of Emotional Well Being
Children and Young People Clackmannanshire**

Entries in the Directory also appear in a number of categories

This Directory is not an exhaustive list and other services may be available.

Services Offering Advice and Consultation

Barnardos Freagarrach Project (Offenders Service)

Barnardos Freagarrach Project (Sexually Harmful Behaviour Service)

Child Care Services Young Persons Substance Misuse Team

Children's Bereavement Service: The Seasons Group

Clackmannanshire Listeners

Clackmannanshire Psychological Services

Open Secret

Secondary Schools Support Service

Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceChildren's Bereavement Service: The Seasons Group.....
- Provider (**eg voluntary, Health Board, Local Authority**).....Voluntary.....
.....
- Project base and contact details including telephone number, e-mail address, website
(**include names of those providing the Service if appropriate**).....Strathcarron Hospice
www.strathcarronhospice.org 01324 826222 seasons@strathcarronhospice.org.....
- What are the planned outcomes of service? (**eg "to aid recovery following bereavement"**).....To aid recovery and coping following a bereavement
- Where and when is the service provided? (eg schools, clinics).....Strathcarron Hospice
(support with transport available)
- Is the service available out of hours. Is there a help line or 24 hour phone contact?No..
.....
- General referral criteriaAvailable to any child/young person (6-18) and their
parent/carer who has experienced the death of someone important
- Any specific referral criteria? (eg geographical or age limitations) ...Available to anyone
living in Forth Valley/North Lanarkshire. Recommended minimum of 2 months after the
death but no maximum time after death for accessing support. Age of young persons groups
- 6-18 years in age-specific groups.....
- Availability of service (**eg do referrals require to go through GP, Staged Intervention?**)
Referrals accepted by child/young person or anyone involved in their care
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation ✓
 - Counselling/support yes
 - Short term intervention ✓
 - Long term Therapeutic intervention
 - Group work (please specify)Child/young people (age specific) groups and
concurrent parent/carer groups

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Children and Young People's Emotional Well Being Forum Directory Entry

- Name of serviceSecondary Schools' Support Service
- Provider (*eg voluntary, Health Board, Local Authority*).....Local Authority
- Project base and contact details including telephone number, e-mail address, website
(*include names of those providing the Service if appropriate*)..... Bedford Place, Alloa,
FK10 1LJ, 01259 724345 ssss@edu.clacks.gov.uk
- What are the planned outcomes of service? (*eg "to aid recovery following bereavement"*)...To educate and support children and young people in a small
therapeutic environment and to support children and young people maintain their
mainstream school placement
- Where and when is the service provided? (eg schools, clinics)...Offsite and mainstream
secondary schools.....
- Is the service available out of hours. Is there a help line or 24 hour phone contact?No...
- General referral criteriaThrough GIRFEC Screening Group.....
- Any specific referral criteria? (eg geographical or age limitations)5-16 years
- Availability of service (*eg do referrals require to go through GP, Staged Intervention?*)
....Staged Intervention.....
- Leaflets available Professional Parent Child/Young People
- Nature of Service available
 - Advice/consultation ✓
 - Counselling/support □
 - Short term intervention ✓
 - Long term Therapeutic intervention □
 - Group work (please specify)Friends, Seasons, HOW2, Issue based work,
Circle Time

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